

WEEKLY MONITOR

The Monitor's Agricultural Department

For the Use and Benefit of Farmers.

Correspondence, Suggestions and Inquiries welcomed to these columns.

Winning an Education From the Farm. This Article by a High School Girl, Lillian V. Melvin, of Kansas, Has Been Awarded First Prize by the New England Homestead in Its Contest for Young Women on Making the Farm Home Attractive.

About four years ago father told my sister, brother and myself that if we desired an education we had to win it ourselves. I wanted to win in a shop, but he said "No." I then wanted to work out during vacation, but he said "No." He wanted me to win it in my own way.

My education began in a Chicago kindergarten about twelve years ago, but for the past five years we have been in Kansas. Last winter I was employed as stenographer by the superintendent of our schools, during my study period, for which I received a small salary. When school closed I attended the teachers' institute, but I preferred to farm in summer and finish my high school course.

Don't tell me there is nothing in farming! Last year we raised \$100 worth of beans growing on one-quarter acre of ground by actual measurement. The grocers made no profit on these beans, as we peddled them to housewives. We hired our ground plowed and cultivated with hoes and a one-horse cultivator.

We pay \$150 a year for a seven-room house with an 8000 ft. garden and we raise pigs, calves, chickens and most all kinds of garden produce. Last year we sold \$400 worth of vegetables and poultry products, \$50 worth of milk, and realized about \$75 profit from pigs and cows bought twice completely destroyed by high water, but we kept planting and have been selling several dollars' worth of produce every week, so we will receive fair compensation for our labor even this year. Father works in a factory. In addition to our farming, we keep two or three boarders. But we girls have had to learn to cook. But we don't object to this.

THE GREATEST ATTRACTION. Now as to your question: "How can farm life be made more attractive to young women?" There is nothing so attractive in this day and age as the jingle of silver dollars and the money in the bank in your own name, knowing that you have created or grown something to produce them. Young women, as well as young men, must be given an opportunity to earn money on their own account. Otherwise they cannot be interested in the farm.

Do I find farm life interesting? I don't have time to say. My back aches many times while hoeing, and I often get out of patience, but I am improving. Of course we were greatly perplexed this summer, and even father advised us to quit planting. But we did not quit, and are being well paid for our last planting.

DEVELOPED INDIVIDUALLY. I cannot say why farm life should be harder than any other life. It is the most healthful life I can think of. I believe from what I have observed, that what is lacking more than anything else in woman's life is the development of individuality. It is not enough to be a homemaker, she should be given more opportunity to have and to do. Farm life is the ideal life, because it is the most independent. One can enjoy more independence with less capital on a small farm than anywhere else. I prefer the free air of the field to the close air of the store, the office, or even the schoolroom, except when in pursuit of knowledge. I would rather feed my own chickens, beans and potatoes, than work in the coal mines and evenings, take my own produce to market and sell it where I get the most for my produce.

I began farming at a young age. I believe I have found my calling. I am not theorizing, but simply telling the general results of my experience. Quite naturally some of you may be inclined to ask, "What does a high school girl know about farming?" I may not know much about farming, but I know there is satisfaction in accomplishing things, whether it be in the home, in the schoolroom, in the office or in the store. It is a pleasure to take part in these things and receive the compliments of others as well as remuneration. On our little farm I have realized what it is to be a "whole show," if it is in a small way. I have raised chickens and calves, fed and fattened hogs and cattle, and taken my produce to market. People would wait for me and instruct me to call regularly because mine was better than they could obtain elsewhere. Two years ago, this fall I had on heads of cabbage, and most of the corn to buy. I will remember with what timidity I climbed on the first load of corn to inspect, and how, in the end, when father told me I had bought first-rate corn 3 cents cheaper per bushel than he could buy in the morning of the same day. It is the pride of being topped the market in our town at \$6.25 per 100 pounds.

LOCATING THE TROUBLE. Many of the youth of both sexes on farms are compelled to lead comparatively aimless lives, and this just at the period when they should develop into the larger life or sphere of activity. They have no voice in the management of anything, no sense of responsibility, no interest in doing anything save as they are told, receive no compensation except board and clothes.

An Emergency Medicine. For sprains, bruises, burns, scalds and similar injuries, there is nothing so good as Chamberlain's Pain-Expeller. It soothes the wound, and not only gives instant relief from pain, but it keeps the parts to heal in about one-third of the time required by the usual treatment. Sold by S. N. Weare.

Minard's Liniment Cures Garget in Cows. The man who strives, at the expense of his coal pile and peace of mind, to maintain a temperature of 68 or 70 degrees in his home incurs a needless waste and endangers his health, is the conclusion of Dr. Henry Mitchell, a Brooklyn physician. Dr. Smith has spent years in the study and observation of the effect of an over-heated and over-dry indoor atmosphere upon the health, and has come to the conclusion that what is needed when the thermometer registers, says 65 degrees, is not more heat, but more moisture in the air. When it is taken into account that 25 per cent. of the cost of heating is expended in raising a temperature from 60 degrees to 70 degrees, it will be seen that Dr. Smith has solved a great economic problem, as well as pointing a way to the preservation of health. A moment's thought recalls the fact that we often sit out of doors in the spring and summer with perfect comfort at a temperature that would cause us to shiver in our rooms in winter. These widely different conditions Dr. Smith attributes to the presence of humidity in the one instance and its absence in the other.

