

Connor. Any book with a good tone, within the grasp of children of a Sunday School age, has a welcome place. In fact, the librarian gets many a surprise when he hears the children at the library wicket giving their estimate of the books they have read.

Our latest additions were the books reviewed in *EAST AND WEST* last Christmas. We spend about \$50.00 per year on the library, and we consider it money well spent.

Books are given out for half an hour before and after the regular Sunday School time. This plan obviates the necessity of going through the School distributing books, while the lesson is in progress, and so distracting the attention of the pupils.

A catalogue is pasted on the walls, and all books in the library can readily be seen, but not handled, before a final selection is made.

It is found that the greatest demand is amongst the Junior and Intermediate pupils, while the Senior pupils make very little use of the facilities offered them. In a School of about 475 pupils and teachers there are 70 to 80 readers. The possibilities of a well equipped, well selected library, in directing the thought of the young people of a church, as well as the people of maturer years, cannot be overestimated.

Regina

### Girls' Athletics in the Sunday School

*By Miss Kathleen Ashplant*

The Girls' Basketball team of New St. James' Presbyterian Sunday School, London, Ont., was organized in the fall of 1915.

The team has had a most successful career, having won the London city championship for the three seasons of 1915-16, 1916-17 and 1917-18, and in the season, 1918-19, took second place.

Owing to the fact that there was no gymnasium in connection with the Sunday School, we found it necessary to rent the Western University gymnasium, raising the fees, which amounted to \$30, by charging an admission to exhibition games, and by socials given by the class.

The team is made up of members of the Sunday School class of Mrs. J. Rose, who has been a most enthusiastic worker for the success of "her girls" in the basketball activities, which now take front rank in the athletic exercises of our Sunday School.

We were granted the use of the University gymnasium and basketball one night a week throughout the winter months for our practices.

The first meeting of each season we elected our manager, captain and secretary-treasurer, these offices being retained throughout the year.

The games, which average about two a week, are announced each Sunday by the superintendent, and receive the loyal support of the Sunday School.

Our sport, which we ourselves thoroughly enjoyed both from a physical and a social standpoint, not only keeps up our interest in the class, but arouses a keener interest among the younger people of the Sunday School.

London, Ont.

## Guiding Through the Week Activities

BY REV. H. R. MCGILL

Workers in the field of religious education realize that the time afforded on Sunday for religious instruction and training is inadequate; and there have arisen programmes of supplementary week day activities, now embracing practically all Departments of the Sunday School.

Recognizing the necessity of such supplementary religious training, what shall be its nature? What shall we do? It is necessary to have a clearly defined goal, else we shall take the line of least resistance and our week-day meetings become merely play-time activities or physical culture classes.

One must keep in mind that the primary purpose of these additional periods is to afford expression to religious impulse, and provide such programmes as will suffuse all activities—intellectual, physical and social, with the idea of the unity of life.

These different phases are not separate entities nor watertight compartments, but must be developed in interrelation. The programmes provided by our church recognize this principle and link up the religious impulse with each of the activities.

Much should be made of the devotional period in the mid week meetings of the class. In addition to the opportunity for closer intimacy between the leader and class than is afforded during Sunday session, there should be some definite Bible study choosing material suitable to the age of the class so as to excite discussion.

In addition, the members of the class should be encouraged and taught to pray. Experience has shown that they will readily and naturally lead in this way, and the members acquire a reverence for sacred things through their sense of class loyalty and