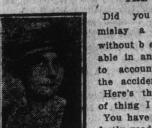
SIDE TALKS.

By Ruth Cameron.



Here's the sort You have a per-

fectly good friend

FREE!

Mail Coupon for Famous 3-Day Trial Treatment. Watch the Quick Results.

"Gains 10 Pounds"

"I have taken Ironized Yeast only 15 days you ave gained 10 pounds."
"Gains 8 Pounds."

"After one box of Ironized Yeast I have gained 8 pounds and my skin is cleared."
—Mr. A. G. B.

"Gains 10 Pounds"

'Ironized Yeast is a wonderful fiesh builder. I have gained 10 pounds after 1½ packages."
— Mr. J. K. B.

"Gains 13 Pounds"

"Ironized Yeast is a wonder worker. In 11 days I have gained 18 pounds, my nerves have calmed, and I seem to have acquired a boundless amount of energy." —Mr. B. R. A.

IGONIZED YEAST

THE ONLY YEAST THAT IS GENUINELY IRONIZED

Perhaps you convince yourself that you imagined that coldness, and call whom you feel quite sure enjoys and her up the next day and suggest that likes you. Whenever you plan to see she take that walk that you have each other, or whenever chance long been planing. Whereupon she brings you together you meet with is awfully sorry-but she has got endelight and cordiality and straight- gagements for every day in the week. much for her-(how often we go way you have a hundred things to say. That settles it. You hang up the

How Ironized Yeast

Makes Huskies

out of thin, nervous

Everyone has heard of the seeming "miracles" performed

by yeast. And now Science announces the discovery of a remark-

able new process—a process which enables yeast to build

weight, increase energy and clear the skin often in just half the

usual time! This process is known as the process of ironization. It is embodied only in IRONIZED YEAST, which millions

are now taking with really astonishing results in many cases

Watch the Quick Results!

If you are thin-if you are run-down, pale or scrawny looking-if your skin is blemished by humiliating pimples,

blackheads or boils, mail coupon below for the Famous Three

narkable tablets-two with each meal. Then watch the results!

Day Trial Treatment of IRONIZED YEAST. Take these re-

Pimples, blackheads, boils, etc., usually begin to disappear almost "while you wait." You will feel an almost immediate

increase in your ability to tackle hard work or play. And as

for putting new, firm flesh on your bones many thin folks report gaining from five to nine pounds on the very first package.

How the New Process Works

How the New Process Works

1 Yeast, as everyone knows, contains certain mysterious elements which seem to have a wonderful effect on health. But the trouble with plain yeast, or so-called "vitamine tablets," is that they do not go far enough to bring 100% results. For while yeast contains these elements, experiments prove that some other agent is needed in order to convert them into new energy, firm flesh and health.

Certain types of iron, Science tells us, age of great value in converting the food we eat into living cells and tissue. So working on this problem, Scientists finally discovered the process of ironization. It is this process which enables you to derive from yeast ALL of the wonderful benefits it holds for you.

Get IRONIZED YEAST today. It is sold at all dealer's on our positive guarantee of satisfactory results from the first package—or your money instantly refunded. You are cautioned against accepting cheap inferior imitations of IRONIZED YEAST, which in most cases are nothing more than plain inefficient mixtures of ordinary yeast and iron. Always insist on genuine IRONIZED YEAST. It is the only way you can be sure of getting the best.

FREE! While IRONIZED YEAST is sold at all dealer's on our Satisfaction Guarantee basis, those who wish may try it absolutely free. Simply mail the coupon for the famous Three Day FREE Trial Treatment. The results, even from this short test, will surprise you. Mail coupon now.

Free Trial Coupon

Harold F. Ritchie & Co., Ltd.

10 McCaul St., Toronto DEPT. 84

Please send me the famous THREE DAY FREE TRIAL
TREATMENT of Ironized Yeast.

Only One Trial Package to a Family

run-down men-

one likes to loss a friend. Especially ably some added. without knowing the reason. There is something so haunting and mysti-

Lost or Thrown Away. er lips instead of with her eyes, or did you throw her away by saying scar). And asks formally about your health, and something about her which you the health of your family, instead of wouldn't have said if you had ever

I wonder if that isn't the way that

And then one day you meet your friend and behold, the cordiality that you expect does not come to great the settles it. I do mang up the back to our friends this way when telephone and tell yourself that you don't know what's the matter with her, and you don't care.

