are worried by the deployment of SS20s in Eastern Europe. But we are also worried about statements in the United States about the "survivability" of nuclear war, about "demonstration explosions" and first strike scenarios.

The two sides are increasingly isolated from each other. Scoring propaganda points has become more important than improving understanding. Each side is acting in ways which the other perceives to be threatening. There is a widening gulf of suspicion between East and West, and there is concern that we are finding ourselves in the midst of an ever-accelerating arms race.

The key to bridging this gulf lies not simply in armament or disarmament, nor in the numbers of nuclear warheads in the respective arsenals. It is to be found instead in the concept of security. Nations arm out of fear for their security and will disarm only if they are convinced that the threat to their security has diminished.

In their last conflict with a Western power the Soviets suffered the loss of some 20 million people. Perhaps because of that experience, the USSR harbours concepts of security that leave the rest of us feeling insecure. Even if one agrees that the Soviet Divisions in Eastern Europe are not in place to