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FIRE INSURANCE s. In that case I stand the loss

n't let your policy run out. Conne and keep up your policy in my and reliable Fire Insurance Com-

PERCIE JOHNSON,

essage from I. C. Morris.

ne following message was received Mr. I. C. Morris yesterday by

"Splendid tour so far, beautiful eather. Immense meeting here

light; unbounded enthusiasm." aother Meeting

Reserve Committee.

t night at the Board of Trade oms for the purpose of considering recommendation of Officers for Reserve Force. Joseph Outerbridge presided

those present at the meeting

ion. M. P. Cashin, F. J. Morris, M. A., W. J. Higgins, M.H.A., Capt. ntgomerie, W. H. Rennie (Captain Musketry Committee), Capt. Mcay, Lt. Col. Rendell (C.L.B.), Lt. . Conroy (C. C. C.), Dr. Macphern, Captain H. Outerbridge, J. W. erris, Major Hutchings (M. G. R.), J. Harvey, J. W. N. Johnstone and

V. P. Burke, Secretary. The nominees decided on by the Oiers' Selection Committee were sublitted and aproved of and will Le rwarded to His Excellency the Govnor for consideration.

The report of Capt. H. Outerbridge, uartermaster, was read, showing at the work in that direction was ing done in a thorough manner. Nearly 300-have been supplied with

Lieut. E. S. Ayre, who is in charge the day unit, submitted a most comehensive report on the advancement ade by the Volunteers in the various ancehs of training. The Officers' Selection Committee

ported favourably on the efficient ate of the force.

Blocked With Ice.

remove the ice that has filled the arbour for the past twenty four irs. Off the Narrows the floe is ked tightly, making it extremely ifficult for shipping to get in or cu

MINARD'S LINIMENT CURES DIS-TEMPER.

NAVAL RESERVIST GROUPS!

THE GROUP OF THOSE THAT LEFT HERE ON THE "NIOBE". THE GROUP OF THOSE THAT LEFT HERE ON THE "FRANCONIA".

THE GROUP OF THOSE THAT LEFT HERE ON THE "CARTHAGINIAN". THE GROUP OF THOSE THAT LEFT HERE ON THE "MONGOLIAN".

Phone 768.

Each of these Groups is 8 x 10, and each man can be seen distinctly. Unmounted for 40 cents. Mounted for 75 cents. THE HOLLOWAY STUDIO, LTD., Corner Bates' Hill and Henry Street, St. John's, Newfoundland.

Geral Joffre's Hammer.

General Joffre's problem: Mr. Belloc writes: per which I think helps to so-called deadlock in

omer was of such a nature that struck its first blow unsuccessit would be shattered and use hat while you are applying ng this hammer was ready to your signal. It is evident that hammer. If you misjudged the signal to strike with the hammer oon, the rod would remain unren and the hammer could never it just rightly, then, though your were not strong enough to come in with just sufficient to achieve the result, adding its ct to the strain you had already pon the resisting but brittle

NAPOLEON'S HAMMER. insufficient numbers, or barely used too early."

food-strength.

Money for Money---

A pretty big claim, but listen—

other foods sold in bigger packages.

Doctors and Gas Fires

In an article which recently appeared in the London "Evening News," Mr. Belloc, in Land and W. G. Faulkner stated: "In making gives a remarkable illustra- my inquiries I discovered one significant fact. This was that one comuse this reserves to break pany—the Gas Light and Coke Company-had among their consumers we compared the work that is 2,500 doctors who had gas fires instalten or a dozen; that 1,500 of these doctors had become users of gas during the past three years; and that not

hetance—such, for instance, as of glass. The efforts he will have a very slight, a hardly lible effect up to the breaking But when the breaking point, it comes suddenly and the respirate to the general adoption of gas fires and cooking appliances. Wonderful strides have been made, in spite of the substitute of the su

your moment rightly then the possession of a reserve is decisive. You have risked a great deal. You have worked with too thin a line perhaps in your determination to keep back eat deal would depend upon your your last reserve for the decisive

> "You have heard a great deal of to suffer the acute anxiety of waiting for the decisive moment, and wondering, perhaps, whether it will ever come. The whole method means the severest control of oneself and of one's supporters, as well as the most exact judgment. But if you do use your judgment exactly and resist all temptation to use your reserve too early, then the method is the most decisive possible in war.