Cleanliness Necessary in Keeping Pigs. (C. H. Miller, Stratford County, N. H.) In an address recently, an old hog raiser made the following statement: "I would no more think of feeding my hogs on a feeding floor that had not been cleaned immediately after the last meal than I would of eating my dinner of breakfast dishes without washing. I have not done it for thirty years." I wonder how this will strike the majority of our New England farmers? How many of them have not even a feeding floor for their hogs? Instead the hogs are kept in the barn cellar, on a muddy pen from the time they are weaned until killed. The hogs of these men have comfortable stalls, their own clean, well-ventilated stables with bedding to keep them clean, but the poor pigs have to wallow in the filth and bad air of a manure cellar all their lives. Often they have no light or sunshine.

Why Do Women Suffer. Such pain and endure the torture of nervous headache when a quarter bushel of Dr. Williams' Pink Pills for Pale People is taken. My cousin, who is afflicted with this trouble, writes me that she has found relief from the use of Dr. Williams' Pink Pills. She says she has taken a box of them and feels better than she has in years. She says she has been unable to do her work for some time, but now she can do it all again. She says she has been very nervous and that she has been unable to sleep. She says she has been very weak and that she has been unable to do her work. She says she has been very nervous and that she has been unable to sleep. She says she has been very weak and that she has been unable to do her work.

To Save the Coal Bill.

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One point emphasized by Dr. Smith is that every time we step out of our houses during the winter season we pass from an atmosphere with a relative humidity of about 60 per cent. in the house to one with a relative humidity of, on an average, 70 per cent. "Such a sharp and violent contrast must be productive of harm, particularly to the delicate mucous membranes of the upper air passages."

Remedy is to maintain the indoor humidity at the proper point—between 60 and 70 per cent. How many thousands of business men there are who manage their affairs in sloopish, slovenly fashion, and who complain bitterly of the abuse of the "perfect confidence" which they have reposed in their employees. My cousin, who is afflicted with this trouble, writes me that she has found relief from the use of Dr. Williams' Pink Pills. She says she has taken a box of them and feels better than she has in years.

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Orange Meat. EATEN HOT OR COLD. If you do not care to eat it cold, Eat it hot. Can be taken either way. If hot, place in hot oven for a few moments, or serve with warm milk or cream. ASK YOUR GROCER FOR IT.

PARK'S PERFECT EMULSION IS THE ASSASSIN OF CONSUMPTION.

Bright Outlook for Steel Industry. Tremendous Activity in British Countries. One of the most hopeful signs of the times at present is the activity in the lines of steel manufacturers throughout both in the United States and Great Britain.

COAL. The Steamer, "Kilked" has lately discharged for us a cargo of PORT HOOD COAL of superior quality. We have a large stock of extra good Hard Coal.

DOMINION ATLANTIC RAILWAY Steamship Lines. St. John via Digby. Boston via Yarmouth. "Land of Evangeline" Route.

INVERNESS RAILWAY AND COAL COMPANY. INVERNESS, CAPE BRETON Miners and Shippers of the celebrated INVERNESS IMPERIAL COAL.

BUNKER COAL. Shipping facilities of the most modern type for quick unloading. Bunker Coal. Inverness Railway & Coal Company.

CANADIAN PACIFIC. The Short Line Montreal Express. OCEAN TO OCEAN PACIFIC EXPRESS. Leave Every Day in the year from Montreal.

GOOD MEAT MAKES HEALTH. Choice Stock of Fresh Beef, Pork, Veal, Mutton and Poultry. Home and Bacon.

FRESH FISH. Special care exercised in handling our stock. B. M. WILLIAMS' MARKET. I'NT THE FATTY, ILL-TASTING substance in Cod Liver Oil.

AMOR'S ESSENCE OF COD LIVER OIL. Separates these substances, retaining only the curative principles and discarding the ill-tasting fatty matters.

THE BEST OF ALL IS BENTLEY'S LINIMENT. A specially prepared liniment for the relief of all kinds of rheumatism, neuralgia, and other painful affections.

EXECUTOR'S NOTICE. All persons having legal demands against the Estate of JAMES WALKER, deceased, are requested to present them to the undersigned.

The Household.

A PASSPORT TO EVERYBODY'S GOOD GRACES.

Everyone has a welcome for the person who has the good sense to take things quietly. The person who can go without his dinner, and not advertise the fact; who can lose his purse and keep his temper; who makes light of a heavy weight, and can wear a shoe that pinches without anyone being the wiser; who does not magnify the splinter in his finger into a stick of timber, nor the mote in his neighbor's eye into a beam; who swallows bitter words without leaving the taste in the other people's mouths; who can give up his own way without giving up the ghost; who can have a thorn in the flesh and yet not prick all his friends with it—such a one surely carries a passport into the good graces of mankind.

