## BY THEIR FRUITS YE SHALL KNOW THEM.

Bowmanville, Jan. 5th, 1883. Dear Sirs,-I have been a sufferer for Dear Sirs,—I have been a sufferer for many years with billious colic and torpid liver. I tried one of the from Pads, and derived great benefit from I can heartily recommend then to all persons affected in the same way. Fuchel not be without one on any account.

One member of my family has been troubled for years with sick headache. A Pad effected acture, while pills and nestrums did not benefit in the least.

Yours Respectfully.

HENRY MANN.

Regular Pad, \$2, sent free by mail on receipt of price. Send for description treatise.

NOTMAN PAD CO'Y, 55 FRONT ST. EAST, TORONTO

A Fair Exchange.

Willi poulexchange a chronic case of Dyspepeia, or agree to break up a Bilious Temperament—to give your torpid liver activity, and that strengthen your Digestion; regain energy, comfort, health, spirits, all for 75c.? A single bottle of ZOPESA will do this. A few doses surprise those who try ZOPESA. For Bilioumess and Dyspepsia in their many forms, ZOPESA is Panaces, and is warranted to cure them. It acts speedily and pleas-antly. Try a 10 cent sample.



MRUMATINE is not a sovereign remody for all the ills that fisth is helr to." but for NEU-RALGIA, SCIATICA, RHEUMATISM, and complaints of Rheumatic nature, IT IS A SURE CURE.

Tames Murshy, of St Catharines, track boss the employ of the Great Western Railway.

St. Catharines, May 25, 1881.

SUMERLAND, ESO.:

J.H. SOTHERLAND, E.50.:

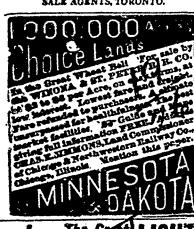
BEAR SIR,—My wife has been suffering for the left year from rheumatism in her left arm and shoulder. A short time ago my daughter brought her a hottle of your Rheumatine. She did not feel any hereft from this one bottle, but concluded to try more. She took four bottles, and is now quite free from pain, and through all this had weather has not had the slightest twinge of rheumatism. We can resemmend it to all suffering from rheumatism.

Yours respectfully.

JAMES MURPHY.

SOLD BY ALL DRUGGISTS. The Rheumatine Manufacturing Co., St. Catharines, Ont.

messrs. Northrop & Lyman, whole-SALE AGENTS, TORONTO.







## LYDIA E. PINKHAM'S

<u>VEGETABLE COMPOUND.</u>

Is a Positive Cure

For all these Painful Complaints and Weaknesses mmon to our heat female population.

A Mediciae for Woman. Invented by a Woman. Prepared by a Woman.

The Greeinst Redical Pinerery Since the Dawn of Biglery.

EFIL revives the drooping spirits, invigorates and harmonizes the organic functions, gives elasticity and firmness to thostep, restores the natural lustre to the eye, and plants built be pais check of woman the fresh roses of life's enring successful summer time.

Physicians Uso II and Proscribe II Freely The

It removes fliftines, flatulency, destroys all craving for stimulant, and relieves weakness of the stomach. That feeling of thating down, causing pain, weight and backacho, is always permanently cured by its use. For the cure of Kidney Complaints of cither sex this Compound is unsurpassed.

LYDIA P. PINKHAM'S BLOOD PURIFIER will eradicate overy vestige of liumers from the Blood, and give tone and sirength to the system, of mun woman or child. Indet on having it.

Both the Compound and Blood Purifier are prepared 23 222 and 223 Western Avenue, Lynn, Mass. Price of aither, \$1. Six bottlee for \$3. Sent by mail in the form of pills, or of locenges, on receipt of price, \$1 per box for either. Mrs. Pinkham freely answers all letters of inquiry. Euclose 3ct. stamp. Scaffor pamphlet.

No family should be without LTDIA E. PINKHAM'S LIVER FILLS. They care constitution, billousness, and torpidity of the liver. Seconds per box.

