

# DOCTORS COULD NOT HELP MY KIDNEYS

"Fruit-a-lives" Cured Me



Mr. Geo. W. Barkley

For over twenty years, I have been troubled with kidney disease and the doctors told me they could do me no good. They said my case was incurable and I would suffer all my life. I doctored with different medical men and tried many advertised remedies, but there was none that suited my case. Nearly a year ago, I tried "Fruit-a-lives". I have been using them nearly all the time since, and am glad to say that I am cured. I have no trouble now with my kidneys and I give "Fruit-a-lives" the credit of doing what the doctors said was impossible. I am seventy-six years old and am in first class health.

Geo. W. Barkley

See a box, 6 for \$2.50, trial size 25c. At all dealers or sent on receipt of price by Fruit-a-lives Limited, Ontario.

## White Ribbon News.

Woman's Christian Temperance Union first organized in 1874.

**Aim**—The protection of the home, the abolition of the liquor traffic and the triumph of Christ's Golden Rule in custom and in law.

**Motto**—For God and Home and Native Land.

**Badge**—A knot of White Ribbon.

**Watchword**—Agiat, educate, or gain.

**Officers of Wolfville Union.**

President—Mrs. L. W. Sloop.  
1st Vice President—Mrs. J. Kaye.  
2nd Vice President—Mrs. F. Woodworth.  
Recording Secy.—Mrs. W. Mitchell.  
Cor. Secretary—Mrs. G. Bishop.  
Treasurer—Mrs. H. Pines.  
Auditor—Mrs. T. E. Hutchinson.

**Supervisors.**

Evangelists—Mrs. J. W. Brown, Mothers' Meetings—Mrs. Stachhouse, Lumbermen—Mrs. J. Kempton, Peace and Arbitration—Mrs. J. Reid, Temperance in Sabbath-schools—Miss A. S. Fitch.  
Juvenile Work—Mrs. B. O. Davidson, Parlor Meetings—Mrs. (Rev.) McGreegor.  
Press Work—Miss Margaret Barnes, Flowers, Fruit, and Delicacies—Mrs. J. Kaye, Laborer's Relief Work, Mrs. Woodworth, Home, Pudding, Mrs. F. Woodworth, Narcotics—Mrs. Bleskey, Regular Business Meeting last Friday in each month at 3.30 p. m., in Temperance Hall, Laborer Meeting at the home of the members 1st and 3rd Tuesday evenings in the month.

## A Little More and a Little Less.

- A little more deed and a little less greed;
  - A little more giving and a little less greed;
  - A little more sharing other people's load;
  - A little more Godspreads on the dusty road;
  - A little more rose and a little less thorn;
  - To sweeten the air for the sick and forlorn;
  - A little more song and a little less gloom;
  - And coins of gold for uplift of the slum;
  - A little less kicking the man that is down;
  - A little more smile and a little less frown;
  - A little more Golden Rule in words of trade;
  - A little more sunshine and a little less shade;
  - A little more respect for fathers and mothers;
  - A little less stepping on toes of others;
  - A little less knocking and a little more cheer;
  - For the struggling hero that's left in the rear;
  - A little more love and a little less hate;
  - A little more neighborly chat at the gate;
  - A little more helping hand by you and me;
  - A little less graveyard sentimentalism;
  - A little more flowers in the pathway of life;
  - A little less on collars at the end of the stride.
- Pearson's Magazine.

## The Injury of Tobacco.

An article in the March Century deals forcibly with the tobacco habit. The writer ranks the popular weed among the dangerous drugs. The dominant character of tobacco, he says, is that it heightens blood pressure. The irritant action by which it does this sometimes leads to still more harmful results. Its second action is aortotic; it increases the connection between nerve centers and the outside world. These two actions account for all the good and all the bad effects of tobacco. As a narcotic it temporarily abolishes anxiety and discomfort by making the smoker see less about what is happening to him. But it is a well known fact that medicines that all the drugs which in the beginning increase anxiety in the end, thus making finally serious complications, hyper-

excitability and muscular unrest. Here this inevitable law seems to give contradictory results. Every physician knows that an enormous amount of insomnia is relieved by smoking, even if it is at the expense of laziness the next day; at the same time every physician knows that most excessive smokers are troubled with insomnia. He pays his respects especially to the smoking fathers who enjoy abstinence to their sons, yet whose example leads the boys to carry stealthily cigarette smoking.

