

only tended to make subsequent meditations the more solemn. By reflecting on past failures and successes they had a secondary training which at first sight they might not perhaps be able to recognise.

PRINCIPAL MACVICAR observed that he had always been accustomed to place the subject of work under the head of "means of grace." In many treatises he knew these were limited to the Word, the Ordinances and the Sacraments; but in his opinion work should be included also. Devotional engagements ought to be mingled with great activity. Some devotion, he would venture to say, was listless and worthless; there was a broad difference between fresh progressive meditation and stagnant morbid thinking. He approved of the famous appeal of Welsh, at the Siege of St. Jean d'Angely: "Level well, and God will direct the shot."

This concluded the discussion. It was decided to take up the same topic at the next meeting, and after the singing of an appropriate hymn the benediction was pronounced.

CIMARVAC.

The Conference on Monday, 26th, was occupied with the consideration of the same topic. The discussion was opened by

MR. MCKENZIE. He said that our work as students was before us, a necessity laid upon us, and he took it for granted that everyone believed he should endeavor to maintain as high a degree of spirituality as possible. Therefore the question simply was,

How to do it? The example of Christ in elevating the ordinary duties of life by making the performance of them a means of glorifying God, was briefly referred to. Then to maintain spirituality he thought the following should be kept in mind:—That devotional exercise should not be looked upon as confined merely to a time set apart for it, but there should constantly be the silent lifting up of the soul, and the ejaculatory utterances in time of need; that we should meditate more upon that which we read; that we should keep fixed in the mind the consciousness of God's presence; that the habit of reviewing the thoughts and actions of each day should be cultivated; that we should carry with us always a sense of the solemnity of the work to which we are looking forward; that our profession and practice should be in perfect harmony; that, as Christians, we should be frank with one another in discussing matters of spiritual interest; that we should exercise a watchful spirit in the formation of habits.

MR. N. WADDELL said the relation between the two was close. That work springing from a renewed heart was effort directed to the end of glorifying God, and hence the very life of devotion was dependent on the maintenance of this pure motive within the soul. Through the coldness attaching itself to study of a secular nature, all felt the need of being warmed and refreshed by a heavenly atmosphere. Those engaged in the study of Theology were not exempt from this, as it was possi-