Swimming

Having tested the waters in several exhibition meets over the past month, Dal swimmers and divers placed their season's preparation on the line in their first dual meet at Moncton last week. They came away with a win, new team records and qualifiers for the Collegiate Nationals in March.

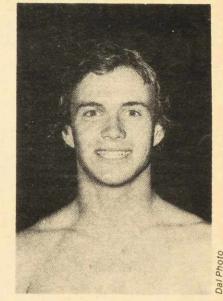
Women's team captain Jean Mason equalled the women's qualifying time in the 50 metre freestyle of 29.7, just four tenths outside her own Dal record. She joins Krista Daley who earlier in the week at Wolfville set a new Dalhousie team record in the women's 100 metre breaststroke of 1:22.6, a time also inside the National qualifying standard. Krista, in her first year of swimming at Dal, also went under the previous Dal mark in the women's 200 metre freestyle with a 2:22.4 clocking. Another first year team member, Kathy MacDonald, swam her way into the record books with an 11:42.2 clocking to improve the 800 metres freestyle mark by twenty-five seconds.

In men's competition, Dal won comfortably with many swimmers taking the opportunity to try new events. Philip Evans was just four seconds outside Peter Guildford's record in the 800 m, but this was a lifetime best for Phil Swim-A-Thon Evans. Men's team captain and 1977 MVP, Richard Hall-Jones,

displayed fast improving form with a 2:06.3 200 free, just outside the standing team record of 2:05.5

Third year student Steve Megaffin showed good early season speed with a 57.5 victory in the 100 freestyle. Geoff Camp had a busy evening following a 4:31.3 400 freestyle team record earlier in the week. Dal divers Marcel Arsenault and Ray Kelley showed they will be competitive this season, placing second and third on both boards.

This Friday, Dal faces Moncton and Memorial University of Newfoundland at 7:00 p.m. at Centennial Pool. Your support is welcomed and admission is free.



Richard Hall Jones is off to a quick start this season.

LEISURE TIME CLASS ACTIVITIES

Leisure Time Classes are quickly nearing a wind-up for first term, and those interested parties wishing to participate in second term classes are requested to register at the Athletic Office any time prior to December 16th.

Many people have already registered, so there are limited openings in some of the classes.

2nd Term Leisure Time Class Schedule

Beginning Ballet \$20.00 Tuesdays

8:30-10:00 Jan. 10-Mar. 14 Studio I -

Arts Centre

Adv. Beginning Ballet \$20.00 Thursdays

8:30-10:00 Jan. 12-Mar. 14 Studio I -Arts Centre

Women's Fitness

\$20.00 Tues. & Thurs. 12:00- 1:00 Jan. 10-Mar. 2 Lower Gym Social Dance Beginners

\$15.00 Thursdays 7:30- 8:30 Jan. 5-Feb. 16 Shirreff Hall

Social Dance Intermediate \$15.00 Thursdays

8:30- 9:30 Jan. 5-Feb. 16 Shirreff Hall

7:30- 9:00 Jan. 10-Mar. 14 Rm. 314 SUB

Mixology (Bar Tending) \$20.00 Saturday

10:00-11:30 Jan. 7-Feb. 4 Faculty Club

Yoga Beginners \$15.00 Thursdays Yoga Intermediate

12:00- 1:00 Jan. 12-Mar. 16 Rm. 314 SUB

\$20.00 Tuesdays

Swimming \$20.00 Tues. & Thurs. 5:30- 6:30 Jan. 10-Feb. 9 Kings Pool

Volleyball wins second

The Dalhousie Women's Volleyball Team participated in the 6th Dal / Acadia Volleyball Tournament in Wolfville this past weekend. The team performed very well, defeating Fredericton 15-7, 15-6 on Friday evening before meeting University of Moncton on Saturday morning in the key match of the tournament. It was a match that took nearly two hours to complete, with the lead changing hands many times and both teams coming up with key timely plays. Unfortunately, Dal lost the match 19-17, 15-17 and

15-10. The Tigers bounced back, though, defeating Newfoundland's Winter Games Team 12-15, 15-11, 16-14 and St. F.X. 15-12, 15-10.

With a record of 3-1, Dal finished second to UdeM (the eventual winner over U.N.B.), in their section.

With this experience behind them and the team blending together as a unit, they should be well prepared for their first league game next Tuesday night at 6 p.m. in the Dal gym. Admission is free, so come out and support YOUR team.

INTERNATIONAL CHRISTMAS

International and Canadian Students of the Maritime Universities & Colleges



Place! Mount Allison University Sackville, N.B. Date! December 21 Supper-Dec. 27 after breakfast.

Juaben-Boaten Siriboe 1389 Henry St. 423-0500

Contact! Terry Warren 2407 Fenwick Place 425-6200

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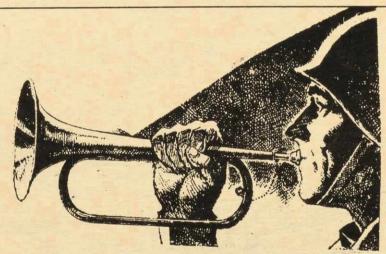
HOURS: 3 p.m. - 2 a.m. FRI. SAT.: 3 p.m. - 3 a.m.

423-7451

SUN: 4 p.m. - 1 a.m.

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