MARCH 4 189

FIVE . MINUTES' SERMON. Third Sunday in Lent.

OUR BOYS AND GIRLS.

Obedience Rewarded.

The following fact related in the "Bulletin of the Œuvre Explatoire

is very consoling for those who feel

anxious about and are even tempted to

despair of the salvation of their depart

Deeply afflicted to see his father and

brother forgetful of God, a good priest wished to make a great sacrifice to ob-

tain their conversion : he entered a fer

vent and apostolical order, entirely de

w sich had been wrecked, and they were

to say how he offered for them to the

Lord his prayers, labors and suffer-

ings. A long time after, in the city

where he was living he was called to the hospital to try and convert a sick person who was dying, but who refused obsinately to

be reconciled with God. Alas ! in this

dying man he recognized his brother

but he concealed his emotion and did

not let himself be known for fear that

the excitement might kill him whom

The sick man told him in a feeble

voice his sad story, and how he had es-

caped death in the shipwreck where his father had perished; but he did not

wish to receive any sacraments. With his soul torn with grief, the religious

returned to his convent, and he had

scarcely entered the door when the superior said to him: "Go at once to

such a city, where one of our Fathers

who was preaching a mission has fallen

his head as a sign of his consent, re

turned to his cell, fell on his knees or

the priedicu, kissed his crucifix and

wept for a moment, offering up his tears and his submission for the eter-

nal salvation of his unfortunate brother. Having arrived at the city

where he was going to preach, he had only entered the door of the presbytery

when some one said to bim : "A young

man wants you in the confessional.

"Ah! reverend Father," cried the par-ish priest, " this is unreasonable ; take

a little time to rest yourself, the peni

tent can wait or return some other time." "No," replied he, "men are

never patient, do not oblige the to keep

the first person waiting who asked to

go to confession to me. Besides, you know he will not be long, and an ab-

solution given is like balm to the heart

When he had entered the holy tri-

bunal of penance, the young man who had a modest air, with a distinguished

bearing and an angelic countenance, said to him : "Father, I am not going

to confession : our Lord has sent me t

reveal to you that He is pleased with

the sacrifice you have made in coming

ere, whilst your brother was dying in

that you shed in your room while press

ing the crucifix to your lips, before you

warded your obedience by disposing

your dying brother to receive, in a

proper manner, the last sacraments.

The soul of your brother is in purga

tory. As to your father, he is lying in the depths of the sea; but whilst

struggling against the waves, he had

time to make acts of contrition and

ove, and God granted him pardon in

onsideration of your having embraced

the religious state, and all the sacrifices

present in heaven, where God has pre

pared a place for you. . . . " On what a delightful surprise for the religious !

you have made since.

His soul is at

out for this city, and He has re-

He has counted the tear

of a missionary.

the ho pital.

The child of obedience bowed

he wished to save.

aick.

Bu

voted to the salvation of souls.

later on he heard that before

ed friends :---

DUTY of CORRECTION.

"Jesus was casting out a devil, and the same as dumb." (Luke 11, 14.)

What a deplorable condition it is to be dumb, to be deprived of speech, to thoughts be unable to exchange one's and ideas with others! And yet, I know of a dumbness which is still more deplorable and of more terrible consequences than this, it is the dumbness of those who are fluent in speech, but are silent when it is their bounden

duty to speak. For example, behold an assemblage where there is earnest discussion con cerning business, profit and loss, per centage and dividends, there is dumb person amongst it. In the rot of the hotels, depots, and on undas trains where daily events, politics, elections, strikes, or the labor question are discussed, there is also no one who is dumb, but enter one of those circles and as a good Christian turn the con versation on Josus and Mary, to death and eternity, and then, you will see astonished faces ; all those who a short time ago were so loud in their speech, at once have become dumb; but no, what did I say? Now, they begin to laugh, and one will exclaim : Behold the devotee, the bigot, I wonder if he is not bereft of his senses? Thus he exclaims, and the others concur. But how will those persons who are wholly dumb, regarding the greater glory of God and the salvation of their soul, pass their time in eternity ? By weepor enter into this or that house