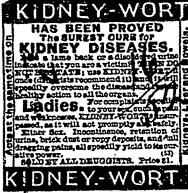




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Chandeliers, and for all kinds of ornamental work Equal to any of the high priced kinds and only locts. Touckage, at the druggists, or post-paid from WELLS, RICHAEDSON & CO., Burlington, Vt.



THE OLD ESTABLISHED Cook's Friend Baking Cowder PURE, HEALTHY, RELIABLE Manufactured only by W. D. McLAREN W. D. McLAREN W. D. McLAREN Betuiled Everywhere. 55 & 57 College St

## Keleptific and Aselul.

To make a wall splesher, cut a piece of white oil cloth the shape of the top of an Work in shell stitch, crochet with envelope, crewel all round. Add two pockets, one on each side, for tooth and nail brush.

A PRATTY, cheap lambrequin for mantle or brackets is made of common bed-ticking. Work cat stitch with red crewel between the blue stripes. Cut in deep points, bind with red braid dress binding, and add red crewel tassels to each point.

BREARYAST MUFFINS.—For a small family use one post of milk, three gills of wheat flour, three eggs and a pinch of salt. Beat the eggs very light, add the milk, and lastly sir in the flour. Bake in rings or small pans, and in a quick oven. They are very light.

SURPRISE ROLLS .- In the evening, make up about a quart of flour into the dough, exactly the same as for light rolls. In the morning make them into rolls, putting in the middle of each a piece of sausage meat about the size of a walnut. Bake as any other rolls and they are excellent.

TO RAISE THE PILE OF VELVET .- Put on the table two pieces of wood; place between them, bottom side up, three very hot flat-irons; over them lay a wet cloth; hold the velvet over the cloth, with the wrong side down; when thoroughly steamed, brush the pile with a light whip, and the velvet will look as good as new.

THE layer cake so popular now, made of two layers of white cake with one of fruit cake in the middle, may be varied deliciously by making the middle layer of walnut cake. For this, if the cake is a large one, take two-thirds of a cup of sugar, one-third of a cup of butter, one cup of flour, one egg, one teaspoonful of baking-powder, and nearly one cup of hickory-nut meats.

THREE KINDS OF CAKE FROM ONE RECIPE.—The housekeeper who is limited as to time and materials will find the following recipe a most excellent one: One pound of flour, one pound of sugar, three-quarters pound of butter, ten eggs. Mix as for pound cake. Divide into three parts; take one-third, flavour with lemon, or to taste, and bake as a pound cake. Mix one cupful of raisins, one cupful of currants, piece of cition, cut thin, spices to taste, with second one-third, and bake as a fruit-cake. To the re-mainder add flour enough to roll and cut.

MINCE MEAT .- Put beef on to boil in cold water; after cooking one hour sid salt; cook until very tender, then put away to cool, saving the water in which the meat was cooked. Next day, cut off all the best parts of the meat; mince very fine, and to one quart of the meat put two quarts of chopped apple. Spice with cinnamon, clove, allspice, nutmeg, stoned raisins, currants, little spice, nutmeg, stoned raisins, currants, little citron cut gmall. Instead of suet, use melted butter; add sugar, molasses, moisten the whole with vinegar instead of cider, and use as much of the meat-water as you can. Cook slowly until the apple is soft; put into jars and keep in a cool place. When filling, to each pie add a few raisins, very small piece of butter, and a little nutmeg. Bake the nies slowly.

MR. EDITOR,—I send you a recipe for Scotch cons, which, if your Scotch divine had eaten he would have said "light as a feather" instead of "tough as leather:"—Four large cups of flour, half a teaspoonful sait, two tablespoons brown-sugar, one small teaspoonful behing rode. teaspoonful baking-soda, and sour milk enough to roll out as soft as you can handle it; divide your dough into three parts; roll each part round, and cut in four. Have your large biking pans hot in the oven. Place the scons a little apart, and bake until the underside is a light brown, or if you have no solidmilk you can use sweet milk; and two teaspoonfuls cream of tartar, one of soda, and a few currants added make a nice change. I hope this will meet the want of your correspondent, and help her as your paper many times has helped me. I am, respectfully, H. M.

