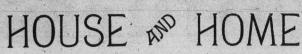
THE TRUE WITNESS AND CATHOLIC CHRONICLE.



CONDUCTED BY HELENE.

True Witness

the use of stencils. To use the stencil successfully start at one corner of the room, press the stencil firmly against the wall, have the material that you are going to stencil mixed up ready for use, dip the ends of your brush in this and simply rub it across the face of the stencil, being careful not to get too much stuff on the brush so that it will run in back of the stencil and blur or blot, says Coun-try Life in America. When you finish one section remove the sten-cil from the wall and carefully match it for the next. **Beauty Patterns**

cil from the wall and carefully match it for the next. An ordinary round paint brush is as good a stencil brush as any. Tie the bristles about half-way down, so that they will not spread, and in using just dip the tips of the bris-tles into the tinting material. HOW TO WASH FINE BLANKETS.

Many good housewives do not care to risk the laundering of their fine woollen blankets to their servants, and a word might help at this sea-son from a good housewife, who al-ways takes this task upon herself. She first shaves a half bar of yellow soap and pours it into a pint of boiling water. She stirs this until it becomes like a thick jelly and pours it into three buckets of luke-warm water. Into this she puts the blankets and washes them thorough-ly. She does not rub the soap on blankets and washes them thorough-ly. She does not rub the soap on the blankets. She puts them through a wringer and in another tub of clear, lukewarm water, then keeps on rinsing in clear lukewarm water until every particle of soap is removed and hangs on the line in the hot sun, taking care to hang them perfectly straight. She leaves them in the sun for several hours until perfectly dry, then puts them out the next day if necessary. H A A CHECKS AND STRIPES LEAD.

Smooth faced black broadcloth has been used for this model, which is particularly serviceable for a separate coat to wear over the dress of cheviot or CHECKS AND STRIPES LEAD. For practical street suits of the modified directoire type, such as are developed in beautifully finished si-cillienes, serges and worsteds, checks and stripes are far more popular than are plain effects. Many of these fabrics are in two tones of one color, although in some having wide checks and distinctly separated hair-lines are seen rather startling con-trasts. These are especially notable in the combinations of black, brown and blue, with white. The smartest looking of the circular pedestrienne skirts are absolutely untrimmed, but as not every woman wants a plain breasted front is fastened with buttons covered with the cloth in the center and having metal rims; these are of course made to order. Large patch pockets or-namented with buttons trim either side. The notched collar and revers are sim-ply siltched, to match the cuffs. The pattern is in 7 sizes-21 to 44 inches bust measure For 36 bust the coat requires 814 yards of material 20 inches wide, 4142yards 26 inches wide, 3746 yards 42 inches wide, or 3146 yards 54 inches wide. Price of pattern, 10 cents. as not every woman wants a plain garment of this character for their benefit presumably are the braidings that in every instance are put on in long, vertical lines, apparently with the sole idea of imparting slen-derness.

SHORT COATS CUT OUT. SHORT COATS CUT OUT. Occasionally one hears prophesies of the return of the short coat, and even sees manifestations of it in vel-vet or fur. For the moment the eton and pony type are in the back-ground, and long wraps are very much in the fore. Following the directoire mode, though not dis-tinctly of it, are the jackets cut off straight across the waist line, double-breasted and finished with wide, sharply-pointed revers and having short tails as a terminus for the fitted back forms, but these are merely Parisian extremes, that are destined to lose prestige with the first cold days. They are justly de-

the fitted back forms, but these are merely Parisian extremes, that are destined to lose prestige with the first cold days. They are justly de-fended by the statements that they better suit the short circular skirt than do the knee-length types, but between the two coat extremes there is the usual happy medium which is certain to take rank during the autumn and winter.

HOW TO REMOVE IRON RUST.



LADIES' TIGHT-FITTING COAT. Paris Pattern No. 2653

All Seams Allowed.

weed It is also an excellent model for coat of the suit of corduroy or velveteen, as well as for those of Venetian cloth. The long side-front seams give excellent lines to the figure, while the innumerable seams at the sides and back all curve in sharply at the waist-line.

vent is unusually long, and the fullngth sleeves, are finished with turn

back cuifs of the material. The double-preasted front is fastened with buttons

Price of pattern, 10 cents

HOW LACE CAN BE MENDED BY SIMPLE PROCESS.

