

Meat May Be Injurious and Is Expensive!

Some people may eat lots of meat without injury to their health, but it's hard on their pockets. Others should avoid meat almost entirely, yet they eat it daily—these pay in both health and purse.

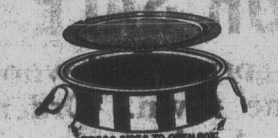
Either class will benefit by eating less meat and more Kellogg's Toasted Corn Flakes.

It gives much more nourishment than its cost in meat, is infinitely more easy to digest—consequently better for you.

Ask for

Kellogg's
CORN FLAKES
It's the original. 10 cents per package.

TRILBY SHOE CREAM



SELF OPENING TIN
Best Polish
In The Best Box

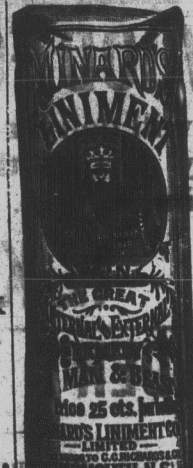
FINCH IT TO OPEN
FINCH IT TO CLOSE
THAT'S ALL!

10c everywhere
Everett & Barron Co.

AMHERST, N. S.
MAKERS OF U. N. O. POLISH

CABS!
CABS!
CABS!

When in need of a cab to and from
trains, hotels, churches, etc., don't fail to call the old
cabman. Stable O'Leary St.
Phone 24
Always at your service.
H. P. DOYLE
Livery Station



CHAMBERLAIN'S
LINEMENT

Neat T. C. R. Depot,
CAMPBELLTON, N. B.

Modern in Every Respect.

HENRY CORMIER, Prop.

BOOM CAMPBELLTON

There are three things worth remembering

ing when you want your next
order of Printing.

FIRST:—when you buy your printed
stationery etc., from out of town
firms, you get the printing and
they get the money.

SECOND:—when you buy your Printing
at home you get both the printing
and the money.

THIRD:—when you buy your Printing
from us you get printing done at
home, you get quality satisfaction
and right prices.

Give Us Your Next Order

THE GRAPHIC PRINT SHOP

Campbellton, N. B.

WORLD'S CONGRESS OF SALVATION ARMY

Hundreds of Delegates are Leaving
This Continent to Attend
at London, Eng.

New York, May 30.—The most remarkable body of pilgrims that ever left these shores sailed out of New York harbor today on the steamer Olympic, bound for London to attend the world congress of the Salvation Army. The party comprised upwards of 700 officers and soldiers of the Salvation Army in the United States, and was in charge of Commander Eva Booth. In the delegation were cowboys, Indians, Texas rangers, fishermen from the Pacific coast, clam diggers from Washington, fruit growers from California, former slum dwellers of New York, and a good-sized group of "regenerated drunkards." Not the least remarkable fact in connection with the pilgrimage is that every member of the delegation pays his or her own expenses to London and return.

DRUNKENNESS CAN BE CURED

ONOTOS
DOES ALL WE CLAIM

If you have some loved one who desires to help to get rid of the liquor habit, get a box of ONOTOS, and you will be amply repaid. Can be given secretly, if necessary. Price \$3.00 for a full month's treatment. Ask us for a booklet. White Drug Co.

The wedding month will be here in a day or two with the strong or faltering "I will's" and "I do's," a popular expression of flower-bedecked homes and large and small churches all over the country.

The summer drowning season is now open, and the fool who rocks the boat will get wet.

When your child this whooping cough is careful to keep the cough loose and expectoration easy by giving Chamberlain's Cough Remedy as may be required. This remedy will also quiet the tough, hoarse and make it easier to expectorate. It has been used successfully in many epidemics and is safe and sure. For sale by all dealers.

THE CREED OF THE CONSUMER

Set of Principles Worthy of
Practice.—Home Patron's
Philosophy

Every failure is a step to success: every detection of what is false directs us to what is true; every trial exhausts some tempting form of error. Not only so, but scarcely any attempt is entirely a failure; scarcely any theory, the result of steady thought, is altogether false. No tempting form of error is without some latent charm derived from truth. With these thoughts in mind I have prepared what I call the consumer's creed.

