## Safeguarding the Public Health

In previous articles in this series [illegible] was made to certain subjects, legislation in regard to an[illegible] Parliament and Provincial Legislatures [illegible] which, however, was not previously enumerated, [illegible] Public Health.

[illegible] which recently created a Federal Department [illegible] responsible for the establishment and enforcement [illegible] introduction and maintenance [illegible] hospitals; for the medical inspection of immigrants, and, generally speaking, of an educational campaign [illegible] health and well-being of the Canadian people. [illegible] of expert advice and administration in co[illegible] Provinces [illegible] management [illegible] institutions for the deaf and dumb, blind [illegible]

Under Provincial legislation the direct [illegible] and prot[illegible] Provinces of Canada [illegible] laws [illegible] provision of mothers' pensions in [illegible] hospitals, asylums [illegible] for groups of adjacent [illegible] because, through the [illegible] living [illegible] of the people living [illegible] imposed on Provincial and [illegible] and will pay large [illegible] standard in the years [illegible] or less [illegible]

[illegible] Municipal [illegible] Provincial [illegible] Municipal [illegible] support. Hence there [illegible] to act is as[illegible] certain duties which can be more [illegible] than by a Department of Gov[illegible] Prevention of Tuber[illegible] the Babies' Welfare organ[illegible] of Venereal Diseases, the St. John Ambulance Societies and the Red Cross with its [illegible] improvement of health, the prevention of [illegible] throughout the world.

[illegible] to Government. They carry on [illegible] experts in their various branches [illegible] ways and to an extent which [illegible]

In addition to being aids to Gov[illegible] them on to greater reforms, and [illegible] these reforms and to support Governments [illegible]

Taken all in all, public [illegible] matters constitute one of the most important duties of our Provincial Governments in this more enlightened age.

While recognizing [illegible] health and the prevention of [illegible] that [illegible] as [illegible] Dominion [illegible] Provinces [illegible] Municipal [illegible] Department [illegible] Prevention of Tuber[illegible] Babies' Welfare organ[illegible] Venereal Diseases, the St. John Ambulance [illegible] and the Red Cross with its [illegible] improvement of health, the prevention of [illegible] throughout the world.

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The cleanliness of the sealed package appeals to the daintiness of a woman.

She knows that it protects the contents from dust, dirt, odors and moisture.

She will be doubly pleased with our *new waxed board* package—which we have adopted after several years of testing—because it is stronger, more secure and more completely air-tight, altogether the best container for tea that has yet been devised.

*Red Rose Coffee is as generously good as Red Rose Tea*


### U.S. Would Bar Wheat For Year.

As a balance for one year against the importation of wheat, wheat flour, barley, oats, flax, wool, hops, cattle and sheep is proposed in a bill introduced by Representative Young, Republican, North Dakota. He also introduced a bill establishing a permanent schedule of import duties upon the same after the one year embargo.

## A MOTHER'S TRIALS

### Care of Home and Children Often Causes a Breakdown.

The woman at home, deep in household duties and the cares of motherhood, needs occasional help to keep her in good health. The demands upon a mother's health are many and severe. Her own health trials and her children's welfare exact heavy tolls, while hurried meals, broken rest and much indoor living tend to weaken her constitution. No wonder that the woman at home is often miserable through weakness, headaches, backaches and nervousness. Too many women have grown to accept these sensations as a part of the lot of motherhood. But many and varied as her health troubles are, it generally simple aid is at hand. When well, it is the woman's good blood that keeps her well; when ill she must make rich blood her to renew her health. The nursing mother more than any other woman in the world needs rich blood and plenty of it. There is one way to get this good blood so necessary to perfect health, and that it through the use of Dr. Williams' Pink Pills. These pills make new blood, and through their aid thousands of weak, ailing wives and mothers have been made bright, cheerful and strong. If you are ailing, easily tired or depressed, it is a duty you owe yourself and your family to give Dr. Williams' Pink Pills a fair trial. What this medicine has done for others it will surely do for you.

You can get Dr. Williams' Pink Pills through any dealer in medicine or by mail at 50c a box or six boxes for $2.50 from The Dr. Williams' Medicine Co., Brockville, Ont.

More of us would reach the top if the neighbors would quit shoving.

**Choked for Air.** Some little irritant becomes lodged in the bronchial tubes, others gather, and the awful choking of asthma results. Quick and positive relief is afforded by using Dr. J. D. Kellogg's Asthma Remedy. The healing, soothing vapor penetrates, clears the passages and gives untold relief. It has behind it years of success. It is the sure remedy for every sufferer.

### He Should Worry.

He was a wise man that said that he hadn't time to worry. In the daytime he was too busy, and at night he was too sleepy.—The Black and Magenta (New Concord, Ohio).

### Mutard's Liniment For Colds, Etc.

### 4,700 Miles of Streets.

There are forty-seven hundred miles of streets in New York City. In other words, a stroll from New York to Petrograd would be no longer than a walk through all the city streets.

Protect the child from the ravages of worms by using Mother Graves's Worm Exterminator. It is a standard remedy, and years of use have enhanced its reputation.



