

Cowan's

Milk Chocolate Stick, Medallions, Croquettes, Cream Bars, etc. are truly delicious.

For sale by all dealers from Coast to Coast.

THE COWAN CO., LIMITED, TORONTO.

A Hot Meal in 5 Minutes

CLARK'S Pork and Beans

Selected Canadian Beans and finest Canadian Pea Fed Pork—baked thoroughly in our scientific ovens is the secret of the excellence of CLARK'S PORK and BEANS.

There is no better food for growing children or for giving adults the necessary energy for hard work.

WM. CLARK, MFR., MONTREAL

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