

KNOWLING'S Shoe Stores

FOR WORK SHOES.



MEN'S BLACK ELK WORK SHOES—As illustrated 5.80 a pair
MEN'S TAN WORK SHOES—Solid Leather, with rubber heels . . . \$2.95, 3.75 and 4.00 pr.
MEN'S (BOSTON POLICE) SHOES—Solid Leather, Goodyear welted, with damp-proof soles, rubber heels attached; Munsen last, half bellows tongue. . . . 8.25 a pair

G. KNOWLING, Ltd.

sept.12.16.19.23

Important Notice

in connection with
"OUR OWN" BREAD

—Our customers will please note, that on and after September 22nd, each Loaf of Bread delivered from our Bakery will be tagged

'Our Own'

"THE SIGN OF GOOD BREAD!"

—In every slice of every loaf you find an extra relish—a flavour all its own—wholesome and nutritious.

DON'T ask for a Loaf. Say a Loaf of Bread with the tag of Quality!

The East End Baking Co.

(OUR OWN BAKERS).

sept.20.61

Buttons appear in astonishing numbers on tailored frocks, but prove straight and narrow, and wrapped themselves quite fascinating.

The Prince of Wales on His Way to Alberta

Disarmament Commission Presented With Protocol Draft—Quebec Village Fire Swept—Methodist Minister Confesses to Double Murder—Zanni Reaches Hong Kong.

HALF MILLION FIRE.
 MONTREAL, Sept. 22. Half a million dollars' damage was done and one-third of the village of St. Constant, about 22 miles from here was wiped out by fire which broke out about 2.30 a.m., and burned uncontrolled until the fire engine and hose wagon arrived from Montreal. The fire was then brought under control after it had destroyed twenty houses, the village church and presbytery, and the general store of the town. More than one hundred of the village population of four hundred are homeless.

PRINCE LEFT LONG ISLAND.
 SYOSSET, N.Y., Sept. 22. Completing what he describes as a vacation that could not have been more full of enjoyment and interest, the Prince of Wales left Long Island at 10 o'clock last night, eluding the greater part of a local crowd that had gathered to bid him farewell by having his train draw out of the station and pick him up on a siding about a quarter of a mile away.

PRINCE IN CANADA.
 OTTAWA, Sept. 22. The special Canadian National train bearing the Prince of Wales, arrived in Ottawa at 3.10 o'clock. The big engine that pulled the train that bore the crest of the Prince of Wales and his motto Ich Dien; the crest having been manufactured in metal and placed on the front of the locomotive. After it had been thoroughly inspected and engines changed, the train left fifteen minutes afterwards on the next leg of its journey to High River, Alta. The special pulled out of the Ottawa East Siding at 4.24, daylight saving time.

CONFESSES CRIME.
 MOUNT VERNON, Ill., Sept. 22. Rev. Lawrence M. Hight, of Ina, has confessed to the poisoning of his wife and Wilford Sweetin. Hight was questioned from nine o'clock last night until four o'clock this morning before a confession of the poisoning of his wife was obtained, the authorities said, adding that a few minutes later he confessed to poisoning Sweetin. He claimed to be temporarily out of his mind at the time.

DEFENDERS MAKE STOUT RESISTANCE.
 SHANGHAI, Sept. 22. After battering at the Chekiang defence lines since daylight, the Kiangsu artillery was unable to push the Shanghai troops back in the fighting which was in progress to-day between Hwangta and Kalting, 15 miles west of here.

ARGENTINE FLIER AT HONG KONG.
 HONG KONG, Sept. 22. Major Pedro Zanni, Argentine round the world flier, arrived here at 3.30 o'clock this afternoon from Ha'phong, in French Indo-China.

TWO OF CREW INJURED.
 HALIFAX, N.S., Sept. 22. Advice received here to-day from the steamer Lituna, carrying the crew of the oil tanker Ivor, reported on fire last evening off Sable Island, and abandoned by her officers and crew, stated that one of the Ivor's crew had been seriously injured by an explosion on the oil tanker.

PROTOCOL PRESENTED TO DISARMAMENT COMMISSION.
 GENEVA, Sept. 22.