## Not Enough to be Merely Useful.

To say that it is better to be useful than ornamental is to use a phrase that is often misleading or untrue. It is as much a duty to be "ornamental" as "useful," and no one can be as useful as he ought to be unless he is ornamental. It is not enough, for example, to live a frugal, forbidding life, however honest the life may be. We should radiate gladness. It is not enough to do a kindness. We should do it in a kindly way. It is a poor excuse for gruffness to say, "I am always sincere and cannot seem pleasant when I do not feel that way. We have no duty to display to the world our disagreeable moods; but we have a very positive duty to conceal them. If we do fall into the sin of feeling disagreeable, the least that we can do is to confess it to God and hide it from our friends. God wants us to add to the joy and beauty of the world, as a life habit.—Selected.

Persons troubled with partial paralysis are often very much benefited by massaging the affected parts thoroughly when applying Chamberlain's Liniment. This liniment also relieves rheumatic pains. For sale by all dealers.

## Judge Lindsay and the Boys.

Judge Lindsay says: "I have been in the juvenile court for ten years, and in that time I have had to deal with thousands and thousands of boys who have disgraced themselves and their parents, and who have brought sorrow and misery into their lives; and I do not know of any one here that is more responsible for the troubles of these boys than the village cigarette habit. No pure minded, honest, manly, brave, gentle boy will smoke cigarettes."

**DR. A. W. CHASE'S 25c CATARRH POWDER**

Is sent direct to the diseased parts by the Improved Blower. Healthful, does not irritate, does not burn, does not sting, does not burn, does not sting, does not burn, does not sting.

See a box, 6 for \$2.50, trial size 25c. At all dealers or sent on receipt of price by Fruit-a-lives Limited, Ontario.

Allow me to congratulate you. What for? Oh, for just anything—the sunshine, the blue skies, the fact that you are up and about. Isn't that something? No! Then congratulate me for not having a disposition like yours.

**MINARD'S LINIMENT CO. LIMITED.**

GENTLEMEN—I have used MINARD'S LINIMENT from time to time for the past twenty years. It has relieved me of a most distressing rheumatism, which I had for years. It does the doctor's work; it is particularly good in cases of rheumatism and sprains.

Your truly,  
G. G. DUSTAN,  
Chartered Accountant,  
Halifax, N. S., Sept. 27, 1915.

Tattered Timothy—I've been tramping four years, an' am' an' it's all because I heard that the doctors recommended walkin' as the best exercise.

Mrs. Prim—Well, the doctors are right. Walk along.

**She Gained 36 Pounds.**

Mrs. George Bradshaw, Harlow, Ont., writes: "I was troubled for many years with weak, watery blood and dropsy. I had nervous headache, dizziness and sinking spells, and was in fact, a semi-invalid. Doctors told me my heart and kidneys were diseased and gave me up. By using the bottle of Dr. Chase's 25c Catarrh Powder I have been cured of many of my old complaints and gained 36 pounds in weight."

Cooper drew his revolver and fired two shots. One of the bullets took effect in the forehead of the assailant and he dropped to the cement walk. The other fell. News item in the Chicago Daily Journal.

## CASTORIA

The Kind You Have Always Bought

Bears the Signature of *Dr. J. C. Watson*

Malden Fair—Oh, it always makes my head swim to go on the water. Factious Sailor—No danger of drowning, then, if you fall overboard.

Mrs. A. B. Tabor, of Ouder, Mo., had been troubled with sick headache for about five years, when she began taking Chamberlain's Colic, Cholera and Diarrhoea Remedy. She had taken two bottles of them and they had cured her. Sick headache is caused by a disordered stomach for which these tablets are especially indicated. Try them, get well and stay well. Sold by all dealers.

"The hour of twelve has struck, blessed the ghost."  
"I don't blame it," replied the materialist. "It was worked to death long ago."

**Children Cry FOR FLETCHER'S CASTORIA**

Minard's Liniment Cures Gout, Rheumatism, Sprains, Bruises, Burns, Scalds, etc.

# THE FINDING OF TIMOLEEN

(By Louise Octavian, in the "Youth's Companion.")

"I am sure this is the most dreadful birthday any little girl ever had," said Mildred, as she and Aunt Judith stood before the stove in a dingy little station far away in British Columbia. The train had been three hours late. It was past eleven, and pouring in torrents.

"Can you get us a carriage?" asked Aunt Judith of the sleepy-looking station-master.

"Not tonight, ma'am."

"How far is it to the village?"

"Nearly three miles, ma'am."

"Three miles from the village; rain, wind and Egyptian darkness! Not a very pleasant prospect for a wait!" laughed Aunt Judith.

"Oh, aunt," whatever in the world shall we do—"cried Mildred.

"Stay here all night, I suppose," said Aunt Judith, who had travelled all over Africa, and Asia, and was never daunted by any ordinary difficulty.

"Yes, ma'am," said the station-master, "that's just what you'll have to do if it is not very comfortable here, but at any rate there will be a roof over your head and it's a great thing on a night like this."

