

## GOLDEN THOUGHTS.

The secret of success is constancy to purpose.

We are never so happy or unhappy as we suppose.

It is better to be nobly remembered than nobly born.

One man's word is no man's word; we should quietly hear both sides.

Truth is as impossible to be soiled by any outward touch as the sun-beam.

Moderation is the silken string running through the pearl chain of all virtues.

Many people are busy in the world gathering together a handful of thorns to sit upon.

Every man throws on his surroundings the sunshine or shadow that exists in his own soul.

"Life is what we make it," and when you "make it" hearts, you want to have either a "lone hand" or a very good "pard."—*Pretzel's Weekly*.

A Russian Proverb.—Before you go to war, pray once; before you go to sea, pray twice; before you take a wife, pray thrice.—*Plauderecke*.

Teach self-denial and make its practice pleasurable, and you create for the world a destiny more sublime than ever issued from the brain of the wildest dreamer.

Good health is catching, and all are benefited by contact with healthy people. Ill health is also catching, and the most healthy person is depressed by contact with the sick.

Carlyle says: "We are firm believers in the maxim that, for all right judgment of any man or thing, it is useful, nay essential, to see his good qualities before pronouncing on his bad."

Men's lives should be like the day—more beautiful in the evening; or like the summer—aglow with promise; and like the autumn—rich with golden sheaves, where good deeds have ripened in the field.

Everything which tends to discourage or agitate the mind, whether it be excessive sorrow, rage or fear, envy or revongo, love or despair—in short, whatever acts violently on our mental faculties, tends to injure the health.

Every one, however humble, has a mission to do, or say, or think something which has never been done, or said, or thought; therefore, let each one, while gratefully accepting the help and profiting by the wisdom of others, cultivate his own individuality, live his own independent life, and fulfil his own possibilities.

That was a rare philosophy in the 3-year-old boy who asked what night is for, and not content with the reply, "For rest and sleep," added, "No papa, night is for to-morrow." Many men and women grown, never apprehend so clearly the true relations existing between rest or recreation and the serious duties of life.—*Chicago Advance*.

Rest is not quitting  
The busy career;  
Rest is the fitting  
Of one's self to sphere,  
Tis the brook's motion,  
Clear, without strife,

Fleeing to ocean  
After this life  
'Tis loving and serving  
The highest and best,  
'Tis onward unswerving,  
And this is true rest.—*George*.

Richter said no man can either live piously or die righteous without a wife. Mithras said the two most beautiful things on earth are women and roses. Saville considered there was more strength in women's looks than in any laws. Victor Hugo didn't believe that women detested serpents so much from fear, but more through professional jealousy. Boucicault wished that Adam had died with all his ribs in his body. The only thing that consoled Lady Blessington for being a woman was that she could not be made to marry one.

Had you ever a cousin, Tom?  
Did your cousin happen to sing?  
Sisters we have by the dozen, Tom;  
But a cousin's a different thing.  
Did you find, whenever you've kissed her, Tom—  
Though the kiss be a secret between us—  
Your lips were all of a blister, Tom?  
For she's not of the sister genus.

We can recommend our readers to use Dr. Bull's Cough Syrup in all cases of coughs, colds, etc.

"Mother, the ladies are all out in Spring dresses, and I can't wear mine for fear of neuralgia." Pshaw, child, go, and buy a bottle of Salvation Oil.

**ADVICE TO MOTHERS.**—Are you disturbed at night and broken of your rest by a sick child suffering and crying with pain of cutting teeth? If so send at once and get a bottle of "Mrs. Winslow's Soothing Syrup," for Children's Teething. Its value is incalculable. It will relieve the poor little sufferer immediately. Depend upon it, mothers; there is no mistake about it. It cures Dysentery and Diarrhoea, regulates the Stomach and Bowels, cures Wind Colic, softens the Gums, reduces Inflammation, and gives tone and energy to the whole system. "Mrs. Winslow's Soothing Syrup" for children's teething is pleasant to the taste and is the prescription of one of the oldest and best female physicians and nurses in the United States, and is for sale by all druggists throughout the world. Price twenty-five cents a bottle. Be sure and ask for "Mrs. Winslow's Soothing Syrup," and take no other kind.

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under a proposed contract for four years from the  
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Printed notice containing further information as  
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and at this office.

CHARLES J. MACDONALD,  
Post Office Inspector.  
Post Office Inspector's Office,  
Halifax, 16th Dec'r., 1886.