

A Page of Interesting and
Helpful Reading Matter
For All Women

FOR THE WOMAN OF TODAY

Cynthia Grey's Column
Style and Home Hints
What Women Are Doing

First "Engagement Photograph" of Beautiful Heiress Whom Vincent Astor Is to Wed



Here is the first specially posed photograph of Miss Helen Dinsmore Huntington, whom Vincent Astor will marry. This photograph of the fiancée of the richest man in the world was made on the porch of her home just after the engagement was announced.

Cynthia Grey's Mail-Box

[Correspondents are requested to make their inquiries as brief as possible, and to write on one side of the paper only. It is impossible to give replies within a stated time, as all letters have to be answered in turn. No letters can be answered privately.]

Listen for New Home.
Dear Miss Grey—Would you please answer the following questions:
1. How to clean a white woolen aviation cap?
2. Could you tell me how to clean tan kid gloves?
3. How to clean a cream net waist, without having to wash it?
4. Would you please give a list of supplies for a girl to take to her future home? I noticed in the paper recently a list you had given, but I missed it, so if it would trouble you too much, it would please me if you would name them again. Just a good supply for a home, and not too extravagant.
5. Which would be most suitable to wear with a white or cream silk dress—white or black slippers, when being married at a country house?
6. Where would be the proper place for a girl to change her wedding dress to traveling suit, when going from the manse to the station?
7. How to bring back the curl in ostrich plumes?
8. Could you give a recipe for peanut salad and peanut butter?
9. What are the flowers for January and October, and their language?
Hoping this won't take up too much space, and would like to see it in print soon. Thanks in advance.
A READER.
Answer—1. Wash it carefully in a bath of lukewarm water and white soap; rinse twice through tepid soft water; squeeze between the folds of a bath towel until much of the moisture is absorbed; then dry quickly in a current of warm air, pulling often with the hands to restore the shape.
2. To pull the gloves on the hands and wash them in a basin of gasoline is the best method known to amateurs. Be absolutely sure not to have a fire in the room or a light, especially a kerosene lamp. Leave the gloves on until they dry.
3. Put it in a cotton sack with a quantity of flour and wheat meal; leave the sack in the sack for two or three days, rubbing it about between the hands frequently. Then remove and brush out the powder. The silk should be pretty well removed.
4. Table linen: Four cloths, one large and three ordinary size; three dozen napkins; two five o'clock tea squares; four tray cloths; several doilies and centre pieces.
5. Bed linen: Six pairs cotton sheets; two pairs flannel sheets; two pairs flannel blankets; four quilts, a comforter and white spread for each bed; eight pairs

Years of Suffering

A Desperate Case of Catarrh in the Head.

"My father had catarrh in the head for a long time." It was such a desperate case that he didn't know what to do, but one of his friends recommended Hood's Sarsaparilla. He got a bottle immediately, and as soon as he commenced taking it he felt relief and after the use of two other bottles he was completely cured. He was so well pleased he has ever since recommended Hood's Sarsaparilla. "Delle Alins Begin, Lewis, P. Q. Get Hood's Sarsaparilla today. Sold at all druggists everywhere."

engaged? My friend says yes, and I say no. Which one do you favor?
Please give us a real good "sermon," and decide this matter for a whole lot of us shy maidens. Yours,
SHYNESS.

A.—I quite agree with you, Shyness, that it is much better and wiser to reserve your kisses until you are engaged. Even though you are very good friends with a man this does not, or should not, entitle him to such a privilege. Girls who allow themselves to be kissed often, are apt to be held in light esteem, even by the one who claims the privilege.

Questions Galore.

Dear Miss Grey: Would you please answer the following questions:
1. Is it a young man's place to ask to call again, after seeing a young lady home, or should she extend an invitation to him to call again?

2. When a young man resides out of the city, in which place a girl has met him for the first time, should she, if she likes him, invite him to come to her city to visit her? And if she does, and he accepts, should he stay at a hotel, or should she ask him to stay at her home?

3. I have been going with a young man for nearly two weeks, and his birthday is next week. Should I send him a gift or just a remembrance card?

4. When a young girl and fellow have met for the first time, and they are parting, is it proper to say, "I was pleased to make your acquaintance"? Is it the girl's or boy's place to say that, and what should the other say in reply?

5. I want to send congratulations to a friend of mine, who has just had a little babe brought into her home. How should I do it? If I should send her a card, what should I put on it? Should I address it to Mr. and Mrs., or just put her name on it?

6. Is it a girl's place to invite a boy in, no matter how late it is, when he brings her home?

7. Would you please tell me what a young girl should have to wear for the summer and early fall, including everything a young girl needs? I work in a drygoods store and intend to spend perhaps a couple of weeks at a summer resort next summer, so am asking at this time, that I may prepare a few things during my spare time this winter.