Iron rust may be removed from clothing by holding the stained spot over a bowl of water to which a little ammonia has been added and applying with a small glass rod or a little piece of wood 18 per cent. muriatic acid. The instant the stain disappears immerse the spot in wa-ter, thereby preventing the acid from changing the texture of the goods Before using the muriatic acid it is best to test it on one corner of the goods. Lace mending is not such a difficult Lace mending is not such a difficult occupation as many women imagine, for it may be accomplished by any one capable of doing fine needlework who is willing to devote the neces-sary time. And plenty of time is needed for such a task cannot be hurried—in fact, it is the time this repairing requires almost as much as the skill necessary that makes the professional mender's charges seem so high. To mend lace, at least the popular To mend lace, at least the popular Irish crochet, the amateur should follow these simple processes: Takk to here a set of newspapers, lay three thicknesses of newspapers, lay ing a sheet of blue tissue paper or then basting the four together lace is then laid face downward on tissue paper, which is put then to protect the lace from the printer' ther Light blue is chosen in prefer-to white, for the reason that contrast between the blue and helps to make the mending easink ence the ier. As a rule with Irish crochet, it is the background that needs repairing and this is done with a crochet hook and this is done with a crochet hook and just ordinary sewing cotton, working in accurately the stitches to match. The filling in should be done when possible from motif to motif, even though the ravage should not extend for such a distance. Of course in such a case it will be ne-cessary to cut away threads. To mend filet lace another pro-cess is necessary, for this work must be done on a frame, and there is no-thing better for the gurpose than the ten cent slate such as school children use. The slate portion is of course removed and the frame co-vered with flannel. The lace is then basted to it, so the hole will be in the middle, where it can be easily sewed.

belligerent prize fighter; it does mean the chin well up and the head back, so the muscles at the back of the neck contract slightly. Here are a few of the improvements a held up head works: It decreases chins. the number of your It makes the eyes look bigger and It improves your carriage and pre-vents round shoulders.

It improves your carriage and prevents round shoulders.
It allows the sun to play more becomingly on your face.
It leads a pretty glow to your checks instead of to the forehead and the bridge of your nose.
The hands begin to age at 30, and there is no greater telltale of a woman's age than hands not properly cared for, says the Delineator. The woman whose hands are short and thick, whose nails look as if they had been chopped off with a coupon clipper, has much to contend with. She arouses antagonism the moment anyone looks at her hends. Without well-groomed hands, a woman is unclassed; she cannot possibly impress one as being refined. And, after all, well-groomed hands are merely a question of care; a pretty hand is not fat and pudgy, as so many people think, nor is it necessarily dimpled. Whether the skin be white or tanned to a deep brown by the rays of the sun, it must be smooth and firm and well cared for. Even a bony hand, under these conditions, is attractive to look at, and ten minutes devoted each day to the care of the hands and nails will reap a rich reward.

the nands and nails will reap a rich reward. A physician who makes a study of women's nerves and their quality of endurance, asserts that a little intel-ligence on their part would help im-mensely in going through life. The reason, he says, that women get ex-hausted after any endurance test is that they do not know how to bal-ance work and rest. He lays down the following rules, which are far better than medicine: Sleep in pro-per proportions come first. It should be taken in immoderate doses when one has just gone through a tedious time, or expects to face one. The seven-hour rule or custom should be utterly abolished. There should not be one rule for every one concerning be one sleep. rule for every one concerning Each individual should be her own judge of how much is needed. If she wants ten hours' sleep, if she can get it and feels refreshed after

Dresden silk, or plain silk, placing a pad of cotton fiannel inside the silk. Stitch firmly around the edge and bead each rim with pins of different colors. Next take two spools of with thread arrangenging in color colors. Next take two spool silk thread, corresponding in to the silk covers, and place to the silk covers, and place them between the two hearts. Lace them through the hearts with ribbon, and fasten at the top with a small bow. This not only makes a convenient pin rack, but it is a serviceable thread holder, for the spools cannot escape from the two heart holders. When the white counterpanes are too much worn for further use as bedspreads cut them in squares as large as you wish or the spread per-mits, hem them all around and use for bath towels. They are absorb-ent, soft and easily washed.

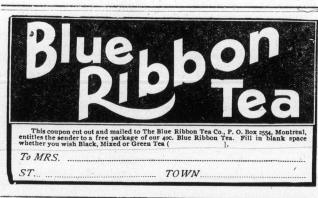
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PUTTING AWAY SUMMER CLOTHES.

