

power to overcome the many obstacles in his path, and rightly directed will glorify his character and make and keep him whole and strong.

The following twelve essays appeared in my Journal. They are distinct separate articles, each bearing on some special phases of new thought.

They offer suggestions which to many may seem startling and extreme. They present the nature of man in a higher light than the commonly accepted standard. All the loftiest ideals are brought down to earth—in these writings man is exalted above all nature as the composite personality of both creator and creature, the individuality of the eternal life principle popularly spoken of as God.

Man is here shown to be himself the object of life, to contain every attribute which he has applied to an external deity.

Man is shown to possess those longed-for powers of rejuvenation—power to prevent and cure sickness, old age, poverty, and at last to conquer death in the body.

I send out these thoughts knowing that they will be of value as suggestions of a new ideal of life—as messages which may help others to become stronger and nobler individualities.