

## ROYAL YEAST CAKES

Product of Canada

It was known many years ago that yeast is an excellent thing for the many ills that result from disordered stomach or run down blood condition. Lately eminent scientists have been investigating the matter thoroughly and their conclusions point to the fact that the beneficial effect of yeast has not been overrated. The yeast treatment is very simple and economical - and altogether harmless.

Before each meal eat a Royal Yeast Cake, or take a cake dissolved in water or fruit juices. The scientific investigators say that the curative elements in Royal Yeast are the vitamins and nuclei which it contains. It is certainly well worth a fair trial by those who suffer from any of the ailments mentioned above.

Send name and address for free booklet "Royal Yeast Cakes for Better Health."

**EW. GILLET COMPANY LIMITED**  
WINDSOR, TORONTO, CANADA, MONTREAL

## The Broken Circle!

CHAPTER V.

"But why should he want a republic instead of our present constitution?" asked Leah. "Why should he want to take all the large estates from the men who own them, and divide them among others? Poor as our furniture is, would he like to divide that among men poorer than himself? I know he would not."

"He is a patriot, Leah," urged the younger sister, to whom Leah's remarks sounded like treason.

"Yes, I know the dictionary says that a patriot is a man who loves and serves his country. But one who loves his country would surely never care to see it destroyed by civil war; and what but civil war would ensue if they tried to put aside our present form of government and set up a republic? My instincts are all against it, Hettie."

"My father must know best," said the younger girl. "Perhaps kings and queens and rich people do great wrongs of which we know nothing; and, if that be the case, my father is right to preach against them. He must be right," she added, after musing for some short time, "he is so wise and good."

Tears stood in Leah's dark eyes.

"I know what he wants, Hettie," she said; "he wants a daughter like one of those girls of whom you read in novels—an inspired sibil. Now I do not feel at all like a sibil. I cannot understand talking of people in the mass," she continued; "to me the people are all individuals, and each one can best teach and train himself. My father says that he has given his life to the people."



## Appetite Good, Gained 20 lbs. Could Not Feel Better

From a nervous wreck this man was restored to health, strength and happiness.

He tells his own story in this letter.

Mr. Ralph A. Roberts, Lovena, Sask., writes:

"In 1917 I had lost all appetite, failed 25 pounds in weight, became very nervous and shaky and in fact given up all hope of recovery. For some time I had suffered from constipation, which kept getting worse, until I was fast becoming a total wreck. Doctors and their drugs were sending me to my grave at the age of 39."

"Then I read about people being restored by Dr. Chase's Medicines and after three months' use of Dr. Chase's Nerve Food and Kidney-Liver Pills I found that my bowels were restored to normal movement each day and the constipation was no more. I had a good appetite, had gained 20 pounds and could not feel better. I shall always be grateful for these benefits."

At All Dealers.  
Distributor:  
**GERALD S. DOYLE.**

no loftiness of purpose. The girl's heart grew sick and faint as she listened, but her pale proud face gave no indication of her thoughts.

"I may soon die," said Martin, as he laid his hand upon his daughter's beautiful head, "and I have spent my life for the people; but my spirit will live in this girl, who has received my doctrines from my own lips, and who will add the splendor of her own genius to my experience. I may live however, to see my daughter the people's idol—the people's queen."

They asked Leah to give them a specimen of her powers. She turned to her father, with an appealing look which he understood. It would have been easier for her to die than to speak before those stern, cold men.

"Not yet," said Martin Ray, looking proudly at his daughter. "Considering the magnitude of the interests that will be committed to her charge, it is only right that you should hear her before she makes her first appearance in public. But she has much to learn before then. She is not ready yet."

Leah Ray had plenty of spirit—she inherited it from the Hattons; but with all her courage, she dared not tell her father what was in her heart. She had been indifferent at first as to what she had to do; now she hated and loathed it.

When, after midnight, her father gave her permission to leave the conclave, she went to Hettie to seek comfort and consolation.