An excellent mixture to prevent moth inroads is cedar, rhubarb and cloves pounded in equal quantities and laid between layers of cotton wool in bags. When about to lay away summer finery for the season, have nothing put away in a soil-ed condition. Not only do dust and dirt attract moths, but they wear away the fabric away the fabric. + + +

Bags made of cheesecloth, about, eight inches square, filled with oat-meal, some powdered borax, pulver-ized castile soap and a little pow-dered orris root and used in the bath are delightfully refreshing. The ancient Romans have a saying to the effect that a long life and a pleasant one depended on the free use of two fluids—olive oil without and wine within. The wise woman of to-day uses olive oil, but-she uses it in moderation—both within and without.

without. without. A box of powdered borax is indis-pensable at the toilet table and as a disinfectant, and will prove a valu-able aid in procuring cleanliness at the kitchen sink, and if it were more frequently used a great amount waste might be prevented in the lar der. Olive oil, taken internally, arouses a tornid liver, and the complexion



it, she should make every effort to have it. The day laborer does not need as much sleep as those who work in an office; those who work in a shop do not need as much brain repair as those who write. WEAR SATIN THIS WINTER. has no more insidious enemy than a torpid liver. It is said that rheuma-tism can find no foothold in a sys-tem fortified by olive oil. It will sometimes cure nervousness a quieting effect in cases of neural-gia and neuritis. HOUSEHOLD SUGGESTIONS.

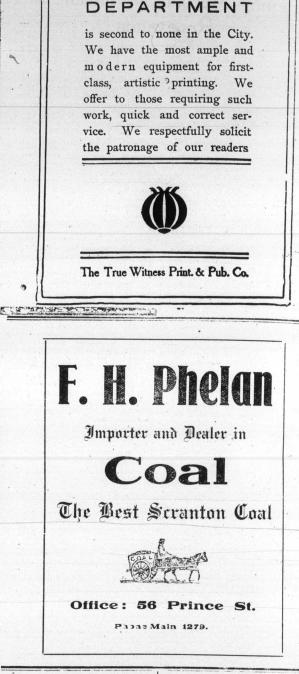
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Ing rubbed with wool saturated in ammonia. All lard to fry fritters and dough-nuts must be sizzling hot before put-ting in the batter. Alcohol and whiting make a good silver polish excellent for polishing plate glass mirrors. Black lead mixed with vinegar will be found to give a specially good polish to the kitchen stove. A picce of flannel dampened with spirits of camphor will remove stains from mirrors or window glass. A weak solution of turpentine pour-ed down the water pipes once a week will drive the water bugs away. Ripe tomatoes can be cooked in butter, and - a cupful of spaghetti added will make a tempting dish for luncheon. Rub over new tinware with lard 0

FIT FOR NEITHER MAN NOR BEAST. Rub over new tinware with and thoroughly heat it in the before using it, for thus it is tected from rust. pro



Occasionally they do funny things back in Kansas. In Winfield a re-vivalist gave out the following an-nouncement: "To-night the sermon will be "How to get to hell," and the quartet will, by special request, sing "Tell mother I'll be there." "-Los Angeles Express.

INAPPROPRIATE HYMNS.

THURSDAY, NOVEMBER 5, 1908,

THE TRUE WITNESS

JOB

PRINTING

+ + + HARD ON THE MESSENGER.

Tommy had been spanked by Miss Manners, his first grade teacher, but his next teacher had not reached the point where she felt she could do jus-tice to him in spite of his naughti-nees

ness. "Send him to me when you want him spanked," said Miss Manners one morning, after her colleague had re-lated his many misdemeanors.

text-books on the hi tion and the psycholo There is activity in C and works such as the ed are in preparation ever, the pedagogical : to Catholic teachers 1 to Catholic teachers 1 thorities is not so al available as to meet view of such conditi help one another to ed, by calling atter works which are least prejudice against the In any list of books teachers we would inc teachers we would inc on Education" and " Young," by the Ar on Education" and "" Young," by the Ar Creighton, in both of found a great amoun formation and wise s latter volume is cc from Dr. Creighton" work too long for mo as a whole, of sligi Catholics. Though p ally for the young, equally, or nearly equ

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STENCILING A WALL.

Very artistic effects can be secured by stenciling a wall. It makes a break in the plain surface, and very harmonicusiv contrasts and dainty color schemes can be worked out by

HOW TO CAN PEACHES.

To can peaches allow one-half pound of sugar to one pound of peaches. Put the sugar on the fire with a little water and let it boil until the syrup is perfectly clear. Pack the jars tightly with the peaches and fill with syrup. Put these jars in a large boiler of water. Stand them on wood and do not let them touch each other. The wa-ter should be within three inches from the top of the jar. Cover the boiler and boil until tender. When the water is cold remove the jars, fill up with boiling water and seal air tight. can peaches allow one-half

HOW TO HANG A SKIRT PROPER-LY.

