

The length of winter in such climates, it is often said by Europeans, limits very much the period of out-door operations. Professor Johnson quotes the opinion of sixty-two experienced farmers to this effect—that the frosts of winter open and make friable the soil to such a degree that the labour expended upon it goes much further than in England; that one ploughing is, in fact, so far as the mechanical loosening of the soil is concerned, equal to two in countries without such frosts; that the rains in Canada falling more in short showers than in protracted rains, as in Great Britain and Ireland, the number of working days is greater in the spring months in the former than in the latter country; that the rapidity with which crops come to maturity leaves a longer period for ploughing and out-door work, both before the seed is sown and after the crops are reaped; that by stabling and keeping together the stock, more manure is saved. Finally, there is much work which can be far better done in winter than in summer, as the felling and cutting of trees, so much easier with the frost in the wood, clearing the land, hauling manure to the remoter parts of the farm, fencing and wood from swamps and places difficult of access in summer, conveying produce to market at distances with a speed and in quantities which would not be practicable on wheels, and many other things known only to those living in such countries.

Harvey J. Philpot, M.D., Assistant Surgeon to Her Majesty's Forces in the Crimea and Turkey, says, in his "Guide Book to Canada" (London, 1871), p. 67:—

"Canada is an exceptionally healthy country. I do not hesitate to make the statement after seven years in the country engaged in an extensive medical practice. As a race the Canadians are fine, tall, handsome, powerful men, well built, active, tough as pine knot, and bearded like pards. The good food upon which they have been brought up [with the invigorating climate] appears to develop them to the fullest proportions of the 'genus homo.'"

"The Canadians are eminently English. They speak the language as we do, with no noticeable change of accent. They are jealous to a fault of the English honour, and proud of the English