

BABY BEETS FOR WINTER

Can Them if You Have Cans—Dry Them if You Have No Cans.

Now is a good time for garden owners in many sections who have more beets of the early crop than they can eat in the fresh form and an abundance of glass jars and tin cans, to can baby beets.

How to Can Baby Beets.

Grade for size, color and degree of ripeness. Wash thoroughly, use vegetable brush. Scald or blanch in hot water sufficiently to loosen the skin. Dip quickly into cold water. Scrape or pare to remove skin. Pack whole vegetables, slices, or cross-section pieces in hot glass jars or tin cans. Add boiling hot water until full. Add level teaspoonful salt to quart. Place rubbers and tops of jars in position; partially seal, but not tight. Cap and tip tin cans completely. Place on false bottom in a vessel of hot water which just covers the containers. Sterilize at boiling temperature in hot-water-bath canners for 90 minutes.

Drying Beets.

If the early crop of beets is abundant but jars or cans are not available, the surplus young beets may be dried for winter use. Select young, quickly grown, tender beets. Wash, peel raw, slice about 1-8 inch thick, and dry over a stove, before an electric fan, or in the sun. The dried product may be packed in paper cartons, in paraffined paper bags, baking powder or coffee cans, or other containers which will exclude moisture and insects.

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