

**BROS.**  
Telephone 1458

## GRAPHS

Everybody to-day is talking about their summer holiday plans. Naturally your holiday is planned whereby you have the most pleasant and enjoyable trip. To add to your enjoyment let us help you with a suggestion: A Phonograph will give you all the music you desire.

Which plays all  
We have **75.00**

kers-In old history... **8.50**  
PS-In Willow and... **7.00**  
n; from each \$2 to... **6.50**



The Pirates' Hoard

**Wood's Phosphorine**  
The Great English Remedy  
Tones and invigorates the whole  
nervous system, makes new blood,  
in old Value, Cures Nervous  
Weakness, Headache, Dizziness,  
Loss of Energy, Fatigue of the  
Failing Memory. Price 25c per box.  
One will please, six will cure. Sold in  
all drug stores or mailed in plain pkg. on receipt  
of non-refundable mailing fee. THE WOOD  
CIGARETTE CO., TORONTO, ONT. (Formerly WOOD)

EN IN NIAGARA FALLS, N.Y.

stop at

**THE PARK HOUSE**

Hot and Cold Water in Every

Room. All Conveniences

24 1ST STREET

**POT**

**ASH**

**PAID FOR**

**FACTORY**

**ONDS OR**

**ORDON**

**COMMON**

open Saturday Till 9 p.m.

**John W. Gordon**

Room 1 Phone 49

5 James Street

**Why? not**

Seek the best. The

price is the same; but

the quality of our

Bread is superior.

Good Bread is essen-

tial to man's health.

To be sure of the

good kind

**EAT**

**SIMMOND'S**

**BREAD**

Simmond's Bakery

Phone 1190

279 St. Paul St.

## Farms Wanted for Soldier Settlers

Powers are proposed to be granted at the approaching session of Parliament to The Soldier Settlement Board of Canada to purchase lands to be resold to qualified returned soldiers settling on land. In the case of undeveloped lands the Board will be granted powers of forced purchase at prices judicially determined.

To enable soldiers to locate in any district in Ontario that they wish, the Advisory Board for the Province of Ontario desire to have filed with them a full description and lowest cash prices on a small number of select farms in each district of the Province, available for purchase.

The public are hereby informed that this land is for returned soldiers, and no tenders to sell are requested except for land of good quality and location, and reasonable value, making possible the success of the soldier as a farmer. The purchase price in all cases will be fixed by the Board after the land has been inspected and valued.

The information received will be treated as confidential. No commission will be charged or paid. No offer to sell will be binding on the person offering unless a sale is effected, and no obligation will be on the Board to accept any offer.

If application from a returned soldier be received for a farm listed with the Board, a valuation for such farm may be at once made by the Board and, if approved, negotiations may be entered into for the purchase and sale thereof. An approved list is desired for each district of Ontario.

Address all Communications to

W. M. Jones

Provincial Supervisor.

**The Soldier Settlement Board**

32 Adelaide Street East Toronto, Ontario

K.B.—Advertisement approved—Ontario Loan Advisory Board

H. C. SCHOLFIELD, Chairman

### AGENTS WANTED

MAN to work this city refishing chandlers, brass beds, automobiles by new method. \$10 daily without capital or experience. Write Gunmetal Co., 315 Elm, Decatur, Ill.

YOUNG, well dressed, man, to travel and sell goods. Permanent position and good chance for advancement. Must be able to start at once. Call evenings, International Hotel, all this week. C. D. Murphy.

### SALESMEN WANTED

Sell stock in Oil Companies. Make one thousand dollars week. Hundred dollars invested. Traphooters paid Sixty Thousand. Supplies free. Write Big Southern Company, Fort Worth, Tex.

### FOR SALE

FOR SALE—McLaughlin Runabout Wagon, two seats, good condition. Allen Oil, Pontilich, Phone 15 R. 2 Ridgeville.

FOR SALE—Gilbert Upright Piano. Special terms if sold this week. Apply Mason & Risch, Limited, 91 St. Paul Street.

FOR SALE—Ford Touring Car, in first class condition, a bargain as owner is leaving city. 111 Lowell Ave.

FOR SALE—200 shares Hoffman Oil & Refining Corporation, \$1.25; 200 shares Buffalo Oil & Refining, \$1.25; 100 shares Harrow Motors, \$3.25. J. M. Townes, Little Rock, Ark.