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There you will find godiess children and servants. From morning to night you will hear curses, blasphemies and immodest conversations. Day after day, you will see before you the picture of hell, in the fighting quarreling and drunken carousals. But you will say: Where is the father who will permit such a manner of acting ? The father is, indeed, there, but the poor man is dumb-he is not dumb, inasmuch a he scandalizes his household, by his wicked conversations, but he is dumb in performing parental duties. In his nd affection for his children, he al lows them iull liberty, and what is more terrible, the knowledge of his own guilt closes his mouth. For, if he wishe speak effectively, he would first have renounce cursing, swearing, shame less conversationa, drunkenness; but he cannot resolve to do this, therefore, he is silent and allows matters to go as they will. Poor man, in a short time. your torque will be loosed, you will learn to speak, but only to cry eternal woe upon yourself and your household Who is the great braggart, sur-

rounded by a ofcircle attentive listeners He is a free-thinker, who is ridiculing everything holy and venerable in re igion, and be old, all those around Not one has the cour him are dumb. age to silence his blasphemous tongue Alas! they are all silent, the one fear of the supposed knowl through edge of the blusterer, the other through cowardice, being ashamed to vindicate Christ and His honor. Oh! sinfu dumbness! Oh! shameful silence. What will those speechless persons an swer when the Eternal Judge will say "For he that shall b them: ashamed of Me, and of My words, in this adulterous and sinful generation the Son of Man will also be ashamed of him when He shall come in the glor of His Father with the holy angels. Mark S. 38

There is a man going to confession. To prevent his contrition for the shame ful aberrations is, indeed, not in Satan's power, hence he attempts his eternal perdition in another way. Through talse shame, he closes his mouth and the poor sinner is dumb, in the trib unal of penauce, he conceals his guilt, he lies to God, the Onniscient, and al a sacrilegist he leaves the confessional. to receive at the Communion railing. judgment and eternal dampation ! He did not wish to confess to one-the priest, therefore he will one day confess before heaven and earth, and ex claim: "Ye mountains, fall upon me, and ye hills cover me." (Luke 23, 30) But, enough, dearly beloved Chris-tians! who could count all the spirit-talls due here most with during life ually dumb we meet with during life, all those who are silent, when it is their duty to speak, who have no speech when they should cousole, instruct and warn, who use the speech of Cain, the fratricide: "Am I my brother's fratricide : "Am I my brother's keeper ?" Let each one look to himself as to the manner he will fare in the hour of death ! Ah, Christian charity is a stranger to these; the love of God

is not in them. Oh, what a responsi-bility before the judgment-seat of God !

How many may now be burning in hell

and bewailing with everlasting tears their having been silent, when speech

was their holiest and greatest duty ! Let us take warning and not be what

the prophet calls dumb dogs. Let us use the precious gift of speech when-

ever the glory of God and the salvation

of our neighbor require it. Let us

speak boldly whenever God and our holy religion are slandered. Let us

speak whenever it is required to in

struct the ignorant, to counsel the doubiful, to console the sorrowful, to

admonish the sinner-in fine, when.

in body or soul, so that at the hour of death, the Lord may, according to His

promise, recognize us as His disciples,

What is it?

our brotherly love. Amen.

we can do good to our neighbor

THE CATHOLIC RECORD

youthful members. Many of his friends followed his steps, but as they still survive it is better not to mention names: I shall only speak of John Massaglia, Camillus Gavio, and Joseph Bongiovanni, because they have been called to their eternal home. Gavio was only two months with us; even that short period sufficed to leave an ineffaceable remembrance of his sanc-He was gifted with superior tity talent for painting and sculpture ; indeed, so remarkable that the Turin municipality decided to enable him to continue his artistic studies at the ex-pense of the State. After his arrival being at the Oratory he did not join in recreconverted, these two persons who were so dear to him, had embarked on a ship ation but spent the time watching the Dominic observed his sadness, others. perhaps caused by delicate health or eparation from home, and asked : balieved to have perished. It is needless

"Well new-comer, are you not playing ?' "No; but seeing you play amuses

me." "How old are you ?"

" Fifteen years.

"You seem sad; are you suffer-

ing " "Yes, I have had an illness which brought me to death's door, and I am ot yet recovered."

Doubtless you wish to be cured ? "No; not unless it is God's will." These words overjoy: d Dominic, who continued : "He who seeks before all things the will of God is on the read to

You wish to be a saint?' sanctity. " Ardently. "So much the better ; the number of my friends increases. From to-day

you will share in our good works and devont practices.

"Willingly; but what is to be done ?"

will tell you. Our first care is to avoid sin as an enemy that destroys the grace of God and peace of mind ; to fulfil our duties as perfectly as pos-sible and to cultivate contentment. Our maxim to be practised is : Servite Domino in laetitia. (To serve the Lord with joy.")

