GREAT POWERS OF SLEEP!

MEN GO UNDER ITS SPELL RE-GARDLESS OF RESULTS.

Instances When They Fall Asleep While Holding Very Responsible Positions.

There are numberless cases of sentries who have slept at their posts under the influence of cold and fatigue, of men who have fallen asleep though they knew that sleep would be the immediate and inevitable forerunner of death. But in these cases the men have usually lain down to sleep, or at least have settled to a posture of repose.

Other cases show that men may fall asleep and yet retain possession of a number of their powers. Foot-soldiers and cavalry have alike slumbered on the march. Men have slept when riding on camels, or have been able to preserve their balance while sleeping as they bicycled along the road, but the most remarkable are cases quoted of inaividuals.

Of the famous father of medicine, Galen, the rather mild feat is reported that he walked over 200 yds. asleep along a rough road, and only woke up because he knocked his foot against a stone; while the Abbe Richard walked over half a league along an

UNEVEN, CROWDED ROAD.

There are cases of the lawyer who wrote out a brilliant judgment in his sleep and forgot where he had placed it, till it was shown him by his wife, who had watched the whole proceeding; of the student who went to bed tired out, but got up in the middle of the night, joined his friends at supper, played the piano, sang a song, and on waking up next day knew nothing of what he had done.

There is the well-known instance of the cure who used to write sermons in his sleep and read them over critically, correcting his mis- mother had been invited to dine with takes. He appeared to use his eyes friends on this day, so the prospect but he was quite unconscious of a looked very blue, indeed. card being held between his eyes and the manuscript which he was writing.

Gassendi quotes the example of a patient who would get out of bed, put on stilts, cross a stream in the could be, soon the "honorable presences" darkness, and eventually return to of Clara and Harry were requested in bed in perfect ignorance that he had ever left his room.

Another doctor has described how a certain count whom he attended would rise from his bed, leave his

nouse, unlock the stable door, sad- so the invitation was gladly accepted. dle and bridle his horse, go for a At noon on Thanksgiving Day Clara and gallop, and again undress and return to bed; while the case is quoted of a young chemist who would, in his sleep, translate from Italian into French, looking out the words that he did not know in a dictionary. These cases might be multiplied indefinitely without a reference to the

MARVELS OF HYPNOTISM.

brain and to half-a-dozen other cau-

An Interrupted Dinner-

FTER pausing at Cape Town to A take on a last consignment, the animal ship left the shores of Africa behind and turned its prow toward America. Housed securely on the deck and in the hold were its queer freightlions, leopards, dromedaries, giraffes, ostriches, emus, chimpanzees, monkeys, birds, serpents, an elephant and a rhinoceros-destined for zoos and menageries in the United States. Many of the cages were fastened to the deck and had a shelter built over them. "I'll walk the plank before I ever

again ship on such a floating zoo!" petulantly exclaimed Bill Barker, as he



complained about not having been able to sleep a single wink after he had turned in from his watch the night before. In truth, with the roaring and the howling and the jabbering and the shricking, there were few among the sailors who could find rest in their

But not one among the crew imagined the sailors would long remember.

any cause for alarm as to his safety. Surely none of the animals could break loose from their strong cages. It was in a cheerful spirit, therefore, that the men resolved to celebrate Day in royal style. The cook promised to do his best, and all sorts of preparations were made for a meal which

made a deafening noise.

The day arrived. It lacked but an hour to dinner-the chief event of the celebration, when suddenly there came from the galley below cries of rage mingled with excited chattering. Rushing down the ladder to investigate, the sailors were met by a troop of monkeys, who dodged by them in a hurried scamper for the

all the food, which was cut into small

the galley, they had stolen all the vic-

"Catch the confounded little beasts!"

yelled the cook, as, followed closely

by his assistant, he pursued the mon-

keys. The sailors joined in the chase,

but the monkeys, in the meantime,

tuals in spite of the cook's protests. They were finally recaptured and returned to their cage, but the anger of the sailors abated not a whit, for there was ever present the thought of the splendid which the monkeys, instead of themselves, had enjoyed.

T REALLY wasn't Clara's party in Kow set off a roll of firecrackers, which for each person. Large bowls contained hungry if they depended on the efforts

Dinner was served on a large veran- pieces. Clara and Harry had all man-

the sense that she herself gave it. As a matter of fact, she and her brother Harry had come to the sad con- da. The American boy and girl were ner of fun trying to convey the food clusion that this year they would have no Thanksgiving dinner such as they used to eat in their own country, they came to Hong Kong. Father and

Wong Kee was the host at Clara's party-he and his brother, Kow. Wong had heard Clara telling how disappointed she was to miss a Thanksgiving celebration, and as Wong was as generous and as hospitable as a Chinese boy Wong's dainty invitations bidding them come to a feast given especially in their