A Gate to the City.

It is not a religious creed. If it were I would not be writing it, as I am afraid I might get my metaphors crossed. This is a business creed, something like the people of New England unconsciously adopted when Lord North undertook to tax them. Therefore they had always been accustomed to divide on points. It so happened, fortunately, that their opposition to Lord North was a point on which they were all united. It was a business point.

I have written a creed upon which the people of the north, south, east and west can all unite for their own good.

A good creed is a gate to the city which had golden foundations; a misleading creed may be a road to destruction, or if both misleading and alluring it may become what Shakespeare calls, a primrose path to the eternal bonfire.

Perhaps my creed is nothing more than a set of principles which it would be well for every consumer to practice. Read them and then adopt them as your very own.

A Business Creed.
First.—I do not patronize the mail order system because it is selfish and greedy and for the reason that I buy at home, where my interests are.

Second.—If this community is good enough for my family and I to live in, it ought to be good enough for my family and I to buy our necessities in.

Third.—I will not take the word of the mail order house for its goods, as I want to see what I am buying, and I want to get what I pay for.

Fourth.—I do not patronize the mail order houses because they demand cash in advance, and when I am "broke" and sick and need supplies my home dealer is willing to "carry" me.

Fifth.—I patronize the home dealer because he stands back of his goods and in case of error is willing to rectify.

Sixth.—I patronize the home merchant because I believe a man ought to spend his money in the community in which he earns it.

Seventh.—I patronize the home merchant because I believe the man who sells what he produces and buys what he needs at home cannot be injured by deceptive catalogue pictures of alleged bargains.

Eighth.—I do not patronize the mail order houses because they frequently sell damaged and inferior goods, which it avails a man nothing to attempt to exchange. But the man I patronize—the home merchant, the man who helps to pay the town of county tax—will exchange any article I buy from him which is unsatisfactory.

Ninth.—I spend my money with my home merchant in preference to some mail order house in a distant city because the local merchants help to support the public schools where I send my children, the churches and the dependent poor in my vicinity.

Tenth.—I patronize the local merchant because he does not try to trick me into buying "cheap" goods, which because of their defectiveness prove to be expensive, and, further, because should ill luck or bereavement come my way my local dealer would not only prove that he was a neighbor and a friend, but a man, with a man's heart and a man's inclination to do good; not a soulless corporation like

MECHANICS' INSTITUTE DESTROYED BY FIRE

Famous Amusement House in
St. John Laid in Complete Ruin
By Fire Friday Evening

In one of the most spectacular fires seen in St. John in years the old Mechanics' Institute was completely destroyed on Friday evening.

The fire was discovered about 10.20 o'clock and before midnight the building was in ruins. Mr. John Walsh, who owns and resides in a house just below the Nickel on Carleton street, saw a few tiny jets of flames darting from under the roof on the western end of the building and pulled in an alarm from Box 58. Within five minutes most of the city department was on the scene but before they could get a single stream of water on the blaze the roof was a seething mass of flames that shot high into the air, lighting the whole neighborhood. They licked the side of St. John's (Stone) church and showered its roof with sparks. Within half an hour the fire had eaten through the roof and had worked its way into the main auditorium and from there to the assembly suite. The heat was intense and the great crowd of spectators was compelled to keep at a distance. Calvin Presbyterian church immediately across the street soon began to show the effects of the heat; the paint blistered on the doors and window sashes and took fire in several spots. The front of this building as well as the sides and roof of the Stone church were kept awash and escaped with only a slight scorching. The wooden house on Carleton street, separated by only a few feet from the Institute, was also kept wet and so saved. The firemen worked energetically. In all, fourteen streams of water were pouring on the flames.

Originally the Mechanics' Institute, it was the scene of a series of lectures, which ran for a number of years. It was built in 1841 to meet an educational need. Its library and reading room was a centre of interest and its museum, founded by Gesner, was afterwards merged in that of the Natural History Society. When the Institute was opened St. John took a public holiday. For nearly seventy-five years the old Institute was the entertainment centre of St. John and within its walls took place many intellectual and social functions. It played an important part in the history of the community and by its destruction St. John is left without an adequate place for general social gatherings.