8. Is it proper for a working girl to have cards with her name printed on them? When you are made acquainted with people, should you always present your card to them?

9. A young girl friend of mine has worked in an office a little over two years, and at Christmas time her employer gives her a gift of \$10. She wishes to know what it is proper for her to send his wife or children a little gift at Christmas. They have two children, but she has never sent anything before, because she did not know if it would be in order. Or should she just accept the gift from her employer with "Thank you"?

Hoping to see this in print at your convenience, and that I have not troubled you too much, I remain,
VALENTINE.

A.—1. Either is in perfect propriety. If the young man does not ask permission to visit, it is his duty to do so. He would be glad to have him call again.
2. Unless the young man is known to other members of her family it would seem rather forward for a girl to ask almost a total stranger to come to visit her, no matter how much she likes him. If, however, the young man is a friend of the family, whom she meets for the first time, and an invitation is given, he should be asked to stay at her home during the visit, not at a hotel.

3. A card would be in much better taste.

4. Is it for the young man to express his pleasure at meeting her. She may

Patroness at the Hermitage Dance For Preventorium



MRS. JOHN STEVELY.

Mrs. John Stevely, of this city, president of the Women's Sanatorium Aid Society, which is interested in raising funds for the erection of a preventorium for tuberculous children at Byron Sanatorium. Mrs. Stevely is one of the patronesses at the Hermitage Club dance being given tomorrow (Friday) night in the new Masonic Temple, the proceeds of which are to go to the preventorium.

say "Thank you." It is all that is necessary to ask him inside.

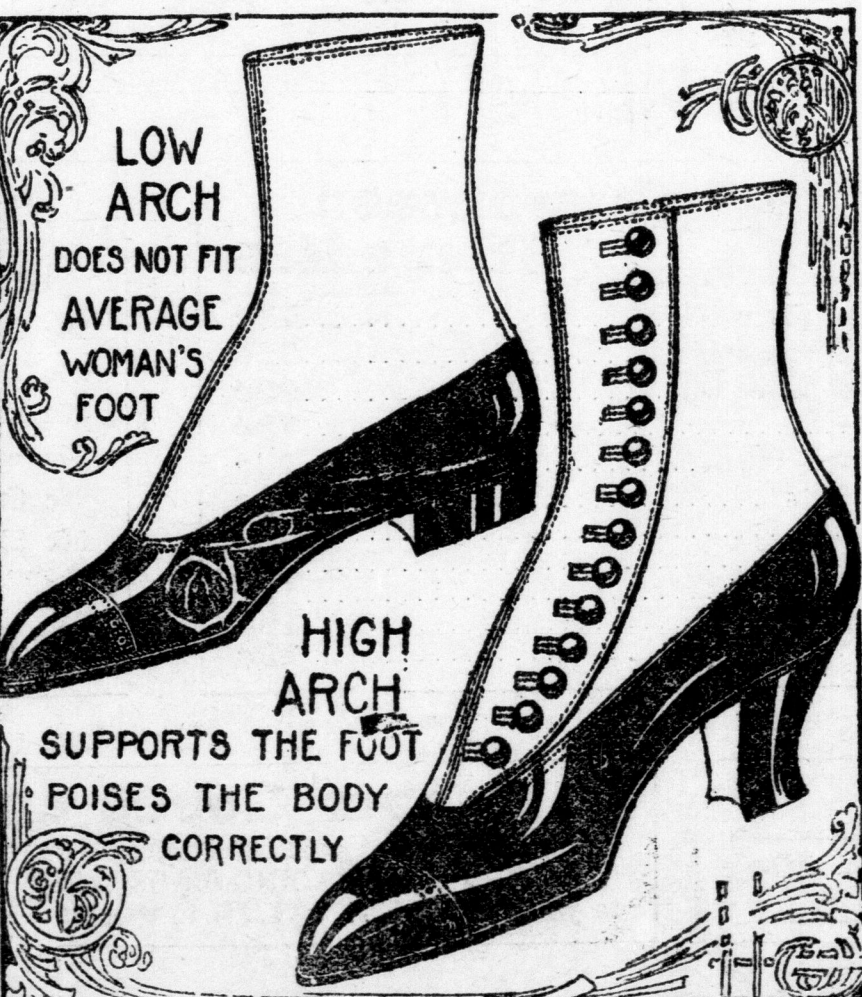
5. Send a note of congratulation, addressing it to the mother for the child. Say that you have just heard the joyful news, and rejoice to hear of the happy event, that you hope to call and see the dear babe for yourself, and to congratulate father and mother in person.