FOR RENT—Five roomed cottage close to Lake shore, at Port Dalhousie. Pleasant surroundings. Apply Mrs. J. M. Elson, 109 Queen Street; telephone 2084.

FOR SALE—Edison Talking Machine regular price of machine \$205.00 with eighteen double-sided records, Victor attachment, complete with guarantee \$225.00. Reasonable terms to responsible party. Apply Mason & Risch, Limited, 91 St. Paul Street.

### TEETH—TEETH

DRS. MOYER AND MOYER, 1407 Main street, Moyer Bldg., Niagara Falls, N.Y. Guaranteed painless dentistry. Good set of teeth \$7.50, heavy gold crown \$5. Write for our free dental price list. We pay your car fare. Business established over 25 years. Work guaranteed.

CHATHAM, June 11 (Special).

CHATHAM, June 10 (Special).—Official notice has been received by County Road Superintendent L. A. Pardee that the department has approved of the River road on the north side of the east branch of the Sydenham as a county Provincial road. Work of construction will start shortly.

### WANTED

WANTED—Boy for St. Paul Street Paper Route. Apply Journal Office.

WANTED—GENERAL SERVANT. Apply Mrs. Adam Martin, Box 1112 Thorold.

Be Your Own Boss start a cut-rate grocery business of your own. \$25 to \$50 invested should earn you \$25 weekly. H. V. Martin, Windsor Ontario.

### PROPERTIES FOR SALE

\$2300.00—On Monk St. One storey frame dwelling with three bedrooms all decorated and in good repair, lot 30x125. Small cash payment required.

\$2400.00—On Richmond Ave. One storey frame dwelling with hot air furnace two bedrooms, three piece bath, taps inside and out, lot 32x78. Small cash payment required.

\$2600.00—On Maple St. One storey frame dwelling latest design with six rooms, three bedrooms, on large lot 42x130. Will accept small cash payment.

\$3000.00—On Haynes Ave. Two storey frame dwelling with three bedrooms, large lot with barn and driveway. Will accept small cash payment.

\$3200.00—On Haynes Ave. Two storey frame dwelling with garage and every convenience, all in first class repair. Will accept small cash payment.

KERNAHAN & GRAVES

14 Queen St.

Phone 33

**CASTORIA**

For Infants and Children

In Use For Over 30 Years.

Always bears the

Signature of

64 dft

### HIGH FOOD VALUE OF CANADIAN FISH

Demands Would be Much Greater if Result of Government Analysis Were Known.

A Governmental analysis of the food values of certain Canadian fish has just been completed at Ottawa, and the Canadian Trade Commission believes that if the results were widely known there would be a much greater demand for the products of our waters rather than for the foreign brands of fish, which have merely a wider advertisement to recommend them. For instance, in four classes of the much boasted Norwegian sprats and bristlings packed as sardines, the salaries given are 1,314, 1,640, 1,663 and 1,774 Canadian little herrings, our equivalent fish also packed as sardines contained 1,832, 1,720, 1,649 and 1,795 calories, respectively.

### High Food Value

The same revelation is made in the case of herring—the Canadian variety stands out for its better food value. The best known British brand packed in tomato sauce, contains only 775 calories, as compared with four leading Canadian varieties of 890, 1,061, 1,081 and 1,024 calories.

The calorie, it may be mentioned, is the recognized measure of nutrient in foods, just as the pound is for weight, and the yard for length. The higher the calorie for the same price, the better the value of the food.

The Trade Commission is omitting no occasion to point out the advantage of consuming Canadian produced food within the Dominion both for its excellence and for its undoubted cheapness compared with imported classes.

### WHEN MILLIONS

### COUNT FOR LITTLE

Estate of a Multi-Millionaire Gets Into Difficulties on Account of Succession Duties.

Every once in a while there appears in the papers a story that carries a striking lesson, remarks the "National Underwriter." This recently came to light in the application to sell property belonging to the late John T. Milliken, of St. Louis; whose estate is estimated at \$20,000,000. The point of interest is the fact that there was not sufficient money to pay immediate obligations.

Here was a man worth \$20,000,000, yet he had not enough liquid assets to meet current needs. A man of his great wealth probably had no liquid assets because he felt that, he could make more money by creating a different kind of an estate. Yet his great estate, or at least part of it, will be sacrificed because the cash is lacking to meet the immediate demands. Mr. Milliken is said not to have been interested in life insurance. He spent vast energy and thought in building up his tremendous fortune, and yet, at the critical time, his estate needs the cash to save the property.