"I can never attempt it, my darling!" she sobbed. "O, Hettie! what must I do? I hate it all so. What shall I do? My father will be so angry when I tell him."

Her sister looked at her in helpless compassion.

"It seems almost a pity that you are so beautiful and so gifted, Leah," said Hettie.

Leah stood by the window, her face raised to the sky, where the golden stars were shining.

"Do you remember Hettie," she said, "how the three Hebrews burned in the fiery furnace. I am in a furnace of fire now. I stand between my own hatred of what my father wants me to do and my father's anger if I do not do it. Who will deliver me from it? Who will take pity on me? I am so helpless. I have no friend. O, Hettie, Hettie! I feel I must pray to Heaven to save me from this furnace of fire!"

"My darling Leah, do not cry," returned Hettie. "If you tell our father that you do not like the plans that he has laid down for you, he will not force you to follow them."

But Leah had had a revelation of her father's character that evening which had opened her eyes. She knew that he would not spare her—that he would force her to comply with his wishes; and, if she refused, she had a dim idea that he would make her suffer.

"I wish mamma had lived, Hettie," she said; "she would have taken care of us. She would never have allowed father to force me to do anything against my will. We should have been like other girls then, which we are not now."

"Still, Leah, we are the daughters of a patriot," remarked loyal Hettie; and Leah turned away with a hopeless sickness at her heart.

(To be continued)

## Canada's Great Inland Seaport

—Montreal, with a population of almost one million, has but 915 rooms in modern fireproof hotels.

These cannot accommodate the visitors—travellers, business men and pleasure-seekers—who, day after day, week after week, month after month, visit Montreal. More than fifteen hundred of these people will be able to find accommodation—comfortable, luxurious accommodation—in the new "MOUNT ROYAL" Hotel, which will be open about October, 1922.

This new Hotel will have 1,050 rooms, stores and offices, as well as a great convention hall, together with all the other luxuries and necessities that go to make a thoroughly modern hotel.

It will cost approximately ten million dollars. A study of conditions in Montreal will convince the most sceptical that "THE MOUNT ROYAL" will fill a long-felt need, and will undoubtedly be a most profitable enterprise for its shareholders.

We are offering the 8% convertible debentures, carrying a bonus of 30% of Common Stock, of The Mount Royal Hotel Company, Limited, and shall be glad to send descriptive circular on request.

## To W.A. Mackenzie & Co., Ltd.

38 King Street West, Toronto.

Dear Sirs: Please send me a copy of the circular describing the 8% Convertible Debentures of The Mount Royal Hotel Company, Limited, and oblige.

Name in full .....

Full address .....

Please write clearly.

## SIDE TALKS.

By Ruth Cameron.

### A STORY OF MARRIED LIFE.

A friend of mine had been reading a story which I recommended to him.

It was a story of married life, and I cannot understand why, the editors think people greatly prefer love stories and therefore print five love stories to one of the other type. The characters in this story pass through one of those times of misunderstandings and unhappiness that come now and then to most married people. Then something happens to clear up the atmosphere, and the tale ends with a reconciliation which leaves each one filled with a new tenderness for, and understanding of the other.

"Did you like the story?" I asked as my friend laid down the magazine.

"Sure," he said, "Good enough."

"And didn't you think it was a beautiful ending?"

Not Reformed Characters Forever.

"Oh, yes," he said, "it was a pretty ending, but you don't think they are going to continue on that high plane the rest of their lives, do you? How long will it be before the children get on his nerves again and he lets fly? Or he gets so wrapped up in business that he forgets to talk to her at night and she feels hurt again? I suppose you think they are going to be reformed characters the rest of their lives?"

Men like to think they have a corner on all the worldly wisdom and cynicism in the world, so I didn't attempt to argue with him.

But I didn't think that at all. I

know the characters could not keep up to that high pitch of tenderness and unselfishness all their lives. I knew the beautiful moment of perfect understanding would fade, just as all beautiful moments fade.

The Moment Will Enrich Their Lives.

But I also knew that their lives would be the richer and the better because they had passed through that moment.