—A case for a hair brush is a very pretty ornament for the dressing table and one that would prove a most acceptable gift, especially when executed in the prevailing color of the dress which it is to adorn. To make it, cut out two pieces of cardboard the shape of a brush, but larger, so that the brush will slip in easily. Line each with silk that is slightly wadded, and cover one with silk for the lid.

Cut out a strip of cardboard about two and a half inches deep to run down the sides, cover inside and out, and sew it neatly to the under portion. The upper part forms the lid and should be edged with a silk cord ornamented by three boxes of ribbon. Sew it to the side at the narrow end or put on a little hinge of ribbon. Then at the other end have a loop of cord and a fancy button.

CARE OF HOME DRAINS. The drains should frequently come in for the housewife's consideration. The solution of salt soda in hot water, with which every household is familiar, is excellent for pouring down sinks and toilet closets. After this is done the water should not be allowed to flow for an hour or two, for the soda acts away grease and all impurities, and should be allowed time to do its work. Chloride of lime is also excellent for this purpose, and has the merit of acting more quickly, although many object to its penetrating odor. Use a tablespoonful of the lime to a quart of boiling water, this quantity being used for each pipe. This will insure clear escape pipes, free from poisonous odors or gases.

CHILDREN'S HAIR. Mothers should teach their girls to care for their hair as early as possible. If a girl is coaxed into the habit of giving her locks a hundred strokes with a clean brush every morning and evening and braiding them loosely for bed, the foundation for a future beautiful head of hair will be laid. Too many children are allowed to go to bed with their hair in a tumbled condition, only to have it jerked and tangled heavily when school comes round. Such a practice is disastrous to the nerves of a sensitive child and ruinous to the hair. Never allow one child to wash the other's hair-brush. Diseases of the scalp are most contagious, and the brush is the surest germ agent—American Queen.

TRAVELLING SUGGESTIONS. Take a small pillow to put under your head when writing a letter on the train. It will be convenient in a dozen other ways too, says the Philadelphia Bulletin. A few flaxseeds to banish cinders from the eye. A seal slipped under the eyelid will almost invariably find the annoyance. Your own drinking cup. Such medicines as are necessary in the smallest of vials, with the fingers of old kid gloves tied on over the cork.

GREENS IN THE KITCHEN. Why don't more housewives utilize their sunny kitchen windows for the growing of a bit of pungent parsley salad through the winter? Fill a shallow box with rich earth, cover with a layer of sand, then sow some mustard seed, water "it" and set in a warm place. In a short time there are delicate green shoots big enough to eat. I raise parsley in the same way. These bits of green served in midwinter are most attractive and garnish dishes wonderfully.—J. C.

Read this Through! WANTED. A reliable party for Nova Scotia will sell Fruit, Oranges, Apples, Peaches, Raisins, etc. All kinds of fresh produce. Write to: BENTLEY'S LINIMENT, 100 Adelaide St. W., Toronto, Ont.

There are times when we all have bundles of old papers which have to be burned, and this is dangerous in a fire trap. The following is a method which will avert danger of the chimney catching fire. Make a tight roll of all the papers and fasten them with some pieces of wire. They will then form a kind of log and burn slowly without flames. The roll may be made any size and several burned together.

—It is a misfortune for children to be untaught in table manners. Unless they are observed, their lack of teaching will follow them through life. —Discolored saucers of enamel can often be made to look like new by boiling a little chloride of lime in the water with which they are filled. —If the children have food on their plates, do not compel or hire them to avoid waste. —Ripe bananas, sliced thin and mixed with shredded pineapple, sliced oranges, make a delicious salad.

To Quickly Cure Billousness. Use Dr. Hamilton's Pills of Mandrake and Butternut. They cleanse the stomach and bowels, assist the liver in removing bile, and are thoroughly useful. Use only Dr. Hamilton's Pills. Price 25c.

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Jokers' Corner.

THE ABSENT HOSTESS.

U. S. Senator Joe Blackburn tells a story of a quaint old woman in a remote Kentucky village, who was locally famed for her kindness of heart and good-will toward her neighbors.

"For months and months she had been saving her slender means to give a great party, so she said," the Senator relates, "and at last came the great event. All of her friends, dressed in their best, were on hand to render the occasion notable in the annals of the village, and all voted the party a great success, though only a few in the number of the night before spoke rapturously of the party."

"I'm certainly glad you enjoyed yourself," returned the old lady, beaming her satisfaction. "So it really was a success. Yes, Mr. J! I certainly should like to have seen it."

"But why were you not there, Aunt Sally, at your very own party?" "Yes, indeed," answered the first while party giver, "I had to stay in the kitchen and wash the dishes."

HE HAD NOT THOUGHT OF THAT. Our ranking in the world depends on what we do, not on what we can do, and so a young man, successful in his profession, had applied to the manager of a large department store for employment.

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