Wong and Kow were the sons of a wealthy tea merchant, and Clara and

dence of their hosts. They were greeted with much ceremony by Wong, while and a pair of chopsticks were placed

charmed to find the table set in Chinese with their chopsticks from the large bowls to those at their own places. fashion. A small basin, a spoon, a smaller basin, the size of an egg cup,

ses, while every mother who has THE JAPANESE WRESTLERS their consummate ingenuity watched her sleeping child knows have applied this knowledge to bring about anaemia of the brain attention, as in attempting to work that the presence of sleep is accom- of animals, and was seen to be true by pressing on the arteries in the an elaborate sum to cure insomnia. panied by a shrinkage of the skin of man some fifty years ago, when neck to induce unconsciousness in is a further factor, and monotony that will astonish you. I once drank that bridges over the gap in the a soldier lost a patch of 18 square rival wrestlers. skull-bones of the new-born babe. inches from his skull, through a The cause of sleep may be ob- of machinery and the constant rhy

This shrinkage of the skin is merely sabre cut 6 inches long and 3 inches scure, but it is known that it fol-thmic reputation of a sound acts The difficulty is increased by the the outward expression of the fact wide. As the man slept his brain lows as a result of certain anteced- further as a soporific. fact that no one knows the cause that in sleep the brain is at once grew pale and shrank within the cause that in sleep the brain is at once grew pale and shrank within the cause that in sleep the brain is at once grew pale and shrank within the cause that in sleep the brain is at once grew pale and shrank within the cause that in sleep the brain is at once grew pale and shrank within the cause that in sleep the brain is at once grew pale and shrank within the cause that in sleep the brain is at once grew pale and shrank within the cause that in sleep the brain is at once grew pale and shrank within the cause that in sleep the brain is at once grew pale and shrank within the cause that in sleep the brain is at once grew pale and shrank within the cause that in sleep the brain is at once grew pale and shrank within the cause that in sleep the brain is at once grew pale and shrank within the cause that in sleep the brain is at once grew pale and shrank within the cause that in sleep the brain is at once grew pale and shrank within the cause that in sleep the brain is at once grew pale and shrank within the cause that in sleep the brain is at once grew pale and shrank within the cause that of sleep. It has been attributed to the storing up of the acids in the brings it the life-giving oxygen.

This has been attributed to bear on the unhappy flushed with as her proved in the case the brongs of his brongs and to half-a-dozen other caurough the open wound. With exposure to the wind comes next most certainly unconscious of his peror was taught cabinet-making. This has been proved in the case the

of their chopsticks, and he fetched some knives and forks.

Then they drank one another's health. dipping their cups into a large baxin containing hot tea, held them toward the host, grasping his hand in turn. The host, filling a similar cup, would exchange it a moment for that extended toward him. In this way he drank much more than any other of the party. After fruit was served the four chatted for a time, while the guests related some of the Thanksgiving customs of their own

At last Clara and Harry took their departure, Wong and Kow surprising them by singing after them in very good English the hymn: "God Be With You Till We Meet Again." This the Chinese boys had learned at the mission. Father and mother were delighted to

learn that the children had passed the day in such a pleasant manner, and they readily consented to have Clara and her brother invite Wong and Kow to a party, within the next few weeks when he saw his guests would likely go

ir the category. Straining of the induced by the dull mechanical thud

act, and may have remained perfeetly capable of performing the more mechanical function connects ca. with his work, while the sleep of the higher functions of his in lect hurled him and the passengers for whom he was responsible to the awful fate of sudden death.

LIGHTNING STRIKES SHIPS.

Much More Often Than is Generally Supposed.

In spite of the popular impression to the contrary ships remote from the land are seldom damaged by lightning, although some of the most awe inspiring displays of atmospheric electricity are frequenty witnessed by those on board of

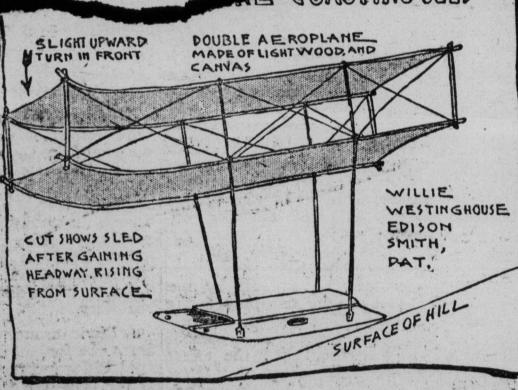
Standing rigging and even parts of the running gear are now made of steel wire, and this substitut for the old-fashioned hemp ser the purpose of lightning conduct when the ship is not fittted with such an aid to safety. The electric current is conveyed down the wire rigging and reaches the sea through the vessel's metal hull. Damage occurs only if the current be interrupted on its way to earth. In a comparatively large proportion of instances the foreroyal truck is struck by lightning, that of the main less frequently and the mizzen least of the three.