There were two stately porters in the room. Aunt Judith made a sign of shewie upon one of them for Mildred, and settled herself upon the other. Soon the southbound train steamed noisily in, but left no passengers; and when it had come the station-master took his hat and coat and the lantern and went out, saying he would return at six in the morning.

"Oh, aunt," cried Mildred, "he has left us in the dark!"

The light from the stove is enough. We shall sleep all the better," said Aunt Judith.

"But oh, aunt, he has locked the door! He has locked us in!" cried Mildred, in dismay.

"No matter," laughed Aunt Judith. "He will unlock us bright and early tomorrow morning."

How the wind howled! How the rain dashed against the windows! One window had a broken pane, and they could hear the water dripping, dripping down the wall to the floor.

What a dreadful birthday!

Just then she heard a noise at the broken window, and raised herself on her elbow to listen. What could it be? Was it a tramp? Was it a burglar? Was it a bear?

Again came the noise. First, a scratching, then a scrambling, and then something small and white bounded into the room, and jumped up on Mildred, whirling and licking her hands.

Mildred sprang up with a scream. "Oh, you darling, darling thing! Oh, you sweet dear, dear wee bit of a doggy! Oh, Aunt Judith, did you ever ever see such a cunning doggy?"

She carried him to the stove and examined him by the faint light of the dying coals.

"A very valuable silver Yorkshire," said Aunt Judith.

"See his tiny black nose and his little pink tongue," said Mildred, "and just feel how soft and silky he is. And oh, do look at his lovely silver collar and his blue ribbon!"

"Perhaps we shall find his owner's name upon the collar," said Aunt Judith. "Keep still, you mite, and let me see."

But the collar bore only the one word "Timoleen."

Mildred was dancing with joy. "Oh, Timoleen, darling, you must have come to be my birthday present," said she. She fed him with bits of chicken and cake from their lunch-basket, and then cuddled down in the shawl again with him clasped tightly in her arms.

"What a perfectly beautiful birthday!" said she.

When the station-master returned in the morning he said that the Yorkshire must have belonged to someone on the southbound train, and that probably inquiries would be made for him.

"But oh, my darling Timoleen! I could never, never let him go!" cried Mildred.

"Are you going to be around here long?"

"About a month," said Aunt Judith. "Well, then, missy, you had better take the little dog with you, and you can leave me your address in case any one inquires for him."

But no message ever came from the Yorkshire's owner, and when Mildred went back to Boston, little Timoleen went too.

## A REEL JOKE

It was the elder's day at the plate, and he was shaving himself prior to church time, when he made a slight cut with the razor on the extra end of his nose. Calling his wife, he asked her if she had any court-plaster.

"You'll find some in my sewing-basket," she said.

At church, in assisting with the collection, he noticed everyone smile as he passed the plate. Very much annoyed, he asked one of his assistants if there was anything wrong with his appearance.

"I should say there was," answered the assistant. "What is that upon your nose?"

"Court-plaster," was the reply.

"No," said his friend. "It is the label from a spool of cotton. It says, 'Warranted Pure Wool'."

## AN AMAZING APPARITION

In connection with one of the parties given by the widowed Countess of Ancester a strange story is told. It was in 1893, and one of the guests, a lady who had just arrived, and of whom just seen Sir George Tyrone on the stairs. He looked very strange and white, and did not speak. But Sir George Tyrone was then in the ordinary reason engaged in conversation, and the lady was so informed. She persisted, however, that it was Sir George whom she saw, for she knew him extremely well. The next day came the terrible news of the Victoria and Campbell, and the Admiral's tragic fate.

## Coal Mine Ownership.

Even if the surface coal mines were to be acquired by the government, the cost of production might not very materially decline. The mines would have the government regulating wage schedules; and the coal-carrying railroads would have to be strictly controlled in order that the government's coal mined for the people might be transported at reasonable rates. But, with all these conditions, the coal industry would be controlled by the problem of a diminishing coal supply and an increasing population. So far as coal cost is concerned, the ultimate solution is the problem of cheaper fuel is the development of new sources of supply. The hope of New England is electricity power generated from the water-powers of this section's mountains and hillsides. Springfield Republic.

# EATON'S SEMI-ANNUAL



## SALE CATALOGUE

Now's Your Chance to Buy Bargains

This is about the easiest way to keep down the high cost of living

FASHION'S NEWEST FEATURES

You'll find new styles in women's wear and furnishings for the men folks, well designed and fashionably tailored.

OUR SPECIAL FREE DELIVERY

We will pay charges on shipments amounting to \$10.00

or over to Railway Stations in Ontario, Quebec and Maritime Provinces, on all orders received up to Feb. 28, 1915 reserving the right to ship by either freight or parcel mail.