This conversation was balm to Gav io's soul. He became the friend and imitator of Dominic's virtues; but his liness re-appeared at the end of six The efforts of the physicians months. united to the most devoted care, could not check its progress.

Dominic Savio's virtue reached to such a height that he seemed favored supernatural communications with with God. Don Bosco mentions examples:

. The devotion of this young apostle to the Chair of St. Peter was wonder-He wished to converse with the ful. Sovereign Pontiff, asserting at different times that he wanted to see him be fore dying to make an important com munication. I questioned him. He replied :

" 'I should wish to tell the Pope that in the midst of his tribulations he ought to think particularly about England, where God prepares a great tri umph for His Church.' " ' What proof have you?"

"' Listen, but do not tell any one, One morning during my nor laugh. thanksgiving after Communion, I was surprised by a strong distraction, and thought I saw a vast plain crowded with people plunged in a thick fog. They walked as if uncertain where to place their feet. A voice said : 'This is England.' I was going to ask questions when Pius IX. appeared, as represented in his portraits, magnificent vested, carrying a brilliant torch As he advanced the fog completely dis rsed, and clear daylight surrounded the immense throng. The voice again ion which shall illuminate Eng-land.'"

CHATS WITH YOUNG MEN. Respect for the Aged. Nothing bespeaks the true gen-tleman better than the show -ing of constant love, regard and re-spect for the aged. Innumerable are

the opportunities young people have every day to perform little acts of courtesy and kindness to those who are older, which will admirably illustrate the spirit of the moral law, which says: "Thou shalt rise up before the hoary head, and honor the face of the old man

"One of the lessons," says Rollin, the historian, "oftenest and most strongly inculcated upon the Lacedæ monian youth, was to entertain grea reverence and respect for old men, and to give them proof of it on all occasions, by saluting them ; by making way for them, and giving them place in the streets; by raising up to show them honor in all companies and public asemblies; but above all, by receiving their advice and even their reprcois with docility and submission. By these characteristics a Lucedæmonian was known wherever he came. If he had behaved otherwise it would have been ooked upon as a reproach to himself and a dishonor to his country.

Leaving Well Enough Alone.

There are always a certain number of young men who are never content to let well enough alone. If they are reasonably prosperous, they are not happy. They want to reach out to something that will bring them money or a better position. Now I am far from wishing to discourage an honorable ambition, but this eternal striv ing for more, when one has enough only leads to misery. Julius Cæsar, according to Cassius in Shakespeare's tragedy, walked over the narrow world like a Colossus, and smaller men crep ander his huge legs and peeped about to find themselves dishonorable graves We all know the end of Julius Cæsar He was assassinated in the Roman can ital by those whom he thought his friends. It was a pitiful ending for a great man in many respects.

We find, every day, men who are succeeding far beyond their early anticipations in business. But they are restless, anxious to monopolize every thing in their way of trade. They are not content to let their neighbors live. but are continually pushing other men to the wall. And what do they gain by this? Really not much more than they had before They get enough to eat, a place to sleep and garments to wear, and it costs them more to do this than it did when they had reasonable and humane aspirations. That is about the size of it, as the popular say That is ing goes. I know a man who absorbed, so to speak, two places of business from each one of which the former owner retired with a moderate compe tence that kept him in comfort in his declining years. They were called old fashioned because they did not spread out over creation. Well, their successor prospered famously for a while, but that did not satisfy him He started a third place, and that wamped him, and to-day he is a hag gard, prematurely old man with a load debt upon him that he could no hrow off if he lived to the age of huselah. He needs rest, but he doen not feel that he can take it while hu huselah. ffairs are so terribly unsettled, and i yould not surprise me if he dropped lead any day from mental and physical exhaustion. If he had been as moderate in his expectations as his

predecessors, he might now be a hale and hearty man in the enjoyment of all hat life has to give to the sensible and

PROTESTANT CASTLES IN SPAIN.