A sprained ankle may as a rule be cured in from three to four days by applying Chamberlain's Liniment and observing the directions with each bottle. For sale by all dealers.

The mail order system, whose only instinct is greed and a further desire for gain.

"Do Unto Others."
Let all citizens follow this creed and they will be blessed with happy homes and a happy life. They will prosper financially and at the same time improve their moral standard. Do for your neighbor what you would like him to do for you; then you are doing your full duty to yourself and to all mankind.

Moral. Buy and sell at home.

Never Be Without Chamberlain's Liniment

CONTAINS the active principles of Dandelion, Mandrake, etc. and is an old-fashioned remedy that has been on the market over 30 years and cannot be displaced because of real merit. As a Blood Purifier—a cleanser of foul stomach and tongue—use for headache and biliousness it has no equal. Specially valuable at this time of the year when the blood is sluggish from indoor living. Family size, 5c. at your store. Five times as large \$1.00.

THE BRATLEY DRUG CO. Limited.
ST. JOHN, N. B.
Dealers in Chamberlain's Liniment and Chamberlain's Cough Remedy.

For Colds, Sore Throat, Croup, for Aches, Pains and Wounds,

JOHNSON'S
ANODYNE
LINEMENT

Is the never-failing remedy. Keep it in your home and be ready for both internal and external ills.

IN USE 103 YEARS

25c and 50c everywhere

I. S. JOHNSON & CO., Inc.
Boston, U.S.A.

Parsons' Pills
relieve constipation and headache

EUGENIC MARRIAGE A FOOLISH DREAM

Alienists and Heads of Insane
Asylums Refuse to Indorse
Hymenal Reform

Baltimore, May 27.—Eugenics got a solar plexus blow at the meeting of the Medico-Psychological Association to-day. The body, including some of the most distinguished physicians of the land, rejected over-whelmingly resolutions suggesting that "a clean bill of health" and "the evidence of a normal mind" be required of persons asking license to marry.

The action was a surprise to many. Dr. William White, of the Government Hospital at Washington, had this to say as soon as the resolution was offered: "I do not think we should adopt this. It would start much ill-considered legislation."

A standing vote was taken with practically no discussion.

Dr. Charles F. McDonald presented the report of the council. All that part of the document preceding the closing clause concerning marriage was passed without a murmur of disapproval. The accepted resolutions principally concerned the segregation of the feeble-minded, imbeciles, or other mental delinquents, and the establishment of separate institutions for their care.

The opposition to the attempt to restrict marriage was brought about, it was stated, by realization of the dangers that hedged such a proceeding about, chief among these being the encouragement of illegitimate unions, with ultimate results of a reduction in the number of marriages generally.

Such laws, the convention as a body argued, were liable eventually to become mischievous, experience not having proved that any ventures of the kind had resulted successfully.

It was made clear, however, that the alienists are by no means lax on the question of the marriage of people who are undoubtedly the victims of mental disorder.

Dr. William Mabon, superintendent of the Manhattan State Hospital, New York, and chairman of the committee on eugenics of the society, and Dr. C. F. Haviland, superintendent of the King's Park State Hospital, L. I., New York, agreed that eugenics would never be made a practical force by law, and that it was a phase of an ideal state of society never yet reached by the human race, rather than something which might be applied practically in this age. Both said that they believed that the influence represented by the word "eugenics" would grow increasingly powerful, but that it would be by popular education rather than by statute.

"Do you think that the day will ever come when a clean bill of health will be required generally of those seeking the right to marry?" Dr. Mabon was asked.

"Such a situation may arise in some far distant time, but not in the immediate future," he answered.

Each age of our lives has its joys. Old people should be happy, and they will be if Chamberlain's Tablets are taken to strengthen the digestion and keep the bowels regular. These tablets are mild and gentle in their action and especially suitable for people of middle age and older. For sale by all dealers.