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## A FESTIVE IDEA.

This Fetching Way of Arranging Your Dining Table.

It is a new idea now among observing housewives to have, instead of the round or square luncheon cloth, one long runner for the square or oblong with enough large and small dollies matching it to fill in along the sides. Of course both ends of the table are covered by the runner, an excellent idea when part of the meal is served from the table instead of from

While this arrangement is especially appropriate for the oblong table, it can be used for the square, oval or round table with some modification. In the square table the symmetry is often better preserved by two runners crossing in the middle. In the oval or round table the ugly line where the runner falls over the rounded edge is done away with by cutting the runner rounding the edge to fit the table and setting on the end to fit with a fine seam or a bit of beading. This arrangement means that the runner could be used only for the one size of table, but it is worth the trouble.

Square hemstitched doilles with a simple corner motif are used with the plain hemstitched runner. It is a good plan to make plate doilies and napkins of the same size and decoration, so that if one gives out the other may come to the rescue. A large doily for the plate will do away with an extra tumbler or teacup doily.

## ABOUT CAKE BAKING.

How to Prepare and Bake All Kinds of Good Sweetmeats.

Where do you set your loaf cakes and what place in your own oven do you give to muffins and small cakes?

From your answer your success would be gauged by a scientific baker.

Thin layer cakes, cookies, biscuits, macaroons and other small cakes should always be baked in shallow pans set at the top of the oven. This gives the heat a change to circulate gives the heat a chance to circulate around the cockies rather than concentrate under them.

Loaf cakes bake more evenly in sheet tin or aluminum pans than in iron pans. The shelf in the center of the oven is right for loaf cakes, and no cake should ever be set on the bottom

of the oven. It is a good idea to start sponge cake and loaf cake in a very slow oven and then increase the heat as the cake starts to rise. About ten minutes before the cake should be done the gas can be turned off entirely as there is sufficient heat left in the oven to finish the bak-

Whenever it seems desirable to reduce the heat it is better to turn down both burners halfway rather than to turn one out completely.

Keeping Attractive.

An important step in keeping attractive is to see that your neckwear and ories are fresh. Always put your hat and veil on with care. Choose the most becoming colors for your gowns and suits. The well groomed woman has the advantage over her sister who is untidy. The knowledge gives her self confidence, and with self confidence rightly gained one can accomplish any-

A Statue That Never' Was Built. Mount Athos, in Turkey, was the spot contemplated by a sculptor for the most imposing monument that man had ever The sculptor Dinocrates offered to cut the huge mountain mass into the form of a statue of Alexander which should hold a city in the left hand and in the right a basin to receive all the waters that flowed from the mountain.

Alexander was much taken by the plan, but rejected it for the practical reason that there was not food enough in the district to feed the inhabitants of the proposed town. So the canal cut by Xerxes to enable the ships to escape sailing round the mountain remained the greatest enterprise ever achieved there.

Equity and Economy. Two men, strangers to each other, were seated together on the outside of a tramcar, and both filled their pipes simultaneously. One, however, struck his match first, and the other requested that he might share the light. Hav ing done so, he took from his pocket a box of matches and handed one to his obliging neighbor. "It is foolish," he said. "to strike two when one will do, but I can't very well expect you to provide that one when I have also. Let me pay!" A mind of nice balance in equity as well as economy!-

#### Vain Quests.

London Chronicle

A little girl who was trying to tell a friend how absentminded her grandpa was said, "He walks around, thinking about nothing, and when he remem bers it he then forgets that what he thought of was something entirely dif. ferent from what he wanted to re

Caught Both Ways.

Mrs. Exe—My servant girl has left
me. She said I had so much company there was too much work to do. Mrs. Wye-That's singular. Mine has left me too. She said I had so little company it showed I had no social position.-Boston Transcript.

Mrs. Bacon-Don't you think I'm entitled to a pension, John? Mr. Bacon-Why, no. A pension is something you get after you are through fighting. Yonkers Statesman.

One reason we are not successful is we sidestep Opportunity and shake hands with Temptation.

The Paisley Vogue

Negligees have taken up the Paisley vogue, and one can now find Paisley printed chiffon borders or silk medallions in the popular Indian designs. Challis in printed Paisley patterns is being largely used for negligees and rest robes. Soutache braid in frocks and suits is being applied in Paisley patterns, if not in the accepted Paisley colorings. Some suits have stencil designs outlined with soutache braid, recalling the familiar patterns of the orient

For Mrs. Newlywed.