Very serious casualties under this head occurred to warships and merchant vessels in the days of wooden hulls and hempen rigging. . In July, 1802, as thirteen sail of the East. India Company were trying to round the cape in the vicinity of Algoa Bay, homeward bound, two of them, the Britannia and the Bombay Castle, were struck by lightning. The foremast of each was soon enveloped in flames and the masts had to be cut away in order to save the ships and their combustible cargoes. A heavy gale was blowing, the night was dark, and The very small basins were filled with the other ships of the fleet, which tea, instead of spirits. Following Wong's | were hove to at the time, were witnesses of this thrilling incident.

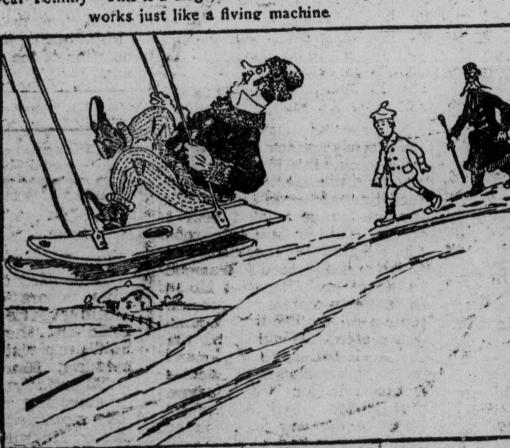
Many vessels are now fitted with lightning conductors of approved types, lest the wire rigging should fail to carry off the electric current. In May, 1896, shortly after a severe thunderstorm, accompa ied by lightning and rain in 3 d grees south, 87 degrees east, the P. and O. steamship Victoria had a sudden increase of deviation, amounting to six degrees in both the standard and the wheel-house compasses, and later it was discovered that the lightning conductor on the fore truck had fused. The ship must have been struck by lightning during the storm.

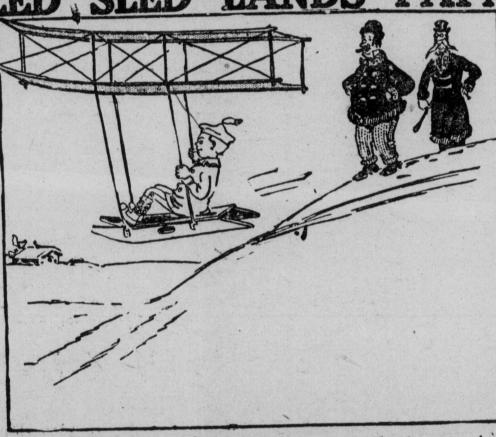
A jovial party with an excessively red nose entered a railway carriage one cold day. "It is not entirely due to the heat that your nose is so red, I presume?" said a fellow-passenger. "Alas! no, sir," replied the new-comer, quite frankly, "but I will tell you something nothing but milk for a whole year.' 'A year! Where was that, then

Every German Prince is required to learn a trade. The German Em-



Dear Tommy-This is a diagram of a new coasting scheme. It





When I tried it, it sailed about a hundred yards without touch-



Just then a gust of wind struck and he slipped off the sled



Then Papa tried it. He started off fine-



HUSBAND

oth Restored Williams'

"Both 'myself truthfully say Pink Pills have fit to us, and we commending the Thus writes Mr bald, Truro N says :- "In my subject to dizzy a year, and thre completely cure About a year ag complain. She pletely run do and weak; she stairs without s to get breath, grew so weak s floor without

eral tonics b fit. Then I p Dr. Williams' her a half doze had used a cour petite began to color to return continued using had taken the day she is postronger and lo has done for s she was taking twelve pounds i Dr. Williams

bles like these rooted in the b the cause of a like anaemia, r tion, neuralgia general weakne ments that only with their atter backaches and Williams' Pink when given a they enrich th reach the root by all medicine at 50 cents a b \$2.50 from The dicine Co., Bro

FROM ERIN

Happenings in Intere

Eighty per emigrants com The Countess arrived in Bel Scotland.

A cattle dri Brodford, Co. cattle being d Hill estate.

The body of rural postman was found in Tyholland. As a feature

vade, a genducted by t in Belfast. A large numb cf different va

Third's time,

Clondorhid Ho The Early Cl to force in En shops to which closed at 2 o'c A vein of ir to have been lands of a farm

Upper Drumr vady. The death is Mr. William over a quarte stationmaster Co. Clare.

A payment o warded to the fast as the fi grant towards the city. The Bangor passed a vote

Clanmorris, w grounds. A considera reported in th partment of th gan, one of the

Irish linen tra The Glasgov

ford, while on South Wales, night ago, was at Cloughey, The report o cf unatics for of lunation of the ye 718, compared Up to the in the Castlel