6. If the hour is late it is not necessary to ask him inside.

7. Well, this is quite a contract. Some girls' idea of what they "need" is rather alarming. However, I make some suggestions that may be altered as you see fit. It is wise, first of all, to consider the "underneath." You will need long-sleeved vests for cool days in early autumn, four summer vests, four pairs cotton drawers, two combinations (undershirt and petticoat), one black or colored water-repellent blouse, one cloth suit with silk blouse to match, one separate skirt to wear with white shirtwaists, two wash dresses, either a sweater coat or raincoat, four pairs stockings, two dozen handkerchiefs, one pair kid and one pair long silk gloves. Of course, a girl may get along with less than this, and again, she may desire more. I have given you a list, an average list.

8. It is quite possible to get along without cards, but it is very nice for a girl to have her own bits of pasted boards upon occasion. Cards are never presented upon receiving an introduction, but are left when making calls.

If You Value Your Instep, Avoid the Flat-Heeled Shoe



Somehow or other, last spring the very low-heeled buttoned boot obtained a passing favor with women on the lookout for extreme effects in dress. The fad was taken up, and bootmakers began to turn out these flat-heeled boots by the score; and under the names "Baby Doll" Footwear and "Mary Jane" Boot, they obtained favor with young women valuing sensationalism more than good taste. And in the meantime the initial wearers of the Baby Doll style, finding that their insteps were being ruined, abandoned the flat-heeled boot and now will have none of it. They also found that this new boot makes the foot look about two sizes larger, and is undeniably clumsy and ungainly with the draped, narrow

skirts of the moment. It is a physiological fact, known to intelligent makers of footwear that the feminine foot requires a higher and more rounded arch than that of man. So the woman who adopts a flat-heeled boot for walking, day in and day out, not only makes a mistake from a style standpoint and a beauty standpoint, but also runs the risk of losing her instep and the pains in her feet which invariably follow prolonged walking in such a shoe, will tell the story of the injury that is being done.

The picture shows the dangerous flat-heeled boot and also a conventional afternoon boot of the moment, correct for wear with street or indoor costumes. This boot has a moderate curved heel, and a buttoned top of light kid in the approved style.

and sometimes inclosed in a gift package.

8. I do not think it is expected that she give a gift in return. If the children are small she might buy them some little thing at Christmas, such as a doll, picture book or toy, but any expensive gift would look very much out of place.

Help For "Art."
A.—Dear man, I am not publishing your letter, partly because space is overflowing already, and partly because it might be embarrassing for you.

Yours is certainly a peculiar case, and I realize that it would indeed be well-nigh impossible to pull up stakes and trek elsewhere. Could you not take the young lady's mother into your confidence? Seek an audience with her, and tell her manfully and emphatically that there is absolutely no foundation for the report. Explain it all carefully to her, as you have to me, only giving fuller particulars about your personal life, relatives, etc. Ask her to use her influence in contradicting the report among the people she knows. And then tell her why you wish the story denied, that you care for her daughter. Since the mother is already friends with you, I feel sure she will favor your suit and lend her aid.

From Toronto Reader.
Dear Miss Grey—Would you please answer the following questions:

1. What would be suitable for a winter coat for a middle-aged lady?

2. I am 14 years old, 5 feet 4 inches tall, rather slight, have blue eyes, light brown hair, fit complexion, what kind of material would you advise me to get for a winter dress for church or evening wear?

3. Would you suggest some nice ways to make it?

4. Please suggest some nice way to do my hair other than rolled at the sides or pomped and hanging in one braid at the back?

5. I wear my dresses within an inch of my shoulders. Are they too long?

6. Am I too tall for my age?

7. About how much should I weigh? Thinking you very much in advance and hoping I have not tired you with my troublesome questions, I remain,
A TORONTO READER.

A.—1. A good-weight blanket-cloth or boucle in dark blue, black or gray, would be suitable.

2. A pretty shade of brown whipcord, with cream lace yoke, and touches of bright plaid silk that harmonizes with the brown would make a pretty dress.

3. I really have not the space. You must consult a fashion book.

4. I must confess I don't know any other ways.

5. No.

6. No.

7. About 96 pounds.

The mail-box has become so filled to overflowing that I am obliged to keep some folks waiting for an answer. So please do not get impatient, I'm doing my very best to "catch up."

Music Club Hear a Pleasing Paper on Wagner's Life

Interesting Program Rendered at Fortnightly Recital.

A paper on the life and works of Richard Wagner, by Miss Olive Weld, was the outstanding feature of the regular fortnightly recital of the Woman's Music Club, held yesterday afternoon in the Normal School.

Much praise was heard on all sides for the violin selections given by Miss Marjorie Miller, a young student, who presented well. The entire program was excellent, and quite up to the high standard aimed at by the Woman's Music Club. The closing quartet, Wagner's "Overture to Rienzi," was rendered most delightfully.