Is there a friend who is just starting housekeeping? An addition to the kitchen outfit which would amuse and still find a helpful place is called "a kitchen doll." The foundation is a wooden mixing spoon on the bowl of which eyes, nose and mouth are marked. A dish mop just back of the spoon makes "the mop of hair," a floor cloth the skirt, a wash cloth the apron and a dish cloth the shawl. The price of the "doll" is 65 cents.

Hush! A Garter Purse. If you are addicted to the bad habit of carrying your valuables and money with you wherever you go you should provide yourself with one of the new garter purses. They are made of two pockets, one large for jewels the other small for money, and both attached to straps to buckle tightly around the leg below the knee. They come in all

shades of satin.

A Delightful Combination Speaking of satin slip over blouses, what do you think of this costume? It is a slip over blouse of dark blue satin mocked in the shoulders with white silk and showing a novel collar and ruffs of white satin. It is worn with a pox pleated white flannel skirt. Sounda stunning, doesn't it?

Then don't forget you will need some Zam-Buk. Nothing Then don't forget you will need some Zam-Buk. Nothing stops the pain of sunburn and draws out the soreness so quickly. Zam-Buk also ends the irritation of mosquito bites and is equally good for heat rashes, tender blistered feet, stiffness and aching muscles. As a "first aid," Zambuk is invaluable. If applied immediately an injury is sustained there is no danger of festering. All druggists and stores 50c, box.

SOOTHING AND HEALING !

#### Just For To-night

By CORP. FRED EDWARDS, Dresden. Backward, turn backward, O Time in thy flight, Take me to Canada, Just for To-night.

Far, far away from the noise of this war, Where machine guns rattle and big guns where it's peaceful, quiet and serene,

Away from these trenches and all that they mean. Back where, instead of the shriek of a We hear peaceful noises and know all is

The memory of Home is in my mind now As I sit dreaming, I oft think of how My Mother caressed me and called me

her boy— What would she think now of her own pride and joy? He's fighting for Freedom, for Home and for Right, And the Kaiser is fighting against him for Might.

That's why I wish, while through trenches I climb, That I could but reverse the great hand of Time, And while I'm writing these lines, that I

Return to thee, O Canada, Just for To-night. Just to be home, just for one peaceful night,
Away from the worries and trials of this

fight, Away from kulture, away from crime, Away from kulture, away from crime, slime. Must I keep dreaming and longing in To stroll down the path with my Sweet-

heart again, And once more to love and be loved as of yore— Oh, God! Isn't that what you gave us life for?

No honor that's gained on the battlefield here, Can compare with the love of the ones

we hold dear;
Their true love embodying all that is best.
Take me back, Father Time, to my Home in the West, Away from this land that is barren and

cursed, Where the bold lust brings out in man all that is worst.
Oh, Just for One Night to be back Home again, Where is peace on earth and goodwill to

Oh, God, who is watching dear Canada's

best Fighting, dying and lying at rest, Instil in us courage to fight the good fight, And at length know the triumph of Right

over Might. I wonder if Time, like an e'er flowing stream,
Will ever turn back in its mercilness

And take me to Canada, Just for To-night.

## Sir Sam Hughes on Military Training

One of the outstanding questions of the day-whether or not children in the schools should be given military training, has been recently occupying the attention of all women's organizations throughout the country. Opinions of various statesmen and military authorities have been solicited. Of the latter, the views of Lieut.-General Sir Sam Hughes, former Minister of Militia, will have great weight.
In the May issue of "Everywoman's

World," Sir Sam expresses his conviction that military training in the schools is essential. He says in part :

'The correct age to begin training boys in simple military movements is between ten and sixteen years of age, because between these periods of time the boy has surplus energy which can be utilized in the open in learning those things about which he has read, and which will employ his attention when otherwise his time might be wasted in something which would be of no use what-

The best place for implanting these essons is in the Public and High Schools, where boys in sufficient numbers can be gotten together for company drills and limited field movements. Of course, previous to this time, light physical drill work with primary movements should be taken up with younger children of from six to ten years of age."

It moulds them into excellent physical condition, it teaches them the value of discipline, it shows them what can be accomplished by system, it strengthens their memory and powers of observation, it teaches

them one of the first and greatest principles of economics-that the whole is only as great as the part, and the part as great as the wholeand it enables them more efficiently to play the part which they are destined to take in the service of their country, whatever form that service may take.

By advocating Military Training in all the schools in Canada, I make the statement, with great emphasis. that I do not desire the importation of the Prussian system into Canada. The training I have in mind is modelled after the Swiss system of improving the physical, mental, and moral citizenship of coming generations. This system is not intended to teach hatred of nations, but rather teaches the value of individual responsibility to one's country. One thing is certain: It will most decidedly improve the physical preparedness of children to play a man's part in a nation's service should they ever be called on to doso."



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