There are inheritance taxes of \$2,000,000 to meet Mr. Milliken could easily have carried sufficient life insurance to satisfy the demands that would be made on his estate in a short time. The St. Louis "Republic" carried the following story regarding

### SLEEPLESS NIGHTS

### OVERCOME BY

### SAFE METHOD

### SUGGESTIONS GIVEN WHERE

### BY INSOMNIA CAN BE SAFELY

### AND QUICKLY CURED.

Worry, overwork, overstudy and indigestion cause insomnia. Healthy, natural sleep can't be produced by drugs.

First, the blood circulation must be improved:

Congestion of blood in the head must be removed.

Irritation in the brain must be relieved.

It's because Ferrozone equalizes circulation, because it soothes the irritation, because it removes congestion that it does cure insomnia.

For building blood and nerve, for instilling force and life into overworked organs, for establishing strength and vitality, where can you find anything so efficient as Ferrozone?

Remember, sleep is just as important as food.

You must sleep or break down, but if you'll use Ferrozone and thereby remove the conditions which now keep you from sleep, you'll get well quickly.

Ferrozone is not a narcotic, not a dope; it is a health-giving tonic that any child or delicate woman can use.

Absolutely safe is Ferrozone.

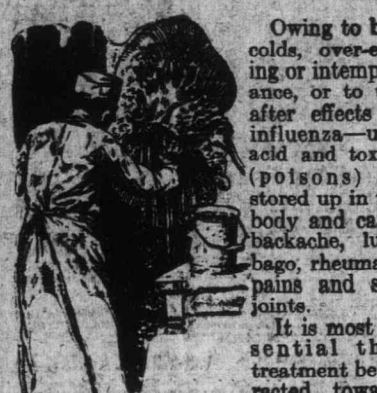
Take it for a month, take it for a year—no harm, but immeasurable good will result.

To sleep well, look well, feel well, to be free from depression, nervousness or blues—use Ferrozone. It's a food tonic, a healer to the weak and wretched, a bon to the sleepless—sold in 50c boxes, six for \$2.50, at all dealers, or direct from The Catarrh Co., Kingston, Ont.

### Wash The Kidneys!

### After Bad Colds or Influenza

### Look to Kidneys and Bladder!



Owing to bad colds, over-eating or indigestion, or to the after effects of influenza—uric acid and toxins (poisons) are stored up in the body and cause backache, lumbar, rheumatic pains and still joints.

It is most essential that treatment be directed towards prompt casting out of the poisons from the body which cause these pains and aches. This means that the excretory organs—the bowels, skin and kidneys—should be excited to their best efforts. Every one should clean house—internally—and thus protect one's self from many germ diseases, by taking castor oil or a pleasant laxative such as Dr. Pierce's Pleasant Pellets, which are made of May apple, aloes and jalap. Take these every other day. This will excite efficient bowel action. If you suffer from backache, irritation of the bladder and the kidneys, shown by the frequent calls to get out of bed at night, considerable sediment in the water, brick-dust deposit, perhaps headache in the morning, you should obtain at the drug store "Auric" (anti-uric acid), first put up by Dr. Pierce.

To build up the strength and improve the blood, take an iron tonic such as "Ironie," manufactured by Dr. Pierce, to be had in tablets at drug stores, or some good herbal tonic such as Dr. Pierce's Golden Medical Discovery, made from wild roots and barks without alcohol, and put up in tablets or liquid.

the predicament in which the estate found itself.

An application to the probate court to sell property belonging to the late John T. Milliken, millionaire, chemical manufacturer, oil and grain dealer, whose estate is estimated at \$20,000,000, yesterday disclosed that there is not sufficient money on hand to pay immediate obligations, including expenses of his last illness and funeral and the cost of administration.

The application was made by John G. Lonsdale, president of the National Bank of Commerce, and Dr. H. W. Loeb, executors of Milliken's estate. The application recites that Milliken, at the time of his death, was indebted in various amounts, secured by pledges of stocks, bonds and other securities.

He also owed, it is asserted, personal bills aggregating a large amount, in addition to the expenses of his last illness and funeral and obligations of a preferred class, which must be paid first. The application also states he left a comparatively small amount of cash, which is insufficient to pay the claims and meet the administrative expenses. Permission was asked to sell at private sale stocks, bonds and other securities to meet the demands.

