DECEMBER II, IGOL.

### MESSENGER AND VISITOR.

### Je The Sunday School at

BIBLE LESSON.

Abridged from Peloubets' Notes. Fourth Quarter, 1901.

OCTOBER TO DECEMBER. THE PASSAGE OF THE RED SEA.

Lesson XII. December 22. Ex. 14: 13-27. GOLDEN TEXT.

I will sing unto the Lord, for he hath triumphed gloriously,-Ex. 15:1.

### EXPLANATORY.

REPLANATORY. EXPLANATORY. BARAND'S ATTIMPT TO BRING BACK THE FUGITIVES.-Vs. 13:18. The Israel-ites marched southerly to reach the gates through the great wall which opened into the Red Sea Road to Palestine. This was near the bead of the Red Sea. They had, of course, permission to go through, but when they reached the place they found everything changed. They were unex-pectedly caught in a trap. Pharaoh had changed his mind. The garrisoned gates through the wall were closed. The wall coming down to the water prevented them from going round the head of the sea. On two sides were high mountains. In front of them the wide expanse of the sea. WHEREWORE CRIEST THOU UNTO ME ? SPIAK UNTO THE CHILDREN OF ISRAEL, THAT THEY GO FORWARD. God had promised. It was now no time to stop and pray. The a were had come. Trust it, and use it, and go forward. It was time for action. This command is not without its application to modern times. You pray for a reform, for the conversion of the heathen, for the salvaluo of a friend. It is right, but also the word from God is: Go forward, work the reform, give ilberally, use the means. God is al-ways ready to exert his power for his cause. CROSSING THE RED SEA.-Vs. 19-25

ways ready to exert his power for his cause. CROSSING THE RED SEA.—Vs. 19-25 The night came on. The first part was moonleas, for it was at least three or four days after the full moon of the Passover. The Israelites in the light went forward toward the sea. The Egyptians followed them in the darkness slowly, but feeling sure of capturing them in the morning. But the flaming fire that led the Israelites also made known to the Egyptians where the fugitives were. Hence 19, THE a WCHL, of GOD. That is the real presence of God, manifested in the pillar of cloud and fire. Lt was never mure cloud and fire, but God's angel in them, a living power that guided the ration by this outward mani-festation. The real presence removed, and with that THE FILLAR OF THE CLOUD removed.

20. AND IT WAS & CLOUD AND DARK-20. AND IT WAS A CLOUD AND DARK-NESS TO THEM (to the Egyptians) BUT IT GAVE LIGHT... TO THESE (the Israel-ites.) It was now near night, and the cloud surrounded the Egyptians like a dense fog, which made it too dark for them to know what was going on among the Israelites. 21. AND MOSES STRETCHED OUT HIS HAND. With the rod in it (vs. 16,) to

### MEMORY FOOD.

A Case Where Memory Was Strengthened by Grape-Nuts.

by Grape-Nuts. Food that will actually help the memory as well as agree perfectly with a delicate stomach is worth knowing of. A good wife out in Atla, Ia., who did not know, which way to turn to get food that would agree with her hunband who was left in a weakened condition after a serious illness and could scarcely retain any food in his stomach, was one day in-duced to try him on Grape-Nuts, the famious ready-cooked breakfast food, and from the first he began to improve rapid-fy. In three months he had gained 30 pounds.

pounds She says that his stomach has recovered so completely that he can now eat any kind of food. She mentions the boy of an intimate ac-quaintance, who was so delicate and thin that his appearance was pitiable and he had no appetite for any ordinary food. He was put on Grape-Nuts and liked the crispness and sweetish taste of the new food and took to it. His improvement began at once and he is now a healthy, plump boy.

began at once and he is now a healthy, plump boy. "I know that Grape-Nuts will do more for weak stomachs than any medicine. The claim that it will build up and strengthen the brain has been proven to my certain knowledge. Slater, who writes for the press, and is compelled to memor-ize a great deal, has been using Grape-Nuts and says she is surprised at the re-sult. There is a marked improvement in her memory and the brain works more perfectly and with better results. Please do not publish my name." Name can be given by the Postum Cereal Co., Battle Creek, Michigan.