## Good Market for Canadian Butter

### Predicted That Prices Will Continue at a Level That Will Encourage Production.

"To forecast prices for the next few years would be dangerous even for a sage, but I venture to assure you that butter prices will continue at a level that will encourage production," said President J. A. McFeeters of the Canadian Creamery Association at the opening of the annual convention at Toronto.

"In Montreal, the great butter centre of Canada, the receipts for the 1920 season has been about 74,000 packages (about 16 carloads) less than last year's. The output of creamery butter in the west for 1920 will about equal that of last year."

## Western Canada And Motion Pictures

### More Films Are Being Produced in the Canadian Rockies.

The ever-increasing popularity of Sunny Alberta as a happy hunting ground for the production of motion pictures, particularly those based on some of the best known western books and stories, is shown by the number of big productions that have been filmed or that are going to be filmed for presentation on the screens of the world at the present time.

One of the latest invasions of the film folk is being carried on at Lake Louise in the Rocky Mountains. A company under the direction of the Goldwyn Corporation of Los Angeles has just taken up its location there for the purpose of filming "Snow Blindness," a story of the northwest that gained some prominence in one of the American short stories magazines recently. The company will be in Alberta for two or three weeks, by the end of which time it is expected that the principal scenes will have been filmed.

A great attraction the Canadian Rockies hold out to movie producers in the winter months is the possibility of snow. On the location where the Goldwyn Company is at present working eighteen inches of snow covers the ground, and a wonderful representation of the great frozen north is thus obtained. Lake Louise was described by David M. Hartford, a movie magnate who visited Calgary recently, as one of the finest locations for the northwestern scene of film that he had found anywhere on the North American continent.

If one be troubled with corns, he will find in Holloway's Corn Remover an application that will entirely relieve suffering.

### Co-operative Wheat Handling.

Through its own elevators and on a commission basis the Saskatchewan Co-operative Elevator Company handled nearly 40,000,000 bushels of wheat during the year ending July 31, 1920. The farmers' company built eight new elevators and purchased another last year and operated a total of 294 during the season. A record was created by the elevator at Foam Lake in handling 266,231 bushels. A surplus of $225,988 was made and a cash dividend of 8 per cent. declared.

### Minard's Liniment For Distemper.

### Board to Sell 1921 Wheat.

The Canadian Council of Agriculture has formulated a plan for handling the 1921 wheat crop of Western Canada, through the United Grain Growers. The organization having charge of the selling will be a board of eight members representing the different provincial grain growers associations. The farmers are to be asked to pledge themselves to sell their wheat only through the board, for a period of five years at least.

### Origin of the Lamp Chimney.

The action of a child playing with a bottomless oil flask, which his brother, a Swiss mechanic named Argand, idly placed over the flame of his oil-lamp, gave birth to the lamp-chimney.

**It Will Relieve a Cold.**—Colds are the commonest ailments of mankind and if neglected may lead to serious conditions. Dr. Thomas' Eclectric Oil will relieve the bronchial passages of inflammation speedily and thoroughly, and will strengthen them against subsequent attack. And as it eases the inflammation it will stop the cough because it allays all irritation in the throat. Try it and prove it.

### A Diminutive Calf.

J. Palmer, a Moosomin dairyman, is the owner of a calf which, for diminutive size, breaks all local records. The calf, whose mother is a 1,600 pounder, weighed just 10 pounds when two days old, and is said to be about the size of a large cat. This wee bovine is as smart on its feet as the ordinary calf several times its size.

## Trim Riding Habit Of Tan Gabardine

By Gertrude Beresford.

Tan gabardine is the material from which this interesting riding habit is originated. The coat is cut in effective style and is quite long. Small straps of the cloth conceal the openings of the pockets. The breeches are reinforced with tan-colored leather that matches the top boots. An Ascot tie of heavy silk forms a pleasing background for a diamond pin. The tricorne hat is fashioned from dark brown hatter's plush. Of course, should the wearer of this costume prefer it she might substitute a regulation derby. And a bright-colored scarf might be introduced if she should so elect.

Many infants are infested by worms which cause great suffering and if not promptly dealt with may cause constitutional weaknesses difficult to remedy. Miller's Worm Powders will clear the stomach and bowels of worms and will so act upon the system that there will be no recurrence of the trouble. And not only this, but they will repair the injuries to the organs that worms cause and restore them to soundness.

## Clydesdale Horses From Scotland

### Western Canada Farmers Putting Forth Efforts to Improve Quality of Stock.

The farmers in Western Canada are persistent in their efforts to improve the quality of their horses, cattle, sheep and swine, and new blood is constantly being added. One of the best known Clydesdale exhibitors in Western Canada, Ben Finlayson, has just arrived in Brandon, Manitoba, with another consignment of Clydesdale horses from Scotland. Each year it is the custom of Mr. Finlayson to journey to Scotland and there pick up the best stock available. He has brought a shipment of twenty-one Clydesdale stallions and one mare from Scotland. The trip was made without any untoward incident, none of the horses being sick on the way over. The horses have been quartered in Brandon and the next two or three months will be spent in putting them in the best condition, following their trip across the ocean.

