

Children's Department.

Smiles or Tears.

Hair in such a tangled mass,
Round face rather tearful,
A frown to pucker up the brow
Won't make the world more cheerful.

A pout upon the cherry lip
Won't make the small heart lighter;
But see, a smile is lurking there,
Now all the world looks brighter!

Christ not a Martyr.

Christ's death was not a mere martyrdom. A martyr is one who dies for the Church, one who is put to death for preaching and maintaining the truth. Christ indeed was put to death for maintaining the Gospel, yet He was not a martyr, but He was much more than a martyr. Had He been a mere man, He would have been rightly called a martyr; but as He was not a mere man, so He was not a mere martyr. Man dies as a martyr, but the Son of Man dies as an atoning sacrifice. The sufferings and death of the Word Incarnate could not pass away like a dream; they could not be a mere martyrdom or a mere display or figure of something else; they must have had a virtue in them. This we might be sure of, though nothing had been told us about the result; but the result is also revealed—it is this: our reconciliation to God, the expiation of our sins, and our new creation in holiness.

Truth Above All.

Truth is God regarded with the intellect just as love is God regarded with the heart. God Himself is the everlasting Truth, just as Satan is the everlasting lie. Christ's wrath flamed out against nothing as it did against untruth, hypocrisy, pretence, and sham. Ours should be likewise. Nothing is of importance compared with the truth. To discover it and propagate it is quite glory enough for any man. Devotion to it is the first mark

Exhaustion

Horsford's Acid Phosphate.

Overworked men and women, the nervous, weak and debilitated, will find in the Acid Phosphate a most agreeable, grateful and harmless stimulant, giving renewed strength and vigor to the entire system.

Dr. Edwin F. Vose, Portland, Maine, says: "I have used it in my own case when suffering from nervous exhaustion, with gratifying results. I have prescribed it for many of the various forms of nervous debility, and it has never failed to do good."

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of a noble mind. No occasion or emergency, the fancied peril of no interest however precious, the securing of no good however high, can ever justify the support for a moment of that which is felt to be false. Truth is above all price. Patient search for it, and then consuming zeal to make it known, is paramount duty. Honest men need have no fear of it. Nothing can compensate for its lack or loss. Only the universal knowledge of it can disenfranchise the race. Truth is mighty, and will eventually prevail.

Feed the Nerves

Upon pure, rich blood, and you need not fear nervous prostration. Nerves are weak when they are improperly and insufficiently nourished. Pure blood is their proper food, and pure blood comes by taking Hood's Sarsaparilla, which is thus the greatest and best nerve tonic. It also builds up the whole system.

Hood's Pills are the favorite family cathartic, easy to take, easy to operate.

She Discouraged Her.

There was to be a Sunday-school concert and Lottie Hoyt was asked if she would recite. She had never done anything of the kind, and the teacher thought it time for her to begin.

Lottie was very willing to try, but her sister May, who was two years older, spoke up quickly, and said:

"Lottie can't do it at all. She'll make so many blunders she'll never get through."

So she discouraged and mortified her small sister. And the real secret of it was that May herself, who often recited, wished to do it instead of Lottie.

Suppose the younger sister had made a mistake? It would have harmed no one. It would have been kinder if May had tried to help her instead of hindering her from making a beginning.

How careful the older ones should be not to discourage younger brothers and sisters. To say, "I'm sure you can't do it," will often make another fail. To say, "I'm sure you can, if you try," will help one to succeed.

Free to Men.

Any man who is weak or nervous, can write to me in perfect confidence and receive free of charge, in a sealed letter valuable advice and information how to obtain a cure. Address with stamp F. G. Smith, P. O. Box 888, London Ont.

The Children in the Church.

How do you think the Church would go on if the children gave up coming? You see what would happen; the grown people, being the only ones left in the Church, would grow older and older, and sadder and sadder, without any children to brighten them up, and one by one the grown people would die, and leave empty places, for there would be no one to fill their places if the children stopped coming. Oh, children, how our dear older friends in the Church are passing away! If there were no children growing up to take their places in a few years the churches would be empty. So you see the Church cannot do without the children. Without you, my little friends, the Church would be a failure. Perhaps you never thought before that the Church needs you. Well, realize it now, for it is a very grand thought. It shows you how important your lives are. And do not think that the only reason you are needed here is to fill up the empty places left by the older friends who go away into the other life. You are needed in the Church for what you are now.

By coming to church you make every one happier, you strengthen and gladden the whole place and the whole service; and as for him who is speaking these words to you, he could not go on without you. The minister's courage would just give out altogether if he could not see your faces here and feel that you are growing up in the spirit of the place.

You, children, can no more do without the Church than the Church can do without you. Children who grow up without coming to Church, if they are well enough to come, are as incomplete as children who grow up without a home. But suppose, as children, we do not come to church; suppose we get in the habit of spending our Sundays at home, idly or foolishly—by so doing we are forming a habit which will slowly rise like a great wall of stone higher and higher, to keep us away from the sanctuary of our Father.

You have something in yourselves which you can give by coming, that adds to the strength and beauty of the Church, and the Church has something to give to you which you cannot find anywhere else in the earth except in the sanctuary of God.

You need Hood's Sarsaparilla to enrich and purify your blood, create an appetite and give sweet, refreshing sleep.

To Boys who Smoke.

If boys who smoke would only be sensible and see the folly of it, how

Merit

Made and Merit Maintains the confidence of the people in Hood's Sarsaparilla. Its medicine cures you when sick; if it makes wonderful cures everywhere, then beyond all question that medicine possesses merit.

Made

That is just the truth about Hood's Sarsaparilla. We know it possesses merit because it cures, not once or twice or a hundred times, but in thousands and thousands of cases. We know it cures, absolutely, permanently, when all others fail to do any good whatever. We repeat

Hood's Sarsaparilla

Is the best—in fact the One True Blood Purifier.

Hood's Pills cure nausea, indigestion, biliousness. 25 cents.

your child

You note the difference in children. Some have nearly every ailment, even with the best of care. Others far more exposed pass through unharmed. Weak children will have continuous colds in winter, poor digestion in summer. They are without power to resist disease, they have no reserve strength. **Scott's Emulsion** of cod-liver oil, with hypophosphites, is cod-liver oil partly digested and adapted to the weaker digestions of children.

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much better it would be for them and others! Can you not see—do you not know—that you are going through a great deal of misery to do something you do not really like? You are enduring, with a patience worthy of a better cause, the suffering of a martyr, in order to acquire a useless, bad habit, and trying to cultivate a taste that makes you sick. Why should you treat yourself so meanly? You know perfectly well that you do not smoke because you enjoy it. It is only when you think some one (but assuredly not

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