I also knew that although they would still fall at times to use the lessons they had learned about each other, yet there would be many other times when they would let themselves be helped by this knowledge, and the general trend would be toward greater fact and better understanding.

One of the most discouraging moments of married life is, I think, the time when one comes down from some mountain tops of special tenderness and understanding and realizes that life has not been made over new by that great moment. The disappointment in oneself, and in life, is so keen that it is apt to make one cynical. The first failure to live up to the vision of the big moment seems to have rendered the moment ridiculous. But it hasn't. Failures are inevitable, but between them come successes.

And between the Failures.

Stevenson in speaking of these same failures of married folks to live up to their big moments, adds (I quote from memory and under correction) "And ever between, come glimpses of kind virtues to encourage and console."

I am sure that is what happened to the married folks in the story, and that is what will happen to the rest of us if we let it.

## Fads and Fashions.

The full-length panel in the back gives the much-desired slender outline.

Cloth-belts end in heavy silk tassels. Pale gray will be used for sports clothes.

The full cape of taffeta is still being worn.

Formal dressy costumes show longer skirts.

The yoke effect in capes is ultra-smart just now.

Some French tailored suits show the fancy yoke effect.

Novelty silk braiding is featured much on street frocks.

Tan, sand and beige are favorite hues for early spring.

Persian broadened crepe de chine is a fashionable novelty.

The Hingier frock appears snatched with broad satin ribbon.

The new shades in brown take the form of caramel tints.

The popular chintz dress has parasol, bag and hat to match.

Tailored suits have a tenderness for fancy waistcoats and vests.

The princess front goes well with the fashionable side draping.

The Oriental sleeve is wide and long, and is usually embroidered.

Three rows of black wooden beads outline the neck of a crepe frock.

Silk lace in color is used to make the sleeve of satin afternoon frocks.

Quills have made a very successful debut into the world of millinery.

## To Stop a Cold in One Day



Be sure you get  
**BROMO**  
The genuine bears this signature  
**E. W. Brown**  
Price 30c.  
Made in Canada.

# Ladies' and Gent's BOOT SPECIALS!

We are cleaning up the balance of our last season's stock of Ladies' and Gent's Boots and Shoes at much less than half price.

MOSTLY BROKEN LINES AND SIZES.

Men's  
Black Boots

in  
Gun Metal, Box Calf  
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from  
4.00 to 7.50

Ladies'  
Black Boots  
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2.90 to 6.00

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Brown Boots  
from  
4.50 to 6.00

# STEER BROS.

## Remnants!

## Bargain Opportunities!

COLOURED SATEENS,  
only 45c. yard.

We have been waiting this shipment for a long time, as have our customers who had some of these beautiful quality Sateens before.

WHITE SHIRTINGS,  
36 inches wide,  
only 22c. yard.

Consider the width of these, which is extra special.

WHITE CURTAIN SCRIMS,  
double fold,  
only 20c. yard.

We have also Remnants of White Marquisesettes at 35c. yard.

COTTON TWEED and KHAKI  
REMNANTS.  
Stripe Cotton Tweeds at . . . 45c. yd.  
Mercerized Tweeds at . . . 55c. yd.  
Khaki Drills at . . . . . 35c. yd.

FANCY COLOURED DRESS  
VOILES,  
only 30c. and 33c. yard.

Quantity of these goods is limited and we are not certain of further deliveries, so advise early purchases.

WOOLLEN DRESS SERGES,  
only 80c. yard.

Splendid for Children's School Dresses, but eminently suitable for ladies' wear also.

STORM SERGES,  
only 65c. yard.

This represents an exceedingly low price indeed.

WHITE "INDIAN HEAD",  
36 inches wide,  
at 50c. yard.

This beautiful material is becoming very popular with our customers, being used for such a wide variety of purposes and having such wonderful wearing qualities.

On our Remnant Table you will find many other useful Remnants at Extremely Low Prices, and as many of these Remnants match, you can get any lengths required at Wonderful Savings.

# HENRY BLAIR.