## ACUTE NERVOUS EXHAUSTION

All Treatments Proved Useless Until He Tried "FRUIT-A-TIVES".



MR. JAS. S. DELGATY. R.R. No. 4. Gilbert Plains, Man.
'In the year 1910, I had Nervous
ostration in its worst form; was
used in weight from 170 pounds

reduced in weight from 170 pounds to 115 pounds.

The doctors had no hope of my recovery, and every medicine I tried proved uncless until a friend induced me to take "Fruit-a-tiver".

I began to mend almost at once; and after using this fruit medicine for 3 or 4 months, I was beek to my normal state of health.

I never had such good, health for twenty years as I have enjoyed the past six years. We are never without a box of 'Fruit a-tives' in the house".

JAS. B. DELGATY.

Bôc. a box, 6 for \$2.50, trial size 25c.

portation the lift; ne; I the botte, and many posts. If problibiter is good for wartime, it is better for peace, for that is a longer time. There is then time to establish for the sation the good habits formed in time of war. Or Iriving Plaker, Vale University, President American Economic University.

Re-Making Mesopotamia.

EUPHRATES VILLEY PRODRCE GREAT
RTTHARVEST SINCE DAYS OF
NEBUCHADMEZZAR.
The irigation engineer has followed the army along the valley of the
Euphrates, and as a result Mest pota-Raphrates, and as a result sees post-mia will probably yield a greater har-vest this year than it has produced since the days of N bushadorzzar. Neatly a hundred caughs which had fallen into disuse base been dug out-and as a re-nit three bundred thous-and screes have been brought under cutivation. This will not only meat

cuitivation. This will not only meas prosperity to a country long largely waste; but it will reduce the tonnege required for foodstuff on the line of commonication by thousands of toos. The greatest surplies of all came, howe er, when, for the first time, electric lights were turned on let treets of the city. Some of the native due to the city. Some of the native due to could produce such brilliant tip I no could produce such brilliant. tive I no could produce such brilliant tight. Others asserted that if was male and sense, the latter being the lights of the city, while the male were kept in the pockets of the Englishmen.

A system of aducation has also been insugnated in this city of Ras.

With tourding lips and an air of great importance, the small boy of a Sunday school in Belfast imported the happy fact to his teacher. 'The devil's dead,' he said.

'What makes you think that?' said

## Save Food

In a time needing food economy many people are not getting all the nourishment they might from their food.

It is not how much you eat, but how much you assimilate, that does you good.

The addition of a small teaspoonful of Bovril to the dict as a peptogenic before meals leads to more thorough digestion and assimilation and thus saves food, for you need less.

Thanksgiving Surprises

The first of the control of the cont camonflage. It has been scientially shown that the typesetter wis consegues of beer is, to that exiting.'

The victim replies You have every thing?'

The victim replies You have every to the large one, is cook, and so was a deliberate sort that the did to the large replace was a deliberate sort the living cash, and the large replace was a deliberate sort the large replace was a deliberate was a deliberat

Children Cry
FOR FLETCHER'S
CASTORIA

travel and her exertions and demined to go to bed, but first she wr
a little note which, without taking a
tremble to turn on the light in
Minard's Li liment Cares Distension

parents' bedroom, the punned to a pinRashino on the bureau tibers. R said:
"Guess what has happened. If you
can't guess then-look in the kitchen
refrigerator, and, if that doesn't tell
you, peep into the little bedroem and
see who'n there."

This was the note that Colin Dare,
old bachelor friend of the Yates' found
on the pincushion when he returned to
his room at eleven after an especially
trying evening spent with a client in
his law offices. The landwriting was
unfamiliar to him and there was noth
ing for him to do but to follow the lastructions of the note. He looked at
the heautfully filled lardes may still
in doubt, peeped into the liftle bedroom that, for aught he knew, had not
been touched since the original tenants of the door to see hortense's curls on the pillow and then wi as stently as he had approachs piezed with what was an ext difficult question to solve.

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A new Merca is beckening to de- their heavy burdened boughs of The ratiway/company has purchated votes of art and religion. Its ripened apples. They will come at this meadow and will make it into many is Nova-Scotic Aircady all seasons to picture the quaint on its fine and and the religion of the ground of the properties of the grand with a ranting pictures; roundings.

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rt Williams Fruit Co. 🕿

Bran and Middlings,

Te have a limited supply suit-for renewing strawberry plan-ons or fall use in the orghard, sale at reasonable prices,

rsenata of Lime

For use on Potatoes.

en Wednesday mornings

art Williams, N. S.

rise girl goes to a neight o study music when the field at home is overwork

Children Cry
FOR FLETCHER'S
ASTORIA

the artists have made their pligrimage in sharfolk sakes one to picture the quality and offered apples. They will come at this meadow and will make it into the artists have made their pligrimage in sharfolk sakes the artists have made their pligrimage in sharfolk sakes and returned with charming pictures of Exangeline's Land. A coltection of sixty paintings, the work of six New York me, known as the Nova Scotla Group, were exhibited recent by in New York me, known as the Nova Scotla Group, were exhibited recent by in New York and clicited much praise.

The Dominion Atlantic Raifway to Narmouth, takes you known to the Rev. C. V. The Commandation of Crand Per you will find a transfer is the promise of the Sociation of Crand Per you will find a transfer is the promise of the Sociation of Crand Per you will find a transfer is the promise of the Sociation of Crand Per you will find a transfer is the promise of the Sociation of Crand Per you will find a transfer is the promise of the Sociation of Crand Per you will find a transfer is the promise of the Sociation of Crand Per you will find a transfer is the promise of the Sociation of Crand Per you will find a transfer is the promise of the Sociation of Crand Per you will find a transfer is the promise of the Sociation of Crand Per you will find a transfer is the promise of the Sociation of Crand Per you will find a will be received by the strength of the Sociation of Crand Per you will find a will be seen to the Sociation of Crand Per you will find a will be seen to the Sociation of Crand Per you will find a will be seen to the Sociation of the Sociation of Crand Per you will find a will be seen to the Sociation of Crand Per you will see the Sociation of the Sociatio

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