

Suffered With Nerve Trouble

FOR TWO YEARS

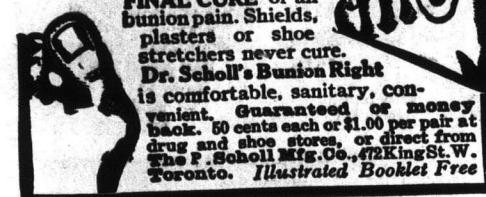
IMPOSSIBLE FOR HIM TO SLEEP

Mr. Chas. W. Wood, 34 Torrance St., Montreal, Que., writes:—"For two years I had suffered with nerve trouble, and it was impossible for me to sleep. It did not matter what time I went to bed, in the morning I was even worse than the night before. I consulted a doctor, and he gave me a tonic to take a half hour before going to bed. It was all right for a time, but the old trouble returned with greater force than before. One of the boys who works with me, gave me half a box of Milburn's Heart and Nerve Pills. I took them, and I got such satisfaction that I got another box, and before I finished it I could enjoy sleep from 10 p.m. until 6 a.m., and now feel good."

Milburn's Heart and Nerve Pills are 50 cents per box, or 3 boxes for \$1.25, at all dealers, or mailed direct on receipt of price by the T. Milburn Co., Limited, Toronto, Ont.

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No need to suffer bunion torture another day. DR. SCHOLL'S BUNION RIGHT removes the cause of your bunion or enlarged toe joint by permanently straightening the crooked toe. Gives INSTANT RELIEF and a FINAL CURE of all bunion pain. Shields, plasters or shoe stretchers never cure. Dr. Scholl's Bunions Right is comfortable, sanitary, convenient. Guaranteed or money back. 50 cents each or \$1.00 per pair at drug and shoe stores, or direct from The T. Scholl Mfg. Co., 22 King St. W., Toronto. Illustrated Booklet Free



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Painful, Knotted, Swollen Veins, Milk Leg, Mammitis, Old Sores, Ulcers. It is healing, soothing, strengthening and invigorating—always pain and inflammation promptly. Germicide and antiseptic.
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ABSORBINE JR. is invaluable as a general household liniment, for the cuts and bruises that the children get, croup, deep-seated colds, stiff-neck, sore-throat. Removes fatty punches, goitre, enlarged glands, wens, cysts, weeping sinews, etc. \$1.00 and \$2.00 per bottle at drugists or delivered. Book 8¢ free.

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Where, Debutante, have you seen a farmer who works fifteen hours a day? And, as for mosquitoes, if a farmer knows how to clean up around his house and yard he will not have them. I have lived in the city, in the town, and am now in the country. I would not go back to either of the former for love nor money. I hope I have not said too much about this. I agree with Defenso in his reply to Cheerful Cynic. I think it perfectly right that one should describe himself or herself. Not exactly the personal appearance, but also where they were born, what age they are, and where they live now. I will practice what I preach and say that I was born in a city of New Hampshire. "A Yankee," you say. Certainly, and proud of it. I lived in town for nearly three years and then on the farm, where I have lived for one year. I have my pony, a frisky little stallion that I call "Dandy." Now, if I don't close soon you will be telling me that "I have too much to say." I will stop now. I hope some of The Western Home Monthly correspondences will write to me. (Any of the young folks, of course). Wishing you every success and hoping to see this in print, I remain,

Pansy Blossom.
[Please send your name to this office.—Ed.]

An Ordinary Everyday Man.

Senack, Sask., June 1, 1912.
Dear Editor, — Allow me to express my thoughts re our correspondence column. I quite agree with Joy and Peace and think we should try to avoid sarcasm or criticism, as cruel words are very often sharper than the sword. But he and I must differ on the card playing. What is more interesting than a quiet game of bridge or whist? But, brother bachelor, be careful when you play a married couple as they have a most skilful way of doing the wireless telegraphy business. Any amusement can be called a bad habit if abused. Gossip is a bad habit and listening to it is equally as bad. Getting blamed for it is a misfortune. Anyway we are here and should make the most fun out of our own fancy amusements. Whatever our occupations may be, we should make an effort for a little recreation occasionally. I think our friend Debutante deserves a silver trumpet for his humorous and yet serious epistle. Defenso should get a good second with his bannocks. I can back up his statement from experience. But, my dear Defenso, the eating is still worse than the cooking. I've bowed my head and asked myself to be excused from the table more than once. Say, old sport, can you send some of those "pretty teeth and rosy lips this way." Apart from joking, this batching is a poor outlook. Our dispositions are not all alike (don't need to be either). Some are happy alone, but I like company and a white table when I eat my meals. Re city or country life, well it is a realized fact that we cannot all live in the city or all in the country; one equally depends on the other, so I suppose they that like the city should stay there and the farmer stay in the country. You need a description of this new member of The Western Home Monthly. The best compliment I can give myself is to sign as just an Ordinary Everyday Man.

