

Its representatives, on duty from 9:00 a.m. to midnight, wear armbands with the words "OVERSEAS STUDENTS - RECEPTION - ETUDIANTS D'OUTRE-MER". They will welcome students on arrival, and assist them with their onward travel plans.

If you arrive at an airport and find no one there to meet you, travel into the city by airport bus, airport limousine or taxi. Make enquiries about which mode of transportation is the least expensive depending upon your final destination in the city. Ordinarily, limousine or bus service to the centre of the city costs \$1.50 - \$2.00.

It is recommended that students travelling by sea who wish to be met write to CSOST, Suite 408, 151 Slater Street, Ottawa 4, Canada, at least one month before arrival, to give the name of the ship, class of passage, port and date of arrival in Canada.

Temporary Accommodation

If temporary accommodation is required, it is useful to write in advance for reservations if the definite date of arrival is known. Single men and women can usually find temporary accommodation in a YMCA or YWCA, where rooms are less expensive than in a hotel. It is often convenient to reserve a room for a night or two on arrival, until one has time to find other accommodation. In some cases, it may be necessary to share a room. Accommodation for one night will cost about \$5.00.

Hotels: The price quoted in a Canadian hotel is for the room only, and meals are not included. A single room with bathroom costs a minimum of about \$8.00 a day. Rooms can be reserved by telephone or letter, but will not be held beyond the stipulated day of arrival. There is a specified checking-out time when rooms must be vacated. Arrangements can always be made for baggage to be looked after or "checked" until a guest is ready to depart. Failure to observe the checking-out time usually involves a charge for an additional day.

Travel in Canada

Most bus, railway and airport terminals have an information counter where timetables are given out free and information can be obtained. If you wish to insure your baggage, you should make inquiries at the information counter.

Bus: Bus travel is the least expensive but the slowest means of transportation on very long trips. On runs of 100 - 300 miles, bus travel is generally faster than train travel.

Railway: Railroads allow 150 pounds of baggage free on each ticket. Baggage may be sent in advance, in which case a numbered ticket will be issued for reclaiming it on arrival. The least expensive form of travel by train is day-coach. To buy sleeping accommodation, it is necessary to have a first-class or tourist ticket. There are various types of sleeping accommodation, the least expensive of which is an upper berth. Passengers usually tip sleeping-car porters at least 50 cents a night. Most trains have a dining-