"The Only One in America."
The International Throat and Lung Insti-

The International Throat and Lung Institute, Toronto and Montreal, is positively the only one in America where diseases of the air passages alone are treated Cold inhalations are used through the princeter, an instrument or inhaler in that by Dr. M. Souvielle of Paris, exait support of the French army, with proper die tie region and constitutional treatment symbols to each case. Thousands of cases of Catarth, Laryncitis, Bronchitis, Asthma. Catarthal Deafgitis, Bronchitis, Asthma, Catarrhal Deafness and Consumption have been cured at this institute during the past few years. Write, enclosing stamp, for pamphlet, giving full particulars and reliable references to 173 Church street, Toronto, Ont.; 13 Phillip's Square, Montreal, P. Q.

"Wells' Health Renewer" restores and vigour, cures Duspending

and vigour, cures Dyspepsia, General De bility. St.

WILLY SHOULD A MAN whose blood is warm

Sit like his granduler out in alabaster?"
Or let his hair grow unit, scant and thin,
When "Cincilese Renewer" will make it
grow the laster.

FIRST class narrow pands becomplive weighs 44,000 po and he convalent to the weight of 46,702,000 of Esterbrook's Memmeth Falcon Pens.

India E. Pinkham's Vegetable Compound is a positive cure for all thus weaknesses so common to our best female population.

As the frosts of winter vanish under the caloile influence of the sun's ray, so does Reight's Disease, Does & Stone in the Kidner, and Bladder, and Influencation of the Kidney, leave the body upon the administration of Dr. Van Buren's Kidney

Cure.
ROUGH ON RATS."
Clears out rats, mice, roaches, flics, and hed-bugs, skunks, chipmunks, gophera (195).

Druggists.

Winter finds out what Summer lays by. Winter finds out what Summer lays by. Winter finds out what Summer lays by. There is scarcely person to be found and will not be creatly benefited by a thorough course of Kidney-Vlort every spring. Has our cannot present the dry bay the light. It has the same effects.

the wonders of modern elemistry are apparent in the beautiful Diamond Dyes. All kinds and colours of lek can be made

THE GREAT SOURCE of Consumption and ment of the content of Content of

I. S. Weitheren, writing from Winnings, says: I can say more about PHOSPHA-TINE now than when I say you last in To-ronto. My health is an improved, and I am free from headaches, or any any other aches, having only used two arms, half bot-tiles of your Phosphatine. For sale by all distributes. dere Lists.

No household should be considered com-plete without a bottle of Dr. Van Burra's KIDNEY CURR is in the local It is the only remedy that will positively, personnelly and promptly care all forms of kidney discuss. Sold by druggists.

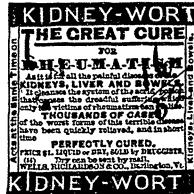
"BUCHUPAIBA."

Quick, complete cure, all annoying Klangs Bladder and kindred Diseasez. St. Brug-oits. gists.

MR. W. J. GUPPY, of Newbury, has need Burdock Blood Bitters in his fundly with good effect, and says that Rev. J. R. Smith has used it, and speake sett in high terms of praise. It is the rest blood purifying tonic that acid enjon the bowels, the liver, the kidneys, the skin, and the blood.

Now that there is a reliable remedy for kidder troubles, half the terrors attached to these edoplains have been removed. For this let all be that the terror attached to these edoplains have been removed. For this let all be that the form and to Dr. Van Buren's Kidder Cura ward all praise for having thus emoved a hitherte considered fatal disease from our path. It was rever known to fail. Sold by druggists.

A. D. WEEKS, Druggist, of Unbridge, says he never sold any pills that gave such universal satisfactions the National Pills, and adds, "I sincerely beneather to be the best in the market, and can safely scommend them to my customers."



As stages are quickly abandoned withinh to tun of railroads so the hurs, drastic, on hirse composed of cride and bulky medicines, are questioned with the introduction of Dr. 18 Plansant Poyshive Pelient, which an secret and little larger than mustard seed, but beginn their manuard seed, but beginn the mount of the position of the production of the position of the