

## THE DENTIST'S EYES.

By ———

We have only two eyes. Glass ones do not take their place. We could better, as dentists, get through our duties without our legs. They are the precious windows of the body. They are the very source and centre of our daily existence. Without them we are as dead to the dental practice as if we were in our coffins. Yet the reckless way which they are being abused in our time is suggestive of the intensity of the struggle for existence. In sunlight, in shade, under gas-light, lamp-light, electric-light, etc., all day, far into the night, even on the one day of rest, many dentists now demand their functional strain, until the penalties come—headaches, eye-ache, their failure of sight: in some cases total blindness. It is a pretty severe price to pay for competition, and for the sake of the dollar. The dollar made that way is far from "almighty." Young men are now wearing glasses. Most of them are justified in their use. But why do they need them?

## TAKING IMPRESSIONS WITH PLASTER PARIS.

By E. A. RANDALL, D.D.S., Truro, N.S.

Judging by the tales of woe related by some of our patients how they were nearly choked to death by the soft plaster running down their throat, there are some dentists who do not know how to take an impression properly. We are all supposed to know how to build a ridge of wax across the posterior edge of impression tray, and fit it to the mouth before taking impression, but even then we may sometimes make a mistake. In taking impression have a mouth mirror just within reach, and if you do get excess of plaster down on soft palate, reach down with mouth mirror, and one quick upward scrape, and your patient will be feeling comfortable.