But you do care. We all do. No none of its unkindness lost and prob- Two Noted Revolutionaries

eight years old when his famous . Is it worth it? Do not the prefer Loyalty to the fleeting pleasure of being witty or caustic at their and placed him in an English, school. He afterwards visited France and several years as a civil engineer. It was not until the death of his father at Turin in 1894, that Francis Kos-

Criminals of the Air Without the Law. suth returned to Hungary and devot-

PUNISHABLE FOR LACK OF the Austrophil Cabinets until in 4906 JURISDICTION OVER AERIAL TRANSPORT.

in flight from Mitchell Field, Long Island, New York, to the governmen the opinion of legal authority, it is stated at Army Air Service headquarters, in view of the non-existance of Federal regulation and control of aerial traffic. The slayer would escape on the plea of "non-juridiction" since it is practically impossible to establish jurisdiction in a flight traversing portions of the states of New York, New Jersey, Pennsylvania, Delaware. Maryland the district of Columbia. Conflict over the question of jurdisdiction in a criminal case of the kind would certainly arise in any action o punish a person known to be responsible, it is declared. A marriage or other contract of agreement, or a birth or death during a flight over a group of states would involve difference of legal opinion, it is pointed out, for now no laws on the statue books cover situations which may become common in these days of in creasing aerial transport. A seaplane operated beyond the three mile limit is absolutely beyond the law, and criminal acts committed during flight over the sea are wholly immune, the legal experts assert. Federal control and regulation of aerial communication and transportation is the only solution for conditionns which will become extremely troublesome should the states attempt to enforce local regulatory statues, it is said. Aeria traffic being practically interstate, it is insinuated that it must be regulated by the Federal government as is interstate transport on land. Such control, the lawyers say, will in no way conflict with state police rights. Even airplane landing field s regarded as an interstate port, and in view of the Aeronautical Chamber of Commerce of America and other organizations supporting the Wadsworth Hicks bill for Federal control of the air, such control alone can solve problems already pressing. The argument is also advanced that landing fields are potential international ports and as such must come under Federal jurisdiction. In support of this contention it is declared that airship lines will in the near future be making trips from Europe without stop into the interior of the United States. A passenger may make an interstate trip say to St. Louis and there embark for a continuous voyage to Paris. Complications arising during air passage over a combination of state and Federal routes are likely to be innumerable and, it is said would cause mixups over the nuestion of jurisdication no court or ourts could ever hope to disentangle: The Federal aerial regulation and control bill which has been passed by the Senate is still before the House Interstate and Foreign Commerce Committee. Chairman Winslow is confident, however, that it will be enacted into law before the presen session of Congress is ended. The bureau of control provided in the bill would be under the Department

Fashions and Fads.

and evening gowns.

same dark material.

made of the material.

Embroideries in pearls, jet and bright silks are used on afternoon

A gown of light colored material

has sleeves and side panels of the

Many gingham frocks show nar-

row bow ties for the neck, which are

Old-fashioned printed calicos and embroidered, unbleached muslins make quaint, little summer frocks.

The ribbon sash promises to be in nuch demand for light frocks of or-gandle, voile or dotted swiss.

ted taffeta covers the under

m and forms a motif across the

There are now tweed dresses and ome of homespun which have fring collar, cuffs and hem.

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We wish to inform the public that on Monday morning next we intend to open up our Old Store with a sale of

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Martin-Royal Stores Hardware Co. Ltd

ing to illness he did not play a prominent part in public life for some year's before his death. He was twice married, first to an English field at Washington might go unpun- woman who died in 1887, then to the widow of his friend, Count Beniousky

ELLIS & CO'Y.

A LIST OF FRESH

ARRIVALS

leader of the Party of Independence, and waged a strenuous war against

a National Cabinet lasted three years.

and on its recongition Francis Kossuth

nce more went into opposition. Ow-

203 WATER STREET.

French Sardines. French Petit Pois Fins. French Haricot Verts. French Champignons. French Macedoines. Imp French Plums, 1 and 2 lb. bottles. Leaf Gelatine-Pink and White.

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Paysandu Ox Tongues. Split Lentils. Ground Patra Rice. Ground Rice Flour. Ground Sweet Almonds. Almond Paste. Calve's Foot Jelly. Mint Sauce. Browning for Gravies. Lemon Squash. Creme de Menth. Anglo-India Relish. Sweet Pickles. Lucca Oil. Fresh Edam Cheese.

Chicken Breasts in Bottles.

Horlick's Malted Milk. Maple Syrup. Maple Sugar. C. & B. Malt Vinegar. C. & B. Distilled Vinegar.

Savory's Cigarettes-Turkish, Egyptian, Russian

The Will

life of every man when he must leave his worldly possessions to the care of anoththerefore, the first obligation resting on an individual who is possessed of property is the making of a will, and this should be done before the capacities become impaired by time or the ravages of

THE MONTREAL TRUST COMPANY will act as Executor for Estates large and small. It is thoroughly equip-ped to efficiently and economically undertake the administration of Estates and will carry out the intentions and desires of the Testator,

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H. G. WELLS.

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\$5.50.

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