

A Sallow, Pimply or "Muddy" Complexion

Is Easily Gotten Rid of When Constitutional, Instead of Local Treatment is Taken.

Every woman strives to acquire and preserve a clear, faultless, rose-and-lily complexion. This is apparently the height of the feminine ambition. No more fallacious epigram was ever penned than the one which says that, "beauty is only skin deep"; and no greater mistake can possibly be made in endeavoring to gain a clear, pretty complexion, entirely free from pimples, blackheads and other skin blemishes, than the use of cosmetics, powders, lemon juice, cold cream, electric massage, and various other treatments which aim at the complexion alone, and have no effect whatever on the blood, or on the general system.

Whenever you see a person with a clear, flawless complexion, you may be assured that its perfection depends, not on the local application of the many fad treatments on the market, but exclusively upon a pure, wholesome condition of the blood, and upon its active, vigorous circulation through the skin.

It is the blood which gives the skin its rosy color, and although electric massage, and other local treatments may draw the blood temporarily to the surface of the skin, it cannot keep it there. Only a strong circulation can do that. When the blood becomes impoverished and the circulation sluggish, the complexion, as a manual sequence, becomes sallow and "muddy," and pimples, blackheads, "liver spots," and other skin troubles put in their appearance.

One box of STUART'S CALCIUM WAFERS, which are taken internally, will do the complexion more good than all the cosmetics, beauty powders, cold creams, electric or natural massage, will do in a lifetime. These powerful little wafers cure because they strike at the root of the trouble. They purify and renovate the blood so completely that the complexion cannot do otherwise than become clear, flawless and free from all skin blemishes.

Besides relieving the system of every particle of impurity, and thereby cutting off the source of the skin diseases, they also build up the blood, greatly increasing the number of red corpuscles in its current, and invigorating, strengthening and improving the circulation so decidedly that in a wonderfully brief period the cheeks become rosy, the complexion clear, the eyes bright, and the whole system glows with renewed life and vigor.

Secure a package of this blood-cleaning, complexion-clearing and system-renovating remedy from your druggist for 50 cents, and begin the treatment at once. Also send us your name and address and free sample package will be sent you. Address F. A. Stuart Co., 175 Stuart Bldg., Marshall, Mich.

No Rest For Terrible Itch

Fill Oil of Wintergreen Compound Made His Skin as Pure as Ever.

Mr. James Lullock, of Iron Bridge, Ont. considers the D. D. D. Prescription of oil of wintergreen, thymol, glycerine, etc., a wonderful cure for skin troubles. He has good reason to think so, too, according to his letter of Mar. 27, 1909.

"I have suffered for years", he says, "with eczema, and now through using two bottles of your wonderful cure, my skin is as pure as it ever was. My face was so bad I could not see. I could not sleep. I could not rest at all for the terrible itch. Thanks to your wonderful medicine I am cured."

As eczema is a germ disease, and as the germs are right in the skin, blood medicines will not cure it. The only effective way is to treat the itch where the itch is. D. D. D. Prescription penetrates the pores of the skin, kills the germs which cause the eczema, gives instant relief from the awful itch and permanently cures.

For free sample bottle of D. D. D. Prescription write to the D. D. D. Laboratory Department M., 23 Jordan St., Toronto. For sale by all druggists.



the patient does not at once sink, is about the first week after the accident has occurred. When in an ordinary conflagration a person is "burnt to death," the fatal event is occasioned not by the actual burning of the body, but, by the induction of Asphyxia—life is mercifully extinguished by suffocation in the smoke resulting from the fire before the body itself is consumed.

The constitutional treatment is of the utmost consequence. The first thing to be done after the infliction of a burn is to bring about reaction. The patient is trembling, is in a state of extreme depression, is suffering from great pain, is cold and shivering, and may sink from the shock unless properly supported. A full dose of opium, varied according to age, should be given in some warm brandy and water, and repeated in the course of an hour or two. An adult may be given twenty drops of tincture of opium (laudanum), but it should be administered to children very carefully, and never by any but a medical man. The burnt clothes having been removed, the patient should be laid upon a blanket and the injured part be well covered with wheaten flour by means of an ordinary dredger; the flour should be laid on thickly but uniformly and gradually. It forms a soft and soothing application to the surface. If the skin be charred, the discharge which will speedily ensue will make the flour adhere to the part and render it impervious to the air; the crust thus formed should not be disturbed until it becomes loosened by the influence of the discharges, when it should be removed. The above means may be adopted where none other are available; but, when possible, the following is better. Equal parts of linewater and linseed oil shaken together in a bottle form a thick, soapy compound, and this should be poured over the injured part and at once covered with cotton-wool or lint. But, whatever may be the local application adopted, it is of importance in the early stages to change the dressings as seldom as possible. Every fresh dressing causes the patient severe pain, produces depression, and materially retards progress.

The Brain and the Spinal Column.

In the human brain it has been calculated that the gray matter alone contains no less than 600,000,000 cells; each cell consists of several thousand visible molecules, and each molecule again of many millions of atoms.

The brain is divided lengthwise into two halves, spoken of as the lobes of the cerebrum. Its shape is beautifully exemplified by the meat of an English walnut. Each half is practically a replica of the other, although in the majority of persons the left half is larger than the right half. Each half of the brain governs, or is concerned with, the movements and general control of the opposite half of the body. The brain has been divided into sections, governing ideas and images of distinct classes. Certain areas of brain surface are recognized as controlling vision, hearing, taste, smell and vocal speech, while others govern the muscular mechanism of the body.

The average weight of the male brain is forty-nine and a half ounces; of the female, forty-four ounces—a difference of over five ounces.

The spine or backbone is a chain of joints consisting of twenty-four bones, no two alike, marvellously contrived for an infinity of movement, and the harmonizing of manifold and diverse duties. It is firm and yet flexible; it is a pipe to convey the important medullary substance from the brain; it is a pole from which are strung the nerves—the telegraph wires of the body. It is the basis from which the muscles of the body take their origin, and it is a meeting place and binder for the ribs. No piece of machinery made by man can compare with it in ingenuity, simplicity, safety, rapidity of action and non-interference of its parts.

The first vertebra is called by anatomists Atlas, because it supports the head, as the mythologic Atlas supports the world. There are two joints at the neck, one a hinge joint and the other a mortise and tenon, by which the head is mounted, as a telescope is set on its stand, so that the head can be raised or lowered, turned sidewise, and moved backward or forward.

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