HE supplies of milk and cream for the Homewood tables come entirely from the Homewood Estate. The supply is bountiful, as milk and fresh eggs are considered as important diet factors in the upbuilding of patients by the Homewood Staff.

The Sanitarium is especially proud of its fine herd of inspected, selected



Lady and Swan

and tested cows, a number of which are seen in the accompanying sketch.

Cleanliness is the watchword in the stables, and, whilst the cows receive the best of feed and attention, personal oversight is given to see that all utensils for milk are kept scrupulously clean.

The object of keeping cows is to safeguard the patients' health, and as it is almost impossible to protect an uncontrolled milk supply from becoming contaminated with the specific organisms causing many diseases, such as Typhoid, Diphtheria, and Scarlet Fever, the only really safe procedure is to control your own milk supply, which is done at the Sanitarium, and thereby avoid having to procure it from unsanitary stables, where the milk utensils may not be properly scoured and scalded. All the dust and dirt and changes of temperature that milk is subject to in transportation are also avoided; so that the Sanitarium, by having its own herd upon its own premises, can take the milk, after being properly chilled, direct from the barns to the kitchen.



We Homewood Herd