

THE SCHOOL PROBLEM

The Autumn brings a new school problem into thousands of Canadian homes—a problem that must be settled in the interest of mental, moral and physical culture. Education at the sacrifice of health is a costly luxury.

The best food to study on, to play on, to work on, is

SHREDDED WHEAT

It is the favorite cereal food in Canadian schools as well as Canadian homes because it contains all the muscle-making, brain-building material in the whole wheat grain prepared in its most digestible form.

Nothing so deliciously warming and nourishing these chilly mornings as a Shredded Wheat Biscuit with hot milk or cream and a little fruit. Good for grown-ups as well as children. Supplies all the nourishment needed for a half day's work or play. The cleanest, purest, best of all the cereal foods.

MADE IN CANADA
The Canadian Shredded Wheat Company, Limited
Niagara Falls, Ont.
Toronto Office: 49 Wellington Street East

MILLION DOLLARS COULD BE SAVED CANADIAN RAILWAYS

(Forestry Branch Bulletin)

The annual replacement of cross-ties in Canadian railway lines is about 10,000,000, according to statistics compiled by the Forestry Branch of the Department of the Interior. The average life of a tie, i. e., seven years, could be prolonged to sixteen years if proper preservative treatment were adopted, and an annual saving of 300,000,000 feet, board measure, of timber, could be effected. This is equivalent to three years' cut of one of the very largest mills in the country.

While the initial expense of crocossating would bring the cost per tie from fifty-eight to ninety-three cents it would save \$1,400,000 annually.

Since 1909 two timber-treating plants have been established, treating in 1911, 200,000 ties, or 1.5 per cent of the total.

The number of ties purchased in the Dominion in 1911 was 10,683,770 an increase of 4,400,000, or 42.5 per cent over 1910.

The rapid development of railways in the western provinces is largely responsible for this increase.

Eighteen kinds of wood were used, Jack pine, with 40 per cent; tamarack, with 10 per cent; Douglas fir (used to a very great extent in new electric lines in British Columbia) with 14 per cent; and hemlock, with 12 per cent, were the leaders. A remarkable change is that of cedar, in decreasing from 40 per cent to 5.4 per cent of the total.

AVIATOR HAS BAD FALL BUT IS LITTLE HURT

New York, Oct. 12.—George W. Beatty, an aviator, had a narrow escape from death, when his airplane fell several hundred feet into the water, in the Kensington Park section of Brooklyn, near 47th street and 17th avenue. Beatty was shaken and received several cuts about the face from snapping wires. The machine was smashed to bits under him.

Beatty was still on the ground when the machine fell, and he was not hurt. He was taken to the hospital, but is now home, and is expected to be able to fly again in a few days.

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I. C. R. PASS INQUIRY ENDED

Moncton, Oct. 11.—The inquiry into the matter of I. C. R. passes was brought to a close this afternoon by Commissioner Adair.

J. J. Walker, recalled, testified as to the loss of a book of passes on Feb. 20, 1908, as described by Charles Wright. Witness said he had not made a report of the matter, as he thought by keeping it quiet he might find out what became of the book.

Charles Hannigan, an employee of Mr. Walker's office, said he had nothing to do with passes. He knew of the passes being missing at the time but he had not the slightest idea of what became of them. Dr. Bourque, recalled, stated he had not said to Joseph Bourque that he "wanted to know too much." He did not say he used a station to make a good job in obliterating dates. He never had any refunds from the I. C. R. except in 1901, when he had a refund from an American road through the I. C. R. He knew nothing about irregular passes except, however, he heard Joseph Bourque say in the presence of others that he had a book of passes.

Archibald Gogan, an employee of the Mechanical accountant's office, was the next witness. He did not know what became of the missing pass book.

Vye Recalled.

Ray Vye said Dr. Murray told him he had stolen passes in 1904 and 1908, and that he had a number left over and would keep them for himself and friends. Vye then repeated some of the previous testimony as to an incomplete pass he had given Murray. Vye said Joe Bourque never got any passes from him for hockey trips. Brown, Way, Gregory, Cushing and McGrath worked with the I. C. R. and if they got passes they were entitled to them. Bourque was treasurer of the hockey team and Vye was secretary. Vye said he knew nothing about punched tickets. Vye said Murray told him he got two books of duplex tickets from a conductor who owed him a bill.

James Cushing, the well known hockey player and employee of the I. C. R., said he had not got any passes. Transportation was always handled to the hockey team by the manager, Mr. Baird, and they always got reduced rates on account of a certain number going.

"Did Vye ever give you passes?"

"Not to my knowledge."

He did not remember of having received two passes at one time to go to New Glasgow. He remembered having been given a bunch of money and sent to New Glasgow to get music and Gregory and of being told not to come back without them. He didn't remember about passes. Joe Bourque was backing the team then and he was a good backer.

This concluded the evidence and the inquiry was closed.

NOT AN EREPURE.

They were having tea on the lawn. "How many lumps of sugar?" inquired the hostess.

"Two lumps," answered the young man, "and only one caterpillar, if you please."

LOST HER BABY

P. O. Box 28, HASTINGS, B. C.

MR. E. UTLEY, TORONTO.

DEAR SIR:—

I am so pleased to see Neave's Food advertised. I tried to get the Food in Vancouver, B. C., and I was disappointed.

Now I am so glad to have found your address. I will tell you why. Because I know my mother brought my sister on it, and nothing else, until she was two years old, and then mother died, so I continued doing the same, and also gave it to my baby brother who was 3 months old, and now my sister is a fine young woman twenty-three years of age.

Neave's Food is sold in B. C. at right times by all Druggists in Canada.

(Signed) Mrs. H. B. BULLER.

Mother and prospective mothers may obtain a free tin of Neave's Food and a valuable book "Hints About Baby" by writing to Edwin Utley, 14 Front Street East, Toronto, who is the agent for Canada. Mention this paper.

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Pimples—Go—Beauty Comes

You Just Can't Help Having a Beautiful Complexion If You Use Stuart's Calcium Wafers.

Pimples! Horrors! And what a wonderful change when they are all gone. Most everyone has noticed this. Now...

Stuart's Calcium Wafers cause the skin pores to breathe out impurities. They take only a short time, even with very bad complexion—the kind that are disfigured with rash, eczema, boils, blotches and liver spots.

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