### THE VALUE OF A GOOD PIANO

A good piano is a positive necessity to every musical student. Yet there are few parents who know how to select the right instrument for their children.

One of the greatest obstacles to the acquisition of a trustworthy piano is the piano salesman who delivers pianos on free trials, in homes where the people are ignorant of music and entirely incapable of judging a really good piano. A brilliant tone and fine showy case are often the main things looked for in a piano by this class of people. The result is that they purchase a cheap piano, whose tone grows brassy and harsh after three or four years' usage. For the same price had they only known, they could have bought a good standard piano that would have lasted through their children's practice years, and which would still be an excellent instrument after they had reached their musical goal.

Before selecting a piano always get someone who genuinely appreciates musical tone—an artist, if possible—to give you his honest opinion of its merits or put yourself in the hands of a reliable dealer. He is anxious to have you provided with an instrument that will give you permanent satisfaction. It is impossible to create artificially any musical composition on a piano that has faulty action or which lacks depth of tone.

Poor pianos, or even good pianos not properly tuned, are frequently the cause of students quitting their music in disgust and thus abandoning a profession which would have meant both pleasure and profit to them.

### TRIPLETS SURVIVE

### SIXTY FIVE YEARS

COBourg, June 11.—John Henry Macklin, one of triplets born more than 65 years ago to the late Edward Macklin and his wife, Dorcas Staples of Haldimand township, is dead at his residence at Hagerman's Corners. The others are: Thomas R. Macklin of Fenella, Haldimand township, and W. L. Hamilton township both prosperous farmers. Other brothers are George of Fenella and Fred of Southern Nebraska.

### STIMULATING MUSICAL PROGRESS

People who have no great desire to learn to play or sing will find abundant satisfaction with self playing instruments such as the player piano and the phonograph to say nothing of the vast number who care absolutely nothing at all for music. "When we purchased a phonograph," said a gentleman in a large western Canadian city recently "people said we would lose interest in our own music as we would prefer to 'run a piece' through on the machine rather than practice it on the piano. But we have found that the talking machine has had a wonderful effect in stimulating our interest in music and now our children are trying daily to duplicate the playing of the records of famous artists."

Untold good in musical progress has been accomplished by the phonograph. In the vocal study of today the reproducing instrument is becoming a real necessity on account of its invaluable assistance to the teacher and pupil while in the public schools the question is already being mooted with the object of using it in developing music appreciation in the minds of the children. Certainly the phonograph is a great incentive to thousands to try and do something with their music.

### VERY SIMPLE CURE FOR BAD COLDS

Let your cold gain headway and you can't keep it from running into Catarrh.

Catarrh never stays in the same place—it travels down into the lungs, then it's too late!

Drive colds and catarrh right out of your system while you have the chance.

Easily done by inhaling Catarrh-ozone, which instantly reached the true source of the trouble, gets right where the living germs of catarrh are working.

### CATARRHOZONE

A Convenient Inhaler Treatment is the Proper Remedy to Cure.

Hawking and spitting cease, because the discharge is cured. The nostrils are cleared, headache is relieved, breath is purified. Every trace of catarrh, bronchial and throat weakness is permanently cured.

Shun medicines that contain harmful drugs—use a safe remedy that is prescribed by doctors, that is used in hospitals, that is endorsed by thousands. Catarrh-ozone has cured. For winter ill there's nothing half so good.

Two months' treatment, large size, price \$1, and guaranteed. Small size, 50c, trial size 25c, at dealers everywhere.