Quite a Sport.

Saskatchewan, July 15th, 1912.
Dear Editor,—This is my second attempt in your correspondence columns of your magazine to gain some good friends and knowledge of other parts of this fair Dominion. As the first brought no fruit, the old motto is, try again. I am one of the many of your jolly circle who seeks correspondence for pastime and education they contain. I am very much interested in sport of all kinds and the many subjects of life, especially those that have some influence on our character. I have, and do yet, play baseball, lacrosse and hockey, and I am particularly fond of skating. I can go through any game or skate two hours without a stop and never feel any after-effects. This I contribute to the good health I possess: never been sick in my life. This is not the only item to con-

sider in sport. All the time I was connected with these games I was everlastingly coming in contact with the liquor and tobacco habits, and out of the many thousand chances I have had I know not the taste of liquor. It takes some will-power to refuse them all, but the man who coaxes, yes, even who asks, a young lad to partake of these habits, is a beast. I use that word as it will explain my sentence. He ought to know himself better. I like to see dancing, but cannot say I know one dance from another. Card playing is a good pastime; don't overdo it. Harm can be taken out of any sport or game; the same with dancing, skating or auto-mobiling. It is just as the parties concerned make it, and one good rule to follow—one of my own make-up is: It is wise for a young man to use a little commonsense that he possesses in a young lady's company, and it is more wise for a young lady to use all the commonsense she possesses, and then borrow a little from her mother when in a young gentleman's company. The younger generation may be clever and smart, but, remember your elders, especially your father and mother. Their advice is worth while preserving. I approve of correspondents describing themselves a little in your columns. My reason is: I always like to know if I am taking up correspondence with an old maid or bachelor, or Italian or Chinaman, yes, even in the black and white line. Why some people object to a description is a conundrum to me. I see no harm in it. It does not say you are on sale; it merely gives a few details about yourself so as any correspondents can choose if they would like to write that kind of person. Therefore, my occupation is farming. I belong to the white race and a Canadian. I ask correspondents between 18 and 25. I make no objections from the farmer's daughter down to the millionairess. Why, I place the farmers first is, they are the people who create most of the wealth of this world and are entitled to be at the top; if they are not, they are cheated. Thanking you, editor, for space.

A New Reader.

Uffington, P.O., Muskoka, June 28, 1912.
Dear Editor,—This being my first letter to The Western Home Monthly, I hope you may find room in correspondence columns for my letter. I enjoy reading The Western Home Monthly, especially the correspondence. There are some very interesting letters in it. I find also some very useful information in this paper. I do not wish to take up too much space in your valuable paper, so I will close now. Hoping to hear from some of your readers.

Mattheasville Clip.

Prefers the Country.

Winnipeg, July 28th, 1912.
Dear Editor and Readers,—The Western Home Monthly is a welcome visitor at my home. It sometimes makes me feel lonely, for it reminds me of my dear old country home. I was born and raised in the country, but for the last year and a half I have been living in the city. I love country life, and I am very fond of animals, especially horses. There is nothing I like better than horseback riding. I think the country girls and boys are more sociable and jolly than the city ones, and they have a better time, too. Of course, they have to work very hard in summer, but the winter makes up for it, for the long evenings are spent in dancing, skating and card parties. I have attended dances since I was 14 years and now I am 21. I do not see a bit of harm in it, for I knew everyone that attended the dances. Often we would have surprise parties and the crowd would meet at a certain house, and two or three sleighs of young folks would start for the dance, singing and laughing to their hearts' content. We had a skating rink just beneath our place on the creek, and the girls and boys often met there for a jolly spin on the ice. We had carnivals and skating parties quite often. I do not see many letters from girls this month; they seem to be all from bachelors. Poor bachelors! I do feel sorry

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Miss E. A. GOODALL

EDMONTON, ALTA., Nov. 20th, 1911

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