It is impossible to be too particu-lar in securing straight seams when making a skirt, those at either side of the front breadth requiring more care than the back seams. Where the material is plaited over the hips the tucks should take a straight line upward into the belt and should on no account he allowed to desire. spward into the belt and should on no account be allowed to deviate et-ther toward the side or the front. Seams or plaits which curve out-ward or inward, however slightly, spoil the hang of the skirt. FOR THE BEAUTY SEEKER.

To the beauty hunter, "hold your to the face to the sun" means, do not turtle your neck or let your head settle comfortably in rolls of fiesh —hold your head up. This does not mean thrust out your chin like a ed wardrobe. It will give a new loop

ed wardrobe. It will give a new look to a last year's suit, and an attrac-tive look, too. "'A vest of this sort is generally worn with a cut away coat, but I suggest that it be made so that it can take the place of an overblouse and be worn with a guimpe of filet net."

RAGE FOR RIBBONS. The ribbon now has a star in the toilet. role

Its vogue started in France and led us. black, the favorite coiffure

It is rnament.

ornament. This is of moire or taffeta and sometimes is set off with tassels. Sometimes, too, the cravat is of a bright color to carry out the idea of the costume.

The elegante is devising many ways in which she can introduce ribbons. For instance, she brings down from her hat a broad, black ribbon, and these proved her product the state of the

her hat a broad, black ribbon, and ties around her neck. Or she slips through wide holes in her collar a band of black velvet, which she ties behind. Some of the Parisians even twist ribbon in their hair in the daytime. In buttoning little gorl's dresses sew the buttons on the wrong side of the upper piece and make the but-tonholes in the under piece, so as to button wrong side out. In this way the catching and breaking of the fit-tle one's hair is avoided and one cause of annoyance and ill temper re-moved.

AIDS FOR THE SEWING ROOM.

To make a threadholder take two pasteboard hearts and cover with

onia

tected from rust. When making gravy add a little parsley to the grease before putting in the flour, remove it after it is thoroughly cooked, add the flour, and see what a delightful change it makes in the ordinary beef gravy. GOWNS NOT OVER TIGHT.

Very many gowns worn by aristo-cratic Parisiennes show that the best dressed women, while they have re-stricted the number of their garments to next to nothing, and while drap-ing the bust, but leaving the entire arm and shoulder absolutely nude and one ankle in coquettish evidence, do not, however, drape their gowns with the tightness that some of the sensational dressmakers' models

COWAN'S Cocoa &

Chocolate

are a household word, known by everybody for

A Yorkshire squire of the good old fashioned sort met one day the vicar of the parish, a young man who had been recently appointed to the living, and, wishing to be as hospitable to him as he had been to his predeces-sor, he invited him to drop in some night and "have a glass and a bit "have a glass and a bit night and

crack." The parson, who practiced the mor-tifying of the flesh, replied that he

"Well, well," said the old man, "maybe ye can tak' a draw at the pipe with me."

"maybe ye can tak' a draw at the pipe with me.' The reply was: "I am sorry, but I do not smoke." Such unheard of abstinence com-pletely astounded the squire, and his surprise prevented him from speak-ing for a few minutes. Then he sud-denly said: "Do ye eat grass?" "Eat grass? Certainly not. I do not understand." "Well, well. Ye don't drink, an' ye don't smoke-ye're a queer 'un-and ye don't eat grass. Why, man, ye're fit company for neither man nor beast."

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About 11 o'clock Tommy appeared at Miss Manners' door. She drop-ped her book, grasped him firmly by the hand, led him to the dressing room, turned him over her knee and administered punishment. When she had finished she said :

When she had finished she sa "Now, Tommy, what have you

say?" "Please, Miss, my teacher wants the scissors," was the unexpected re-ply.—Success Magazine.

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WHERE ELSE.

A prominent citizen was on trial charged with harboring a vicious

dog. The attorney for the defense the acturney for the defense had been consulting a dog expert and had learned that if a dog holds his tail up over his back when he barks he is not angry, while if he holds it straight out behind him he is in a belligenent blocktivet

is not angry, while if he holds in straight out behind him he is in a belligerent, bloodthirsty frame of mind. Anxious to air his newly ac-quired information, the lawyer be-gan cross-questioning the prosecuting witness thus: "Now, did you notice the position in which this dog's tail was held when he came at you?" "I did not," answered the witness. "for that was not the end from which I anticipated injury. I had an-other end in view. Now, if the dog had been a hornet—" "No levity, sirl" thundered the at-torney. "Answer the question. In what position was the dog's tail when he came at you?" "I believe, sir," faltered the terri-fied witness, "that it was behind him."—Chicago news.

