

(3) has creative power. Give similar teaching by Paul (Col. 1 : 15-17 ; Heb. 1 : 2, 3.)

6-11 What does Paul say that Christ gave up for us ? (Phil. 2 : 5-8.) What parable pictures the Jews' rejection of Christ ? (Matt. 21 : 33-45.)

12, 13 How do we become children of God ? What does John say elsewhere about the sonship of believers ? (John 3 : 1, 2.)

14-18 Show that we are saved by grace. (Eph. 2 : 8.) What epistle teaches that Christ is greater than Moses ? (Heb. 3 : 3.)

THE CATECHISM

By Rev. J. M. Duncan, B.D.

[For Examination in Doctrine in the General Assembly's Teacher Training Course]

Ques. 57. *The Fourth Commandment.* The first three commandments are concerned with worship—its object, its form, and its spirit. The Fourth Commandment is a law of labor and rest. It prescribes the portion of time to be spent in work, and the portion to be reserved for repose. The law of labor is as binding as the law of rest. To keep this Commandment, we must do some honest work during six days of the week, as well as rest on the seventh. The true enjoyment of the Sabbath is possible only for those who fill the other days with useful service.

The law of the Sabbath, contained in the Fourth Commandment, like the rest of the Decalogue, is binding on all men everywhere in all ages, and is not, as some argue, merely a temporary regulation for the Jews. For :

1. This law meets a need of humanity, and not one belonging only to a particular race. Man's physical nature requires periods of toil to be alternated with periods of rest, and his

spiritual nature demands opportunities for prayer. To preserve physical health and to pray are moral duties. Therefore it must be a moral duty to set apart time to rest and pray. The question of a suitable and sufficient time for these purposes has been settled by divine wisdom in the appointment of the Sabbath.

2. The reason assigned for Sabbath observance shows that this law is intended for all men. The word "remember," points to the past for the origin of the sacred institution, and there is considerable evidence that the Sabbath was observed during the patriarchal period. (See on next question p. 25.) Obedience is enjoined on the ground that God, in creating the world, established the sevenfold division of time. Clearly this is a ground valid not only for the Hebrew race and Mosaic times, but for all mankind in all ages of the world's history. "The Sabbath was made for man," Mark 2 : 27.

FOR TEACHERS OF THE LITTLE ONES

By Mrs. Jessie Munro Johnston, North Bay, Ont.

Subject for the Quarter—Christ the Life and Light of the World.

Golden Text for the Quarter—John 20 : 31. "These are written, that ye might believe."

Lesson Subject—Christ the Light of men.

Introduction—"A Happy New Year ! " What is the name of this New Year ? 1905 ! Nineteen hundred and five years ago there came to the world a wonderful Babe. You all know His name. For a great many Sundays our Lessons will be about Jesus Christ, who came to be the Life and Light of the world.

The Word—We hear Jesus called by a new name to-day. Why do we use words ? Jesus is called "The Word," because