If three or four of the Great Powers, Britain, France, Italy, Japan, which have permanent seats on the

Council of the League of Nations and ten other states, members of the League of Nations and ten other states, members of the League and security which was made public to-day, there will be open at Geneva on June 16th, 1925, a great International Conference for the reduction of armaments. The United States, like Germany, Russia and other members of the League, has been invited to participate in the Conference, the programme of which will be prepared under the direction of the Council of the League. The long awaited protocol, draft was presented to-day officially to the Commission on Disarmament and speeches were made by Dr. Edouard Benes of Czechoslovakia, Arthur Henderson, Great Britain; Signor Schanzer, Italy; M. Boncourt, France; M. Poullet, Belgium. The sub-committee laboured on the text until the very last minute modifying clauses and introducing new ones so that the delegates had three distinct documents before them. When they finally rearranged the various clauses and amendments they discovered that the committee draft did not differ in any great essential from the original Benes draft for the outlawry of war. The new draft was presented under impressive circumstances, all the Delegates sitting silently in their places and looking rather solemn as if they were subconsciously aware of taking part in an historic meeting destined perhaps to direct the world definitely into the paths of peace. The protocol provides a plan of arbitration for disputes of whatever nature; it also provides securities for countries like France and Belgium by authorizing regional accords, stipulating that they must be open covenants and quite definitely arranged for at the Conference for the reduction of armaments.

LOAN OVERSUBSCRIBED.
 TORONTO, Ont., Sept. 22. The Dominion Government Refunding Loan has broken all records. At noon to-day subscription books were closed, the entire offering of \$50,000,000 having been oversubscribed in less than three hours. While subscription books have been closed and no large blocks are available, it is believed that applicants for large blocks will only be allocated about fifty per cent. of their subscriptions.

REINFORCING THE DEFENDERS.
 SHANGHAI, Sept. 22. Fifteen hundred reinforcements for the Chekiang troops defending Shanghai from the progressive Kiangsu armies, were sent under cover of darkness late last night. The reinforcements arrived this morning into the front battle lines. During the night lull in the fighting with the men who were sent particularly to positions in the railway sector, to Kiating, to Hwangtu, to Telung, to strengthen the lines most attacked, went a number of machine guns, mounted guns and field pieces.

Auction of Damaged Ship.
 The pit prop steamer Kirsten Jensen, which was damaged by fire whilst loading at Silverdale, will be sold by auction on Oct. 1st. The cargo in No. 3 and 4 holds, is intact, and part of the deck load also escaped the flames. The damage to the ship is forward of the funnel. The intense heat of the burning wood buckled quite a number of deck plates.

Perline for easy washing.

Five Year Old Boy DROWNED AT MILLERTOWN.

Yesterday the Minister of Justice received a message from Magistrate Fitzgerald, Grand Falls, recording the drowning at Millertown, of Douglas Lane, the 5 year old son of Joshua Lane, of that place. The message reads as follows:—"Douglas Lane, aged 5, son of Joshua Lane, of Millertown, strayed from his home on Sunday evening. His body was found in the water near the Anglo Newfoundland Development Company's wharf, early Monday morning." The child, who was alone, evidently wandered to the wharf and fell overboard.

Biscuit Strike

MESSERS. HUNTLEY AND PALMER CLOSE THEIR FACTORY AT READING.
 Objections to some new regulations, four-fifths of Messrs. Huntley and Palmer's biscuit factory employees at Reading struck work on August 28th. Later Messrs. Huntley and Palmer posted the following notice at the entrance to the factory:—"The unauthorized action of certain of our employees has made it impossible to continue the work of the factory. The works will therefore close down at 6 p.m. to-day and will not be reopened until the future terms and conditions of employment have been decided.

"Arrangements for the payment of wages from Friday are being made, particulars of which will be posted later."

The trouble originated with several hundred girls in the packing and warehouse departments. They declared that the new regulations increased their tasks and that they could not keep pace with the pressure of work. After the strike started pickets were put on and later police arrived to open the gates for those willing to work. Hundreds of girl hands lined the streets, some of whom amused themselves by tickling the police with paper whips.

Mr. Ben Russell, secretary of the General Workers' Union, states that the directors of the firm decline to discuss the matter with him, and he has communicated with officials at headquarters in London.

The closing of the factory means that about 6,000 persons, including 1,200 girls, are idle.

Mrs. Evans's Letters

HOW MURDERED ENGLISHWOMAN KEPT MEXICANS AT BAY—"WE ARE LOSING GROUND."

Glimpses of dramatic episodes in the struggle of Mrs. Evans, the Englishwoman murdered in Mexico, are contained in her last letters, which have just been published.

Writing when the siege of the farm was actually in progress, says Reuter, and with intermittent sniping going on between her little band of supporters and the attacking agrarians, in one letter Mrs. Evans wrote:—"This may be my last letter. Several days ago I put placards on the trees and at the entrances to the fields that armed men entering the grounds did so at their own risk; for you remember I told you they have fired on us and they openly say they will kill us."