Last week's Independent contained amongst other intelligence a report purporting to give particulars of the tate of Protestantism in Spain. It is blessing in dull weather to get hold of such an amusing piece of Litera ture, for a good laugh is better than much medicine and it saves the doctor oill. One Pastor Fliedner, who lives among the Spaniards as missioner. supplies the comic business of this con tion. It is not much, but it i multum in parvo. The Spaniards, de clares this excellent Teuton quite ser usly, "make excellent Protestants

On the principle, we are sure, of the excellence of hare for soup, and the for mula for making the soup-first catch your hare. But this is not the whole the fun supplied by this worthy man He is quoted as recognizing the hand of God in the terrible defeat of the Span ards, yet, notwithstanding that culpable people "make excellent Pro testants," he "cannot as yet note a dif ference in the attitude of the public toward the Gospel cause." As " the Gospei cause" means, of course, Protest antism, the humor of Fliedner's remarks is all the more intense from the infantine guilelessness and simplicity in which the damning contradictions are made. The press of Spain, he goes on to say, is now beginning to ponder on the fact that in recent de cades Protestant nations have come to the front and Catholic ones been sound ly thrashed; hence Spaniards are called oon to consider the advisability o making a radical change in their religion. The fact that a fool like Fliedner repeats this hollow claptrap does not cure the more important one-that the influential papers in Spain are alnost entirely under the control of rich Freemasons, and the account to which ome of them are now turning the mis fortunes of their country is the endeav or to sap the religion of the people and make them infidels like themselves The artless Fliedner altogether fails to ecognize the hand of Freemasonry although he is so familiar with the hand of God. But he will never dups the Protestants of this country into believing his concoctions about Protestantism in Spain-first, because he latly contradicts in one sentence what he so glibly asserts in another, and secondly, because we have educated and truth loving Americans like Mrs. Miriam Cole Harris traveling in Spain and telling us what is really the with regard to this identical subject. Mrs. Harris, in one of the chapters of her valuable book, "A Corner of Spain, tells how she went to a little Protestant hurch near Malaga, on a Sunday, and that she was sorry to say that she her elf formed the entire of the congrega. tion. In this respect, then, the in genuous Fliedner's position is good. I any Spaniards have embraced Protes tantism, they do indeed make excel lent Protestants, for to stay away from church when you like is one of the inestimable privileges of that easy creed - if creed, indeed, we are justified in calling it. But we fear that this ex planation does not hold good, and that ' of Flied the "excellent Protestants ner's story are exactly like those " men a buckram" whom the valorous Falstaff routed with such fine military ciee-in the back parlor of a tavern .-

NEGLECTED OPPORTUNITY.

Standard and Times.

It is well to remember that there is time for all things and a sphere when a motion will spoil all that is n. There is a time for the the soul to God time and place fit into each other. undertaken. espousal of the soul to God and there is no other time for it. If the duty is put off till the last hour, it will have the infirmities of age and the debilities sickness against it. What happiness i there in being saved by the skin of one teeth, when the enamel is all that is let t and the structure and utility are gone? Such a desperate change is a po pula idea, but it is a forlorn hope agains despair. Salvation with such is a kin of assurance extraordinary agains final risk. It shows a mean view o God's love and is a mean return for His mercies. "Will my case be called to day?" said a client to his attorney. this very afternoon. It is next on the docket." "You don't say so?" "Yes, it is so. Are you prepared and sure that nothing remains undone in your case?" "Nothing has been done by me. I left it with you and if the case goes against me, I am undone." This goes against me, I am undone. This led his counsel to serious reflection. 'Now what if my case comes before Heaven's assize to day? What justifi-cation have I? What plea even for mercy can I make? I am not prepared; have no advocate ; I have never appealed to Jesus Christ, the righteou and forgiving one." The late Prince Napoleon joined the English army after the detaronement and death of his father. He was one iay at the head of a squad outside the amp, feeling the position of the enemy One of the number perceiving that they were in danger of being surrounded by the Zulus, said, "We had better "Oh," replied the prince, eturn "we had better stay ten minutes and drink our coffee." Before the ten drink our conee." Estore the ten minutes had passed, the Zulus came upon them, and the prince was slain. Fatal delay, and all for a single grati fication! A cup of coffee purchased by

1850 - 1898.

48 years of success

prove these troches

to be the best for Coughs, Colds,

Hoarseness, Bronchitis, Asthma. In boxes-never sold in bulk.

blood and hope forever quenched ? When his mother was told of the facts. she said in almost unutterable anguish! "Fatal ten minutes! That was his mistake from boyhood. He was never ready to go to bed at night, nor rise in the morning. He was always pleading for ten minutes more delay. When too sleepy to speak, he would lift up his little hands and spread out his ten fingers, indicating that it was a life passion to delay and beg for ten min-So is it with thousands, utes mord." when pressed to enter into God's king-dom, or to accept of Christ as their Saviour, or to save their souls while it is called to day.