Sometimes in after years, when they talk of their wedding, the wife cries and the husband growls.

POISON LIKE UNTO VENOM OF SNAKES

Professor H. Strauss, M. D., of the Royal Charity Hospital, says, "The cause for an attack of gout, rheumatism, lumbago, is supplied by the increase of uric acid in the blood serum, the result of various causes, the most frequent of which is renal. Before an attack, one suffers sometimes from headache, neuralgia, twinges of pain here and there."

When your kidneys feel like lumps of lead, when the back hurts or the urine is cloudy, full of sediment, or you have rheumatic pains or lumbago, gout, sciatica, obtain at your nearest drug store "Anuric" (anti-uric-acid).

This is the discovery of Dr. Pierce of the Invalids' Hotel, Buffalo, N. Y. "Anuric" is an antidote for this uric acid poisoning and dissolves uric acid in the body much as hot coffee dissolves sugar.

"Anuric" will penetrate into the joints and muscles, and dissolve the poisonous accumulations. It will stamp out toxins.

Montreal, Que.—"I cannot praise Dr. Pierce's Anuric (anti-uric-acid) enough for what it has done for me. For three months I was under the doctor's care and got no better. I was always complaining of my kidneys. I did not know what to do. I read about Anuric and made up my mind to try it. I have taken two boxes and don't complain any more. I have gained in weight and am still gaining. My appetite is great and sleep has come to me. That is what the Anuric Tablets have done for me. I do truly recommend them to those who are suffering the way I did. The tablets are mighty good, though not expensive. Easy to buy, but hard to beat."—T. A. BROWN, 388 Dorchester St. W.

Send 10 cents to Dr. Pierce's Invalids' Hotel, Buffalo, N. Y., for trial package.


## The Vacuum Subway

### Trains Travel at Rate of 150 Miles An Hour.

Now the vacuum subway express has been invented. Working somewhat after the fashion of the pneumatic cash carriers that have long been in use in department stores, the trains proceed from one tunnel station to another, according to prospectus, at the rate of 150 miles an hour. This speed is attained with slight expenditure of power, because the vacuum system removes all air resistance from the front of the train and implies expanding air to the rear. The inventor presumably got his idea for the vacuum subway while travelling by tube, and noting what a small quantity of air the cars could get along with.


To Cure a Cold in One Day

Take Grove's Laxative Bromo Quinine tablets

Be sure its Bromo.

E. W. Grove

The genuine bears the signature

30c.



ONLY TABLETS MARKED "BAYER" ARE ASPIRIN

Not Aspirin at All without the "Bayer Cross"

For Colds, Pain, Headache, Neuralgia, Toothache, Earache, and for Rheumatism, Lumbago, Sciatica, Neuritis, take Aspirin marked with the name "Bayer" or you are not taking Aspirin at all.

Accept only "Bayer Tablets of Aspirin" in an unbroken "Bayer" package which contains complete directions. Then you are getting real Aspirin—the genuine "Aspirin" prescribed by physicians for over nineteen years. Now made in Canada.

Handy tin boxes containing tablets cost but a few cents. Druggists also sell larger "Bayer" packages.

**There is only one Aspirin—"Bayer"—You must say "Bayer"**

Aspirin is the trade mark (registered in Canada) of Bayer Manufacture of Monoaceticacidester of Salicylicacid. While it is well known that Aspirin means Bayer manufacture, to assist the public against imitations, the Tablets of Bayer Company will be stamped with their general trade mark, the "Bayer Cross."


## Tight Money Pinching Many

[illegible] being squeezed by [illegible] can be cured quickly with Putnam's Corn Extractor. Being free from caustics, Putnam's is painless. Used successfully for fifty years. Use no other.

### More Irrigation for Southern Alberta

Plans and specifications [illegible] new irrigation district in southern Alberta have been approved by the Minister of the Interior. This district [illegible] Medicine Hat [illegible] area [illegible] Alberta Irrigation District. All [illegible]

### World's Airplane Record

[illegible] Vuillemin [illegible] distance in 3 seconds or at the rate of 104.5 miles per hour.

Don't worry if your sins find you out, they would like to call again.—Boston Transcript.

## Iron Ore in Alberta

### Investigations Would Appear to Prove that Iron Does Not Exist In Any Considerable Quantity.

Whether or not Alberta possesses commercial quantities of iron ore will be known in the near future. Investigations have been going on for some time under the supervision of Prof. A. Allan, and a report is almost ready to be handed down. It is said that this report will state the iron ore deposits do not exist in any considerable quantity except in one point which lies in the Crow's Nest Pass country.

The deposits at Sheep Creek which were supposed to be important, have proven a fake.

### U.S. Immigration Bill Causes Concern

Reports from the centres of Eastern Europe indicate that the proposed legislation to bar immigration from the United States and Canada is creating concern. The United States consulates are besieged by thousands seeking visas to migrate to the western world before the act is made legal.

All men love power, but few know how to use it.


Look into it!

If tea or coffee drinking disturbs health or comfort, switch to

INSTANT POSTUM

there's a big gain toward health, with convenience, economy and no loss in satisfaction

GROCERS EVERYWHERE SELL POSTUM