

Reviews.

THE SANITARIAN, of New York. Edited by A. N. Bell, M. D.

It is a journal that in every way deserves the support and confidence of the public. It is now in its third year, and its chief objects have ever been to awaken public attention to the extent of the field of sanitary science, and to the facts indicating how beneficially it may be cultivated; by showing the amount of ill-health and mortality from preventable causes of disease; by pointing out the nature of those causes, and the way in which they operate, by showing that such causes are removable; and by exhibiting improved health, longevity and happiness, as the fruits of their removal.

The practical questions of State Medicine: the health of armies and navies, marine hygiene, quarantine, civic cleanliness, water supply, drainage and sewage, sanitary architecture, light, space, warming and ventilation, climate and domicile, epidemic, endemic and hereditary diseases, occupation, exercise and habits, food and beverages, in all varieties of quality and quantity, in short, whatever thing, condition or circumstance is in relation with, or antagonistic to, the most perfect culture of mind and body, is considered legitimate matter for the SANITARIAN to discuss, advocate, condemn or reject at the *bar of health*.

ACADEMY OF PHYSICAL EDUCATION.

We have just received the prospectus of Mr. Barnjum's Gymnasium and Academy of Physical Education. We must confess to being greatly interested in this Academy, as being the *only one* in Canada where Physical Education is carried out on Scientific principles. Parents who value the health of their children, and desire "a sound body to contain a sound mind," cannot attach too much importance to Scientific Gymnastics.

We also see that Mr. Barnjum gives particular attention to