Dyspepsia is inability on the part of the stomach to change the food introduced into it so as to yield nutriment to the body. In other words, the stomach is too weak to perform its natural functions.

This diseased condition of the stomach is caused by inattention to diet, bolting the food instead of eating it, want of exercise, and many other causes that we have not space to enumerate. Sometimes the blood becomes so impure that it re-acts upon the stomach and aggravates or causes this disease. Among the many disorders that follow in the wake of this complaint, are to be found Palpitation of the Heart, Pain in the Head, Langour, Confused Thoughts, Loss of Mental Energy, etc.

## The Symptoms of Dyspepsia

are, Sick Headache, Bad Breath, Deranged Appetite, Hoartburn, Water Brash, Flatulency, Sinking or Fluttering at the Pit of the Stomach, Nausea and Vomiting, a sense of fulness or oppression after eating, Belching, Acidity of the Stomach, Bad Taste in the Mouth, Sudden Flashes of Heat, Depressed Spirits, Melancholy, Costiveness, etc.

## To Cure Yourself

of this disease requires your co-operation as well as the very best medicine you can get. And here let us say we cannot cure you of an old confirmed case of Dyspepsia unless you give strict attention to your diet, avoid pork, rich cakes and puddings, pickles, and anything you know will not agree with your weak stomach.

Take Northrop & Lyman's Vegetable Discovery in small doses, three times a day, either before or after each meal, with unfailing regularity ; not for a day or two and then omit it, but continue it until every appearance or symptom of the disease has disappeared. This medicine has worked wonders for dyspeptics in this country, and we believe there is not a case of dyspepsia to be found that it will not cure if the directions are followed.

## COMPLETELY CURED.

Mr. R. H. Baker, Ingolasby, writes : "I am completely cured of Dyspepsia that caused me great suffering for three years. Northrop & Lyman's Vegetable Discovery is the medicine that effected the cure after trying many other medicines."

Mr. James Sta ley, merchant, at Constance, writes: "My wife has taken two bottles of Northrop & Lyman's Vegetable Discovery for Dyspepsia, and it has done her more good than anything she has ever used. She thinks it cannot be beat for that complain.

Mr. Alex. Robinson, of Exeter, writes: "I have used four bottles of Northrop & Lyman's Vegetable Discovery, and have been cured of Dyspepsia that I had it very bad, and was at considerable expense trying to get relief ; but this excellent remedy was the first and only relief I received."

Mr. R. H. Dawson, St. Mary's, writes: "Four bottles of Northrop & I man's Vegetable Discovery entirely cured me of Dyspepsia ; mine was one of the worst cases. I now feel like a new man."

Mr. C. E. Williams, Druggist, Wingham, says: "Your Vegetable Discovery is selling well, and I know of one bad case of Dyspepsia that it has completely cured."

Mr. A. Hudgin, Toronto, writes : "I have been a sufferer from Dyspepsia for the past six years. All the remedies I tried proved useless until Northrop & Lyman's Vegetable Discovery was brought under my notice. I have used two bottles with the best results, and can with confidence recommend it to those afflicted in like manner."

Mr. Henry Marshall, Reeve of Dunn, writes : "Some time ago I got a bottle of Northrop & Lyman's Vegetable Discovery from Mr. Harrison, and I consider it the very best medicine extant for Dyspepsia."

Mrs. A. Nelson, Brantford, writes : "I was a sufferer from chronic Dyspepsia for eleven years. Always after eating an intense burning sensation in the stomach, at times very distressing, caused a drooping and languid feeling, which would last for several hours after eating. I was recommended by Mr. Popplewell, Chemist, of our city, to try Northrop & Lyman's Vegetable Discovery, and I am thankful to say that I have not been better for years ; that burning sensation and languid feeling has all gone, and food does not lay heavy on my stomach. Others of my family have used it with the best results."

Miss Mary Campbell, Elm, writes: "After taking four bottles of Northrop & Lyman's Vegetable Discovery I feel as if I were a new person. I have been troubled with Dyspepsia for a number of years, and tried many remedies, but of no avail, until I used this Dyspeptic Cure."

Mr. T. C. Berchard, public school teacher, Norland, writes: "During the year 1881 I was much troubled with Biliousness and Dyspepsia, and part of the time I was unable to attend to the duties of my profession. Northrop & Lyman's Discovery and Dyspeptic Cure was recommended to me, and I have much pleasure in stating that I was entirely cured by using one bottle. I have not had an attack of my old complaint since, and have gained fifteen pounds in weight."

## What a well-known retired Tobacco Manufacturer says:

Mr. Joab Scales, of Toronto, writes : "A short time ago I was suffering from Kidney Complaintand Dyspepsia, sour stomach and lame back ; in troubled me for over ten years. Part of that time fact I was completely prostrated and suffering in27 Fri 28 Sat What i A sponge

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