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in. 24. IN THE MORNING WATCH. The "morning watch" of the Hebrews, at this period of their history, lasted from 2 a. m. to sunrise. Sunrise in Egypt, early in April, would take place about # quarter to aix. THE LORD LOOKED UNTO R. V. "looked forth upon," "We suppose that side of the pillar-cloud toward the Egypt-ians was suddenly, and for a few mo-ments, illuminated with a blaze of light." The sudden fiash out of the dark cloud dazzled and frightened them. Paslum 77: 16-20 gives a vivid description of this violent storm. 25. AND TOOK OFF THEIR CHARIOT

Gazzied and Frightened them. Psalm 77: 16-20 gives a vivid description of this violent storm.
25 AND TOOK OFF THERE CHARIOT WHERELS. "The wheels ran off the axles, so that the body of the charlot dragged upon the ground." It was probably the deep sand of the treacherons lake or gulf that did it, awallowing up the wheels, or clogging them. or even wrenching them off entirely. THE LORD FIGHTETH FOR THEM. Compare the promise of Moses (vs. 14.) If this were so, it was of no use to persevere, and accordingly they began their retreat.
THE DESTRUCTION OF PHARAOH'S HOST --VS. 26, 27 26. STERTCH OUT THINE HAND. Showing that the power was from God. But as the pathway was made by the wind, so doubtless now there were employed a wind changed to west and the returning tide.
27. OVERTHERW THE EGVPTIANS. It is nowhere said that Pharaoh himself was drowned in the sea. He was overthrown in his army. According to the monu-ments, Menephtah was not much of a warrior, but preferred to send his generals to war rather than go himseft. THE SKA RHTURMENT TO HIS FRENCH. Better, as in margin of E. V., 'to its wonted flow.'' COMFIRMATIONS FROM THE MONU-MERTS FEOVER. THE SEA SCHERTANS of the Excodus, which are interesting. See vol-umes of Professor Price and Professor Sayce.
The mummy of Ramenes II. 'has

ances of Protesti Price and Protestor Sarce.
 The mummy of Rameses II. has been discovered, with suggestions that he was the Pharaoh of the oppression.
 Twice the name "Israel" has appear.

Twice the name 'Israel' has appear-ed on the monuments.
 The circumstances of the reign of Menephtah favor the Exodus. It his fifth year, there were ominous uprisinge against Egypt by the surrounding nations which had been subdued by his father Rameses, so that there was almost a break-ing up of the kingdom. Thus weakened, there was much more probability that the

ing up of the kingdom. Thus weakened, there was much more probability that the Egyptians would let the Israelites go, and they would have less power to pursue and bring them back. The events of his reign after this time are passed over in silence. 4 "Dr. Payne gathers from many in-scriptions that the records tell us of the sudden death of the eldest son of the reigning Pharach," Menephtah This son he associated with him as Pharach when he was 18 years old. The tomb of the lad has been discovered at Thebes, unfinished; there is an inscription on some tablets, referring to the death of his son and the heir of the throne.

Subject to the consent of the Imperial authoritles, the new contingent will be known as the Canad'an Mounted R'fles, Major Hamilton Merritt will be second in command. Capt. Leckie. of Hallfax, who went through the South African campaign with Strathcone's Horse. will, it is said, get a captaincy in the Mounted Rifles.

# A Teamster's Story.

SUFFERED GREATLY FROM ASTHMA AND KIDNEY TROUBLES

Spent Some Time in a Hospital and Almost Impovenished Himself Buying Medi-cines Without Benefit-Again Dr. Willians' Piak Pills Cure After Other Medicines Fail.

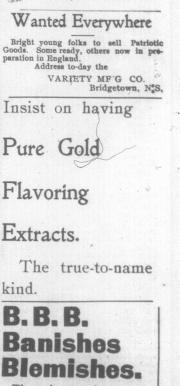
rom the Recorder, Halifax, N. S.

The gold medal of the Italian Science Society has been presented to Sig. Mar-cons. The presentation was made by the Marquit Luigi Solari di Loretto, an officer of the Italian navy who subsequently gave a dinner in honor of the event and ex-pressed the admiration of Italy for her dis-tinguished son.

#### Why Croup is Fatal.

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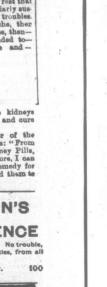


There is no other remedy equal to B.B.B. for making the blood pure, rich and red, and the skin clear and smooth.

Here's proof from Bertha J.

Here's proof from Bertha J. Tozer, North Esk, N.B. "I have had pimples on my face for three years, and about two years ago I took an attack of nervousness. I got so bad I could not sleep and lost my appetite and was very weak and miserable. I was taking different binds of medicines but seemed to be miserable. I was taking different kinds of medicines but seemed to be getting worse. A friend advised me to try Burdock Blood Bitters, I did so, taking in all four bottles. As a result I sleep well, have a good appetite, my face is free from pimples, my skin clear and my health is in every way perfect."

CHURCH BELLS Chimes and Peals, Bert Farerier Copper and The Geteer prime





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