

are in charity with all men. If we are not in charity with any one it is our duty to forgive him (which surely in view of the example of Jesus Christ we should be able to do) and to make a personal effort towards reconciliation (Mtt. v. 23, 24.) As a further evidence of charity the Church expects every communicant to bring some offering of money, however small, which is usually given to the poor.

Suitable prayers in preparation for the Holy Communion are the first Collect in the Service (for purity) and the "Prayer of humble access" beginning "we do not presume to come to this Thy table."

After receiving the sacred elements (in the bare palm of the hand) offer thanksgiving and intercession. Then, if there be time, read part of the Gospels for Holy week or Communion hymns, 309-325 A. & M.

Remain in the Church at least until the Priest has retired. All should obtain for further help a "Communicants Manual," such as that by Bishop How (20c.) The course of preparation in these manuals is usually too long, and certain portions, which are found helpful, should be selected and marked for use.

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### THE LAYMAN'S COMMISSION

Confirmation is really an ordination to the Priesthood of the laity (1 Pet. II. 4, 5.) Henceforth you are commissioned and empowered to take your full part