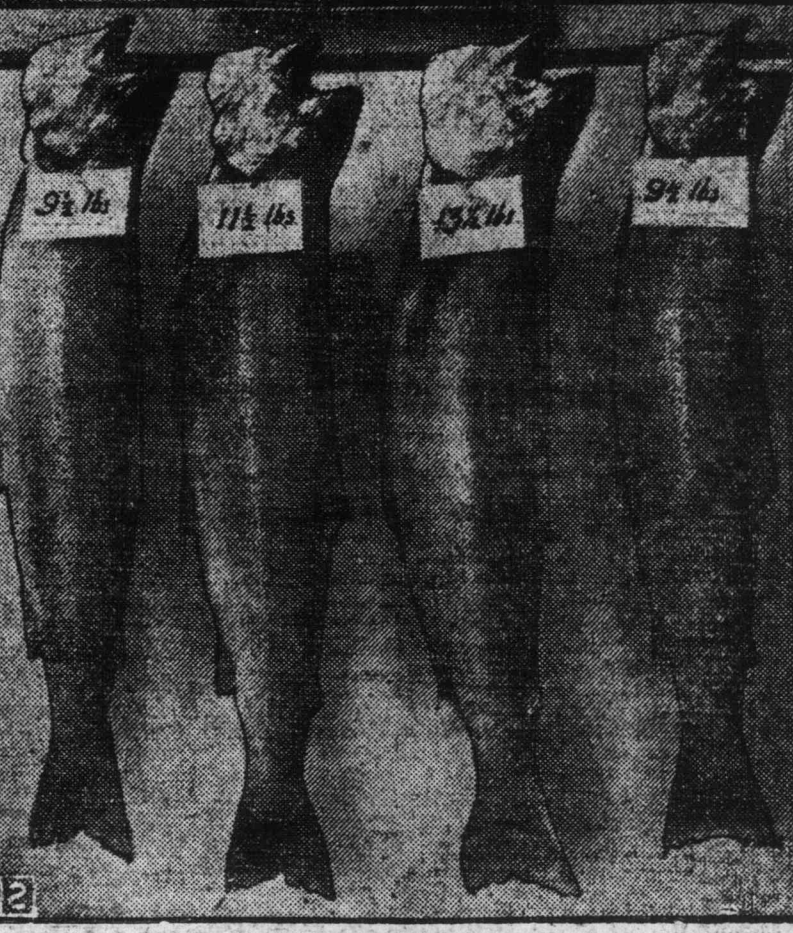
## A Wonderful Fishing Region



THE rivers and lakes in the vicinity of Cranbrook, British Columbia, on the Crow's Nest line of the Canadian Pacific Railway, are happy and prolific haunts for lovers of fishing. All these waters are well stocked with mountain and out trout, rainbow trout, Dolly Varden trout, bull trout, landlocked salmon or Kamloops trout. Excellent catches are made in the fishing season. For most amongst the fishing waters of this region are: St. Mary's Lake and river, Kootenay River, Moyle Lake and river, Gold Creek, Cherry Creek, Perry Creek Lake, Doyle's Lake, and Premier Lake. Perhaps the favorite rendezvous is Premier Lake. This lake is situated about thirty-eight miles from Cranbrook. It is three and a half miles long and one mile wide. Mountains surround it on every side, and it is very deep. There is no visible outlet for the waters. Springs that rise adjacent to the lake and streams from the mountain sides rush to rest in its placid bed.

On August 12th, 1915, the Game Conservation Board of the Eastern District of British Columbia furnished Premier Lake, along the Kootenay Central Railway, a branch of the C. P. R., with 10,000 Kamloops trout fry, each one then being about three-quarters of an inch long. A prophecy was made that the fry within four years would develop into fish weighing between twelve and fifty pounds. The accompanying illustration shows some of the fish caught, within three years old.

Realizing the sporting possibilities of the Cranbrook region some of the residents met in Cranbrook on November 7th, 1917, and formed the Cranbrook District Rod and Gun Club. A hatchery was started in Cranbrook; 200,000 eggs were brought in and incubated. The enterprise was a huge success, and fry were distributed: 75,000 in St. Mary's Lake, 32,000 in Rock Lake, 25,000 in Premier Lake, 50,000 in Moyle Lake, 2,000 in Doyle's Lake, about 4,000 in Perry Creek Lake. These fish will grow up at the age of four years, and



Landlocked salmon caught in Premier Lake, British Columbia, on May 15th, 1918.

when they begin to multiply in the natural way it is certain that Cranbrook will be one of the finest fishing districts in the world.

The best season for fishing these waters is from May 1st to June 15th and from August 1st to September 30th. The fry is used generally with success. Trotting will bring good results in St. Mary's, Moyle and Premier lakes.

Distances from Cranbrook to the different fishing waters vary, but some of the lakes and rivers are difficult of access. Good automobile roads radiate in all directions.

The scenery of the Cranbrook fishing district is beautiful, and in addition to a cool laden with splendid trout, the fisherman will bring home with him memories of a landscape as fair as the eye can anywhere behold.

Signature of

64 dft

64 dft