"Napoleon's later campaigns give numerous examples of both success and failure in this method. At Ligny he used his reserve just in time; at is the reserve. The whole point at all; with the result that the action reserve is that you cannot have was not really decided. At Waterloo use it too. The risk of work- he perhaps used it too late, though with a great reserve (as Napol- that in its turn was due to the blun- joined!" did in all his later battles) is der Ney made in launching his cavalmless you judge the exact mo- | ry too early. The position in France rightly in which to use it, you and Belgium at this moment is, on a worse off than if you had no re- very large strategical scale, what knowledge. re at all. It is evident that to these and other actions were on a with a large reserve means to small tactical scale, and as truly with a correspondingly weaker there, as in battles of a hundred years eral force at the front, and if you ago, everything will depend upon the our reserve by throwing it in moment in which it is thought wise too early or too late you will to use the reserve, and everything run that heavy risk of working | will be lost if for any reasons it were

Pound for Pound

-there's no food that equals Grape-Nuts in concentrated

"All-wheat food" sounds good to most people, but

More! Grape-Nuts is long baked and digests quick-Most wheat foods—bread for instance and some so-

Grape-Nuts food digests generally in about one hour.

Being highly concentrated, there's more actual food

Grape-Nuts contains the vital bone, muscle and nerve

naking phosphates necessary for health and life, but

acking in most wheat foods—white bread especially. A

daily ration of Grape-Nuts readily makes up for this lack.

value, weight for weight, in Grape-Nuts than in some

called breakfast foods—require 21/2 to 3 hours for diges-

Grape-Nuts goes one better. It not only contains the en-

tire nutriment of wheat, but also the rich nourishment



poverty, with all its woes, they coln used to study law by feeble candle light, while stretched upon his couch of winter night. Himself he had to edu-

deep-rooted prejudice. A gas fire, burning with a flue, is an admirable agent for heating a room; and, as a scientist, I fail to understand how such a gas fire dries the air in a room more than any other fire."—nov17,tf and with sage, and they'll arrive some day. Alas, such helpful wholesom joys, appeal not to the fool; where one run it in vain. But if you do judge thus reads, a thousand boys are busy playing pool. I've read ten thousand sprightly tales of boys who rose to fame, from whacking mules or splitting rails, or kindred humble game. ed for this reason. The halls of congress always show a score or more of men, who in the days of long ago hoed corn to earn a year And everywhere the great and good grumbling from the people suffering from small beginnings rose; they milked the cows and sawed the wood, and coiled the garden hose. I've nevtions prove the rule!) who reached a skill at playing pool.

QUICK-WITTED ATKINS.

stories of quick repartee by soldiers. The hero of each was an R. A. M. C. orderly. Mr. Thomas Atkins No. 1 was being impressively warned by a hospital sister before going on night duty against the criminal offence of

put through his paces by another hospital sister as regards his practical

"And what would you do in case of collapse?" she asked. "Give him some brandy, miss."

"But supposing you had no brandy?"

"Sure, then, I'd promise him some,

rewards. As Lin- Messages Received Previous to 9 a.m.

OFFICIAL.

LONDON, Jan. 14. WALT MASON straw, on many a To the Governor, Newfoundland: The French Government reports

go to press some boys are striving The Russian Government reports hard, in poverty and grim distress, to some progress in East Prussia, and gain the world's regard. In garrets further Turkish defeats in the Cau-

BIG LOSS OF OFFICERS.

Prisoners taken in Flanders by French troops assert that 27,000 Ger man officers already have been killed, and that the formation of the new army corps has been seriously hamper-

BRITISH REINFORCEMENTS.

PARIS, Jan. 14. Both the French and Germans have been reinforced on the Moyon, Sois-France from England to strengthen silenced the Austrian artillery. The Chaplain-General tells two good up the Allies' line at points where other support may be deemed neces-

FEAR FURTHER RAIDS.

AMSTERDAM, Jan. 14. ish aviators similar to that which re-"It's all right, miss; there ain't no cently caused severe damage at Cuxfear of that," he said, with a twinkle haven, is indicated by a decree issued in his eye. "I was a poacher before I at Berlin, placing Hamburg and other cities under martial law. Lights in Mr. Thomas Atkins No. 2 was peing all the cities are dimmed at night.

KING VICTOR AT AVEZZANO.

AVEZZANO, Jan. 14. ruins and watched the work of res- right bank. cue, which is being -carried on by troops, with the assistance of civilians. Persons most seriously wound- forcements to their support. ed, are being attended to here; others are sent to Rome.

WIDESPREAD RUIN.

LONDON, Jan. 14. A despatch from Rome says the member of the Chamber of Deputies for Lipau, has telegraphed to the capital that the disaster yesterday ued throughout January 12 and 13. surpassed the Messina catastrophe. Ruin is more widespread and injury to life and limb much greater. The Central News publishes a despatch from Rome, giving the recital of an Avezzano refugee. "I can best describe Avezzano by calling it an immense cemetery," this man said. "From the ruins of the college for young women we heard frantic calls for help. 'There are one hundred and forty of us still alive here. Help us quickly!' Soldiers and civilians rushed to the scene, and when I left were doing thei: best to cut a way through the mass of ruins. I believe that twenty other towns have suffered severely. This includes Coleno with 20,000 inhabitants.