"I found Camp, the American, in a cold rage. There was a man ploughing near the house. They have taken one of the fields. I sent Ermina to warn the men that if they did not stop ploughing and leave my ground we would open fire."

"He began yelling at me, and Camp fired. That started it. They fired about ten shots at Camp in a minute."

"We are now getting ready for the night. "About one hundred shots have been fired; we are saving ours. So far we have fired about ten, and we have 1,420 rounds of ammunition."

"Camp has killed a Mexican. We are trying to make a parapet on the roof." In a further letter Mrs. Evans says: "This is Tuesday, and Saturday I sat on the roof with firing around and wondered if I would ever write any more."

"The nights are dark and you have to watch closely. We are only five altogether, and so divide the night."

"My spirits have continued high until to-day. It is time that I had assistance. I am losing ground. Cummins has done everything he could."

Throughout her long struggle, Mrs. Evans stoutly declared: "They may kill me, but they are not going to rob me." Her vow was fulfilled, for the uneven contest ended on August 2, when she was murdered while driving.

Sport and the Art of "Keeping Fit"

Physical Training and Business Life.

By ADRIAN MAXWELL.

There is nothing on which we Britons pride ourselves more than our devotion to exercise. It engages our deepest moral feelings; it is the firm ground of our conviction of our superiority to the rest of the world—we may not be world champions in this or that department of athletics, but as a nation, we lead healthier lives than anyone else.

High and low, rich and poor, we take it as a sacred duty to "keep fit" whenever the breadwinner can get away from his office he rushes to his tennis rackets, or his hockey stick, or his golf clubs, and goes on "keeping fit" till darkness or dinner compels him to come in.

And when the summer holiday comes, even those degenerate creatures who have neglected to "keep fit" all the year, plunge straight into the most violent exertions. The results are often sad, but it never seems to occur to them that they may be on the wrong track.

Quite apart from the question whether it is desirable to spend three-quarters of one's leisure knocking balls about, is this exercise-tradition generally sound? It comes chiefly from the public schools. Every Englishman believes, more or less, in the public schools, whether he has been there or not—at least as far as games are concerned. Greek and Latin may be rubbish, but there's no doubt about the value of football. Thus athletic grounds are spread, and the gospel of exercise is propagated.

It is, no doubt, well suited to the

Incomparable—Acclaimed THE BEST!



Lillian Gish in the Henry King production of The White Sister

From the thrilling novel by F. Marion Crawford

NEVER have you seen such an inspired Lillian Gish as this! Miss Gish is tremendous in this story of human hearts and passions. Filmed in Italy and Algiers.

Presented by **INSPIRATION PICTURES, Inc.**
 CHARLES H. DUELL, Jr., Pres.



Patrons are asked to come early—Twelve Wonderful Big Acts.
 Matinees: Children, 10c. Adults, 20c. Night, 30c.

AT THE NICKEL

* NOTE:—"THE WHITE SISTER" will be screened only at The Nickel.

education of future squires or hunting parsons; but in these days, in anything above an elementary school, it is tolerably certain that the great majority of boys will have subsequently to lead sedentary lives. Yet they are taught that both their physical and moral health depend chiefly on the amount of exercise they take. At the Universities some lapse into the comparative fitness of occupational tennis while there is yet time; more often they go in for football or rowing, which is, perhaps, the most strenuous of all athletic exercises. So far all is well; they are fine specimens of humanity, and a credit to the race. Then—the rowing "Blue" goes on to the Stock Exchange. This means a complete revolution in his manner of life. He may palliate it by going to the London Rowing Club in the evenings, but he cannot possibly get anything approaching the amount of exercise which he has now come, by careful training, really to need. He therefore takes unceasingly to sedentary life, and even if he escapes with a sound heart, begins, perhaps, to put on flesh. He does not easily get rid of his athletic appetite. Meantime, the little man who has never taken much exercise but is careful what he eats, is probably adapting himself far better to his conditions and keeping both his leisure and his figure, such as it is. It is not suggested for a moment that exercise is wholly unnecessary; only that the form and quantity in which it is imposed upon the youth may not be so extremely wise as it is generally thought. Constitutional toughness is a much greater asset in ordinary life than athletic prowess and strength, and it is by no means dependent on it.—Daily Mirror.

MUTT AND JEFF

THEY ARE GONNA PLACE A FEW BEANS ON THE WILLS-FIRPO FUSS.

—By Bud Fisher.

INSURED

Modern fire fighting apparatus is necessary during a fire, BUT one of our reliable Fire Insurance Policies is necessary before, during, and AFTER a fire. Safeguard your home and savings, call and talk it over.

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