SEND TO-DAY

For a copy of this Catalogue if you have not received one.

FORTY PAGES OF LOW PRICED MERCHANDISE

A little of almost everything. Just enough to make it interesting to all the family, and just such articles for the home as are useful and sure to be appreciated at such low prices.

Wondrously good value—a new \$10.00 Free Delivery Offer—Quick Service—and, back of all that, EATON'S Guarantee—Satisfaction guaranteed absolutely, or your money back. Can you afford to miss all this?

**T. EATON CO. LIMITED**

TORONTO CANADA

## Dr. Grenfell's Advice to Boys.

"I was reading to day a letter from a man called Tertullian. It was written to his school, and the letter is nearly eighteen hundred years old. I expect you will hardly believe it, but the school was really and truly to prepare the scholars to meet martyrdom bravely, and not flinch at the suffering."

Here is a thing he says: 'An over-

## DOCTORS ADVISE OPERATIONS

Saved by Lydia E. Pinkham's Vegetable Compound.



Swarthout, Penn.—"For fifteen years I suffered untold agony, and for one year of that time I was unable to get up. I had been married two years I had borne two children and the doctors had pronounced me incurable. I was then engaged in an operation, but I began taking Lydia E. Pinkham's Vegetable Compound and in a few days I was able to get up and in a few more days I was able to walk. I can now do all the work of a woman and I am in good health now. I can all over the change of life and I cannot praise your Compound too highly. Every woman should take it at that time. I recommend it to both old and young for female troubles."—Mrs. Emily Buschmann, Swarthout, Pa.

Fort William, Ontario—"I had a friend who could not tell others enough about the good Lydia E. Pinkham's Vegetable Compound had done for her. I was weak and tired and I could not rest nights. A friend recommended your Compound and I soon gained health and strength and could not wait to keep her. I know other women who have taken it for the same purpose and they get me in writing."—Mrs. W. A. Shove, 611 South Vicker Street, Fort William, Ontario.

Since we guarantee that all testimonials which we publish are genuine, it is not fair to suppose that if Lydia E. Pinkham's Vegetable Compound had the virtue to help these women it will help any other woman who is suffering in a like manner?

If you want medical advice write to Lydia E. Pinkham Medicine Co., 233 Central Bldg., Lowell, Mass. Free advice will be given and your name will be held in strict confidence.

Minard's Liniment Cures Gout, Rheumatism, Sprains, Bruises, Burns, Scalds, etc.

## Turn idle hours into concrete fence posts

EVERY farmer finds himself now and then with a few idle hours in which both himself and his help must look for "odd jobs" to keep them busy. Use these hours to make concrete fence posts. You can make a few at a time, storing them until needed. Then when you want a fence in the new field, your posts—everlasting, concrete posts—are all ready to use. The making of fence posts is only one of scores of everyday uses for concrete on the farm described in the book.

## What the Farmer Can Do With Concrete.

NOTE—This list of uses will be sent to you free upon request. You do not have to agree to purchase any concrete material, but will receive a list of the uses of concrete on the farm and in the home. Look for the label on every bag of cement.

## Canada Cement Company Limited

615 BROADWAY, TORONTO, CANADA

When you buy cement, look for the name of Canada Cement Company Limited on every bag of cement.

## TO LET.

A pleasantly situated house on Central Ave. containing six rooms, bath-rooms, etc. Furnished.

For further particulars apply to R. S. CRAWLEY, Solicitor, Wolfville, N. S.

## COAL - BRIQUETTES.

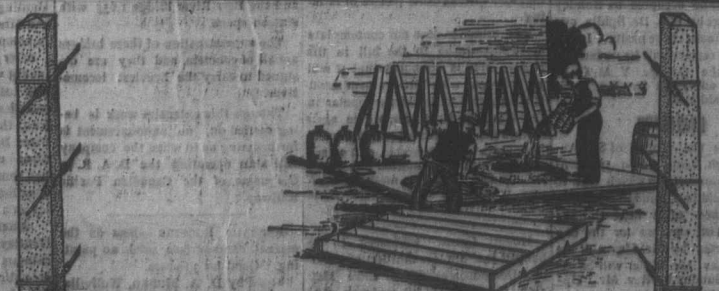
Did you ever try briquettes. Fine for domestic use. No dust, no smoke, no waste. We have them in quantities of 100 and 500 lbs. Call on us for samples and prices. Delivery and all coal well screened.

## Burgess & Co.

Electric Restorer for Men

Electric Restorer for Men

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## XMAS DISCOUNT

After this regular price and holiday price. The styles that were more stylish than ever in Xmas.

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Wolfville, N. S.

## F. J. PORTER, Licensed Auctioneer

WOLFVILLE, N. S.