7

RHEUMATISM CURED. MR. F. H COLE. WELL-KNOWN IN WINDSOR, REJOICES

Because he Used Dodd's Kidney Pills and was Thoroughly and Perman-ently Cured of Rheumatism-Dodd's Kidney Pills Always Cure Rheum-

Windsor, Feb. 27 -- Who hasn't felt the torturing twinges of Rhoumatism ? It is safe to say that there are not one hundred families in Canada in which Rheumatism has not been an unwelcome visitor. This being the case, the following

statement given for publication must have a deep and abiding interest for the great majority of Canadians.

Every person who suffers from Rheumatism will rejoice to find a medicine that will positively cure it : thoroughly and permanently root it out of the system entirely, as it has been shown thousands of times Dodd's Kidney Pills

Mr. F. H. Cole, whose permanent residence is in Datriot, Mich., but who is equally well-known in Windsor, Ont., had been a great sufferer from Rheumatism and Kidney Disease.

He gave fair and patient trial to a number of so-called "Rheumatism Cures," etc., but not one of them gave him more than even temporary relief. Thou a friend urged him to give bodd's Kidney Pills a trial. Half Dodd's Kidney Pills a trial. Half reluctantly he did so, and he has been thankful ever since that he did so.

He used only four boxes, but that quantity was sufficient to clean the aint out of his blood thoroughly. Today he is sound and well in every bone, muscle, sinew, nerve and organ in the body-thanks to Dodd's Kidney

Dodd's Kidney Pills, the only known unfailing cure for Kidney Complaints, are sold by all druggists, at fifty cents a box, six boxes \$2.50; or sent, on receipt of price, by The Dodds Med-icino Co, Limited, Toronto.

NERVES must be fed on pure, rich blood. Rood's Sarsaparilla is the best nerve tonic. By enriching the blood it makes the nerves

STRONG. It is a Great Public Benefit." — These significant words were used in relation to DR. THOMAS' ECLECTRIC OLL, by a gentl-man who had thoroughly tested its merits **n** his own case—having been cured by it or lameness of the knee, of three or four years' standing. It never fails to remove soreness as well as lameness, and is an incomparable palmonic and corrective. Severa colds are easily cured by the use of Bickle's Anti Consumptive Syrup, a medicine of extraordinary penetrating and healing properties. It is acknowledged by those who have used it as being the beat medicine sold for congps, colds, inflammation of the langs, and all affections of the throat and chest. Its agreesbleness to the taste makes it a favori e with ladies and children. STRONG. It is a Great Public Benefit." - These

"Probably no single drug is employed in nervous dis-

NARY

ORD LARS. e publishers of the above py to each of

every home, ils a vacancy no one him-ils a vacancy no one him-thous a state of the and ignoral, and the year, aily the Orig-mary, we aro d direct from is is the very of of the besis vell employed to or same, and a the correcto to fame, and a thing about urface, and is here a state of the context of the same, and the correcto the same, and the same of the same of the same of the the same of the same of the same of the the same of the same of the same of the same of the the same of the same of the same of the the same of the same of the same of the same of the the same of the same of the same of the same of the the same of the same of the same of the same of the the same of the same of the same of the same of the the same of the same of the same of the same of the the same of the the same of the the same of the the same of the the same of th

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ECORD, NDON, ONT.

How his heart was full of weet tears flowed from his eyes ! He wished to ask some questions, but al eady the mysterious young man had lisappeared : no one knew him, and

o one ever saw him again. The happy missionary remained convinced that it was the angel guardian of his father or of his brother.

Dominic Savio.

During the recent festivities held in Castelnuovo d'Asti to honor the mem-ory of D m Bosco, the boys of the Salesian Oratory (Turin) paid a visit to the comb of Dominic Savio, a former pupil of the Oratory, who died at the early age of fitteen in the odor of sanctity. and was buried at Mornese about th miles distant from Castelnuovo. The Salesian band played a few places of devotional music, and the boys deposed a wreath on the grave of the holy youth. We hope one day to give a sketch of Savio's innocent life; but for the present we limit ourselves to the few incidents given below, which ... p. pear in Ludy Martin's admirable trans-lation of the "Life of Don Bosco" by Villefranche. They have been taken from the "Life of Dominic Savio" written by Don Bosco himself:

