

posterior border of the os calcis and not into its lower central portion, so that it tends, while drawing the heel upwards, to invert the foot at the same time. The plantar fascia, however, almost invariably requires division. Having tenotomised, I bring the foot at once into position, and seal up the wound with absorbent cotton, retained in place by ordinary adhesive plaster. I then take a strip of that excellent rubber plaster, recently introduced into the market, of the width of an inch, and apply it, beginning about the centre of the dorsum of the foot, carrying it round the sole, over the most prominent part of the outer border, and up the outer side of the leg to the lower third of the thigh. This will be found to throw the foot out, and at the same time to flex it on the leg. Another plaster, less than an inch in width, is made to encircle the limb opposite the ankle, and this will be found not only to do service in keeping the first strip in position, but also to increase the eversion of the foot. A flannel bandage is now applied, and then one or more of cotton, or gauze, and the whole well starched. Care is taken that the dressings are not too firmly applied, as the circulation is apt to be seriously interfered with in this altered position of the foot. The child necessarily suffers for the first few hours, and I usually prescribe some anodyne to be given if required. The anæsthetic is invariably continued until the dressings are all applied.

At the expiration of five days everything is removed; the foot and leg are well bathed, and if the tenotomy wounds are closed, and not likely to give further trouble, I again apply the strapping, and then a *plaster of paris* bandage *directly* to the skin. I encase the foot in plaster, leaving the toes only exposed. In about a fortnight this is removed by dividing it carefully down the centre either in front or behind; passive motion for a few moments is practised; fresh strapping readjusted, and the same case (if in good order) again applied and held together by another plaster bandage. This process is repeated every ten days or a fortnight for a couple of months or longer, depending on the severity of the case.

I have brought here, for your inspection, a child on