Following is a copy of the program, which was arranged by Mrs. Innes Carling:

1. A paper on Richard Wagner Miss Olive Weld.

2. (a) From Grief I Cannot Measure Robert Franz
(b) Sunshine Song Edward Grieg
Miss Odette Simcox.

3. Sonata G Minor, Op. 10, No. 3 Beethoven
Miss Jack McAlpine.

4. Nocturne, Op. 21 Schumann
Miss Irene McDougall.

5. (a) The Maria Franz Schubert
(b) Minuet Beethoven
Miss Marjorie Miller.

6. O Thou Sublime Sweet Evening Star Richard Wagner
Mr. Elmer Haynes.

7. Quartet—Overture to Rienzi Richard Wagner
Mrs. A. E. Jordan, Mrs. Grant-Harris, Miss Agnes Burwell, Miss Irene Burns.

God Save the King.

Y.W.C.T.U. Classes Well Attended by London Girls

Work is Progressing Nicely—"Y" Members to Hold Sale of Work on Friday.

It would do the average person a deal of good to go around to the Y. W. C. T. U. hall at 432 Park Avenue some evening, when the girls' classes are in progress, and see the eager, busy roomful of girls gathered there for instruction in millinery, English, music or dressmaking.

That the working girls of this city are eager for advancement, and appreciate any efforts made in that direction, is surely evidenced by the hearty response to the invitation to join the classes given a month ago by the Y. W. C. T. U. Over 70 have become members of one class or another, and it would be indeed difficult to estimate the value of the work being done for the young business woman of London by this organization.

On Tuesdays the classes in millinery and music assemble, and on Thursdays the branches taught are dressmaking and English. It is interesting to note that six members in the latter class are foreign girls who are eager to learn the English language correctly.

Holding a Sale.
For their first lessons the millinery class has been making some very attractive dolls' hats. They are fashioned of silk and velvet, trimmed with a mode with flowers and feathers. These hats will be available for purchase at the sale

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Kingsmill's

:: Little Christmas Gift Ideas ::

A BOX OF FANCY PINS, pasted into circles of white or any color wool cloth desired, and on the edges of the wool pin all sizes in safety pins makes an acceptable gift for a girl who works in an office, and who often has a hard time to find a pin. A pair of dainty garters—the old-fashioned round kind with the bows on the side—would be more than appreciated by the woman who rests without her corset, and consequently her stocking supporters are missing.

A YARD OF SHADOW LACE, one-eighth of a yard wide will make a pretty boudoir cap. Sew together and allow the lace edge to form the outer edge of the cap. If lace with eyelets is purchased, all one has to do is to run the elastic through these eyelets. If not, sew a heading an inch from the lace edge on the under side. Run elastic in and sew to fit the head. At the centre of cap run four or five neat shirrings, draw up neatly and fasten. A dainty bow and the cap is complete.

A DOZEN LITTLE SILK BAGS made of all shades of lavender to purple ribbons, filled with dried sweet lavender, may be surely acceptable to a new housekeeper. Any colors may be used for the bags, but the prettiest I saw were in shades of purple. There are so many places in one's house these little thoughtful gifts may go and be a comfort.

FOR THE GIRL FRIEND who uses a chasing dish, make a ribbon belt, using elastic about one and one-half inches wide. Cover with ribbon shirred full, and a little edge left on the top and bottom. To this hang two pretty bright holders on narrow ribbon the same shade as the belt.

A BAG FOR POWDER PUFFS is made by covering a piece of cardboard, six inches square, with any color silk desired. Crochet around with same color in a single crochet stitch. Do not full any. Next row use double crochet with three chain stitches between, putting the double crochet into every fourth stitch. Crochet to the depth of five inches, and finish with dainty scalloping, and draw ribbon in at the third row below the edge. Take cotton batting and roll into a roll about an inch and a half thick. Cut into pieces three inches long. Wind one end of batting with silk or ribbon the color of the bag down one-half the length, and tie with bow. Fill the whole bag with the cotton puffs and a little sachet powder.

work to be held under the auspices of the Y. W. C. T. U. on Friday (tomorrow) afternoon from 2 to 6. There will also be many articles, both plain and fancy, and anyone desiring to purchase Christmas gifts should not fail to attend and purchase some of the dainty things made by the members. One table will be devoted to the sale of home cooking. It is requested that anyone making donations for the sale will kindly send them before or by noon on Friday, so that they may be ticketed.

Love is the life-history of a woman; it is an episode for a man. Reputation, honor, dignity—all depend on a woman's behavior in this one respect, while the moral law itself appears in the view of this just world, to be in abeyance in regard to the relations of men to women—Mme. de Staël.

Some people have too little understanding to find the truth within them, others no courage to acknowledge it, and the great majority neither courage nor understanding, but they want

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