

- "The Trail of the Medical Vampire"—Frederick Paul.
 "Health Insurance"—Chas. J. Hastings, Toronto.
 "The Venereal Disease Problem"—Gordon Bates, Toronto.
 "Why is it Worth While to Establish Sewerage in a Small Town?"
 —F. A. Dallyn, Toronto.
 "Interpretation of Water Antlysis"—H. M. Lancaster, Toronto.
 "Mental Hygiene"—Clarence M. Hincks, Toronto.
 Symposium on Child Welfare.
 Chairman's Address—Alan Brown, Toronto.
 "Child Welfare in War Time"—Isaac Abt, Chicago.
 "Progress in Child Welfare Work in Europe"—Grace L. Meigs,
 Washington, D.C.
 "The Results of Three Years' Work in the Department of Child
 Hygiene, Toronto"—Geo. Smith, Toronto.
 "The Medical Student in His Relation to Infant and Child Welfare
 Work"—Richard Bolt, Cleveland, Ohio.
 "The Management of a Child Welfare Week in Small Cities and
 Towns, with Results"—Mary Power, Toronto.
 Round Table Discussion and Subscription Luncheon—Alan Brown,
 Chairman.

MEDICAL PREPARATIONS

THE RECOVERY FROM LA GRIPPE.

Since the first appearance upon our shores of that unwelcome infectious disease known as la grippe, the medical journals have been filled with articles advocating different methods of treating the attack itself and its various complications. But little attention, however, has been paid to the important question of how to best treat the convalescent subject. Among all of the acute infections there is probably none that is as likely to leave the patient quite as thoroughly devitalized and generally prostrated, as does a sharp attack of la grippe. For some reason the degree of prostration from grippal infection appears to be entirely out of proportion to the severity of the attack itself. This peculiarity renders it advisable and usually necessary to strengthen and support the general vitality of the patient during the period of convalescence. Complete rest, nourishing food, plenty of fresh air and stimulation according to indications are, of course, distinctly important measures. At the same time tonic and hematinic medication should not be neglected. Probably the most generally accepted and efficient general tonic and hemic reconstituent for such patients is Pepto-Mangan (Gude), a bland, non-irritant and promptly absorbable combination of the organic peptonates