On the definition of the dogma of the Immaculate Conception, Dominic wished to perpetuate its memory, and selected several comrades who were disposed to join him, to form an association under the august title just con-ferred on the Queen of Heaven. He drew up a rule for the association, which the director approved. The following were the conditions: "The vows are not compulsory, nor obliga-tory under any sin whereas ory under any sin whatever; no additional practice can be introduced without permission of the superior. An active work of charity will be assigned to each member at the weekly meetings, such as to brush and clean out the church, to teach catechism to ignorant children, to succor the afflicted, etc. The fundamental end of the association will be to propagate

What is it? Catarrhozone is a liquid, fragrant and cleansing, which rapidly volatilizes when in-haled. What is it for ? It is an absolute, never-failing cure for catarrh of the throat and nasal passagas. Is this true ? We are so sure that it will cure you that we will send you, prepaid, a free sample of Catarrhozone and an inhalsr if you send your address with-in one week. Write us. N. C. Polson & Co., Kingston, Ont. ment and the Mother of God." "Dominic was one of the most zeal-ous members, and was quite a learned doctor in the conferences held by the states for impure and impoverished blood with perfect confidence that it will cure, the distribution of the public. Only years of experience and study can produce the best.

When in Rome in 1858 Don Bosco related this to the Sovereign Pontiff, who listened with interest and declared hat he was not surprised. His Holiness had just then established the Cathlie Hierarchy in England, and every day heard of some new conversions in hat noble country.

Don Bosco relates, too, other eastas-"When his es of young Dominic. companions spoke of heaven he became anconscious and fainted in their arms He afterwards was so humiliated and confused that he did not join in recreations but walked alone. 'I am as-sailed with distractions ; I forget where I am, and I do not like to be laughed

"He ran one day into my room continues Don Bosco) saying 'Come, Father, come quickly to do a good work.

" Where ?'

" 'Quick ! quick, Father !' " 'I hesitated, but he was so moved and impatient that I consented to follow. I had, besides, already had experience of similar requests. He went rapidly through several streets without stopping or speaking. I fol-lowed. At last he entered a house, ascended to the third story, rang the bell, saying, 'Here, Father,' and went

away. "A woman who opened the door eagerly exclaimed : 'Quick, Father, or you may be too late ; my poor husband has neglected religion for years, but now he sepents and wishes to receive the Sacraments.' I reconciled the invalid with the Church, and gave him absolution. Scarcely was this done when the Curé for whom the dving man had sent arrived, only to see him ex-

"I wished to know how Dominic knew of this case. Instead of telling me he cried and looked so sad that I forebore from pressing my question.' After Diminic's death many extra ordinary favors were obtained through his intercession. About ten are relat-

prudent.

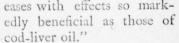
To come nearer home to the experiences of my boys. I know a young fellow, a carpenter by trade, who was enticed to throw up a good job by the reports of the good wages paid in Porto Rico to men engaged in building bar-He went to the island racks. and for a time he did get the large re-muneration promised. But, mind you, the Porto Ricans are a quick-witted race. They are not the ignorant dull-ards that some of our Protestant mislonaries would have us think. Well, nese Porto Ricans soon picked up the

arpenter's trade, or enough of it to uit contractors, and are working for \$1 50 a day. This consequently threw my young friend out of a place, and he

is coming home to take his old job, if he can get it. If he figured up what the change cost him, the price of his passage to and fro, and other expenses, I think that he would find that he was money out of pocket. The natives, of course, could work at lower rates than he because they could live cheaper and were acclimated. . An enervating tropical or semi-tropical climate is not the spot for a healthy young fellow brought up in northern latitudes. He is much better off at home, as I believe I have said before in these articles.

Let well enough alone, and by this I do not mean that you should sit down and do nothing. I want you to exercise a reasonable precaution in all your undertakings and not lose your heads when you have met with a little suc Don't imagine there is nothing cess. in which you can fail. I abominate a lazy man, but a foolhardy one is near-ly as worthy of contempt. The saying, "Fools rush in where angels fear to tread," is as true now as it ever was, and as many men have been ruined by over confidence as have failed for lack of self-appreciation. Look before you leap, and think deeply before you de-cide.—Benedict Bell in Sacred Heart Review.

Open as Day.



These are the words of an eminent medical teacher. Another says: "The hypophosphites are generally acknowledged as valuable nerve tonics."

Both these remedies are combined in Scott's Emulsion. Therefore, take it for nervousness, neuralgia, sciatica, insomnia and brain exhaustion.

50c. and \$1.00, all druggists. SCOTT & BOWNE, Chemists, Toronto.

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