The experience of a passenger on moving train which was thrown from the track by the earthquake, related surrounding mountains, where there had been towns. I could merely see enormous whirlwinds of dust and smoke, and apparently the towns existed no longer." The despatch adds that almost all the way to Tivoli the buildings along the railway line are in ruins. Troops sent from Rome were able to rescue hundreds of persons in many places, but cries for help are heard from beneath the ruined buildings, and in a large number of instances it was impossible to effect a speedy release of the victims. It is estimated that four thousand persons are buried alive under the

wreckage at Avezzano. Throughout the night, shouts for help could be neard. In one instance a school dren, many of whom are still alive. employee of the municipality at Avezcity, says the dead include the subprefect, the members of his family, the whole staff of the prefecture, the staff of the law courts, the mayor and all the members of the municipal council. Ninety-five out of a hundred soldiers, who comprise the garrison very bitter fighting northeast of Sois- lost their lives, and four out of seven customs officials, and eight out of nine local policemen. This man was on the street when the shock came To him it seemed as if everything fell to pieces at once and an immense

RUSSIAN PROGRESS.

completely veiling the sky.

cloud of dust arose from the ruins.

PETROGRAD Jan 15-(Official.) Yesterday we made progress on the

The cavalry of the enemy in this region were repulsed, leaving Serpetz in possession of our vanguard.

On our other fronts nothing has occurred other than skirmishes and artillery duels.

Our reconnoitering parties have sons. Berry au Bac, and in front of been active on the left bank of the er heard, though, of a wight (excep- Laon, and fighting around Crouic Vistula, and isolated German attacks Ciffies and Hill No. 132 is very severe have been easily repelled by our fire. great and shining height through with alternate bayonet charges and On various portions of the Austrian artillery bombardments. Five hun- front, the enemy tried to cannonade dred thousand more British troops our position with heavy guns, but are reported to be on their way to the efficient fire of our batteries soon

A GERMAN VICTORY.

LONDON, Jan. 15. A reverse of the Allies along the River Aisne in the neighborhood of Soissons, is admitted in the latest offi-That Germany fears raids by Brit- cial French statement, although the possible effect of the German advance is officially minimized.

> After . continuous engagements which lasted nearly two days, the Germans forced the French to yield in front of Vregny, to the east of

Office that the flooding of the River Aisne destroyed several bridges and King Victor Emmanuel arrived thus rendered precarious communicahere this afternoon. He inspected the tion with our troops operating on the

> These troops were withdrawn as it was thought impossible to send rein-The success is a partial one for our adversaries, says the French state-

ment, but will have no influence or Emperor William himself was pre sent at these operations which resulted in the capture of several thousand French prisoners, and were contin-

AVEZZANO'S HEAVY DEATH TOLL. LONDON, Jan. 15.

A despatch to the Morning Post from Rome says in the Marsi region around Lake Fucino at Avezzano, there are 20,000 victims of the earthquake. Deputy Sipari, who represents Avezzano in the Chamber of Deputies, has asked for 25,000 soldiers and material for huts. Fifteen other towns were destroyed in Marsi and others damaged. Of 12,000 inhabitants of Avezzano only 100 survive.

HOCKEY .- The St. Bon's and Terra Nova's practiced at the Prince's Rink last night. The former will comprise practically the same players as last year while the Terra Nova's will be made up of all new material, with one exception.



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THE "WALTHAM" Military Wrist Watch.

This Watch straps to the wrist for convenience, and to make it secure against loss. It is neat, light in weight, and will keep accurate time under all circumstances. It is fitted with a special military dial with heavy numerals and heavy hands.

Made in Solid Silver, very strong and durable and is just the thing for a Gift to the Volunteer.

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\$15.00.

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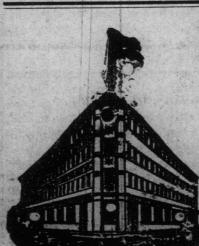
We carry in stock for Spring trade an attractive stock of Regular Piece Goods and Pound Remnants. Prices:

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Stools, Music Racks, Fern Stands.
Kitchen Cabinets, Fire Irons.
Card Tables, Children's Sets.
Pedestals, Rocking Horses, etc., etc.

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Duckworth & Gower Mirett

Welcome your guest with a biscuit and a glass of Dry Sack Sherry — it's a graceful, old-

JOHN JACKSON

A SURVIVOR'S STORY. LONDON, Jan. 15. in a despatch from Rome to the Central News, is as follows: "Our train was near Lake Fucino, when the earthquake occurred. There was one shock of great violence, followed by three others. The train was thrown off the rails and many passengers were injured. I climbed out on the train and gazed around the lake and

rape Nuts

Ready to eat from the package, appetizing, nourish-"There's a Reason" for

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