

Assistant Coach  
Don Ryan



# The UNB Black Bears

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Photos by Kelly Craig with help from Randy Goodleaf,  
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wrestler extraordinaire. Also, thanks to our esteemed  
Editor-in-Chief, Kwame Dawes for his artistic ability.*

If anyone was to ask what was the first sport in history, many people would say baseball or basketball in one form or another. Little do people know that wrestling was the first sport. It is the oldest sport in the world. Wrestling is traced as far back as the very first Olympic games in Athens, Greece.

Wrestling is a sport of order. When it first began, the athletes did not have the big mats that are used today. They practiced the art of wrestling in the sand. Wrestling is not just a sport for "Dumb Jocks" as is commonly implied. It takes a great deal of intelligence to wrestle. The wrestlers today combine skill, speed, strength, and brains when they get on the wrestling mat against their opponent. Famous people like Abe Lincoln used to wrestle.

At UNB, wrestling started out as a club sport. It is at the club level that most sports get their start. It ran as a club sport for many years. Finally, in 1969, wrestling was

adopted into the Varsity ranks. The first coach of the Black Bears was none other than our esteemed Athletic Director, James Born.

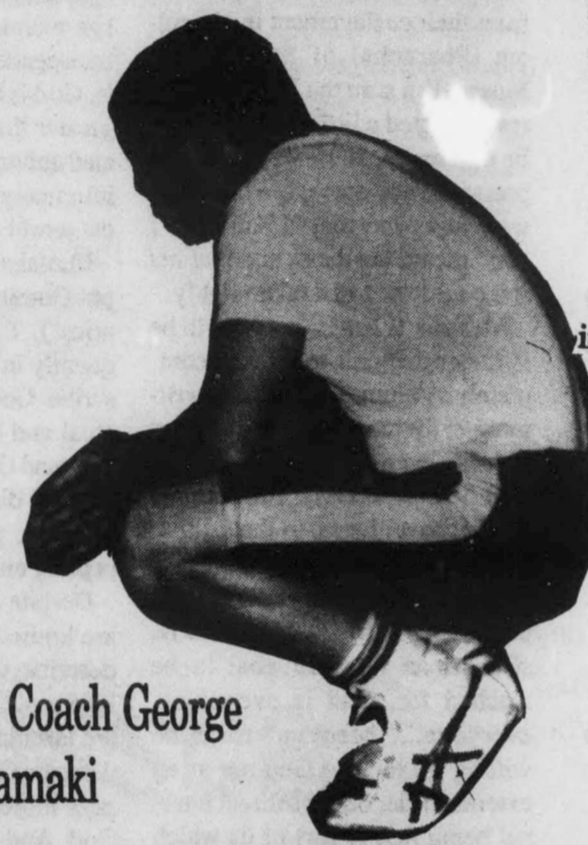
The Black Bears have a tremendous winning record here at UNB since it's start as a varsity sport. Just four short years after their start, the Bears won the 1973 AUAA championships. The winning of AUAA titles would soon become a nasty habit for the Bears. They repeated as champions in 1974, 1975, 1978, 1979, 1980, 1981, 1982, 1985, 1986, 1987, and the recent

AUAA title of 1990.

Wrestling is an individual sport like swimming and golf. There is a team that lends support to the other wrestlers. The veterans on the team lend aid to the rookies on the team and help them perfect their techniques. Wrestling is a sport of action/ reaction. Every move is a counter move to their opponent and vice versa.

Wrestling involves a lot of time and energy. The guys here at UNB train with their two coaches for two hours, six nights a week. On top of the training hours they put in with the coach perfecting their techniques, they are also on a weight training program, and some of the wrestlers run at night or in the day. The sport of wrestling is a serious sport that takes concentration and ability if you want to be a national or world champion.

The Black Bears have been blessed with two very good coaches this season. Head Coach George Multamaki brings many years of experience with him. He has been the head coach of the Bears for about four years now. He travels extensively to learn new things that he can pass on to his wrestlers. With George at the helm, the team has improved every year.



Head Coach George  
Multamaki

Assisting George this year is veteran Donny Ryan. Although Don is ineligible for AUAA competition this year he has stayed to pass on his wrestling know-how to the other guys on the team.

A wrestling match is won or lost on skill. The point system is very difficult to explain and the moves are even harder. Basically, a wrestler can win a match by three different ways. The first is by a pin. This maneuver has been demonstrated to those of you who watch WWF. Secondly, you can out point your opponent. A match is three minutes long. You are given points for various moves. At the end of a match if you have 7 points and your opponent has 3 points, then you win. The third way is if you go up on your oppo-

nent 16 points to 0. This will also give you a win.

The Bears have also been blessed this season with two very good trainers. Trainers are essential to any team but especially to a team that is injury prone. Shawn Graham and Miles Stinson are at the helm this year for the Bears.

Overall, the Bears have a very good team this year. They are looking to repeat this year as AUAA champions and they have the talent and drive to do just that. Wrestling has a long and distinguished origin. It dates back farther than any other sport. To be a champion one must be a natural athlete.



## Team Profiles

Quincy Knox - 190 lb weight class. Quincy is a very aimable guy. He is a very technical wrestler and his height gives him an advantage over his opponents. Quincy placed second last year at the AUAA's but should win them this year.

Jason Sampson - Jason is a rookie with the Bears this year. He has the ability to win a national championship but will have to work hard at it. Jason wrestles at the 126 lb weight class.

Scott Harper - Scott is another one of the big guys on the team. He has years in as a wrestler and has the drive to win. Dave Sealy - Dave wrestles in the 180 lb class. His advantage is his talent and his technique. He is also a rookie on the team.

Marcel Saulis - Marcel will weigh in at the 158 lb class at the AUAA's. He has been practicing with the team for quite a while but is a rookie wrestler in the AUAA this year. He is very aggressive and fast which will definitely work to his advantage.

Stacey Desroches - Stacey is a defending AUAA champion from last year. He wrestles at the 143 lb level. He is a very unpredictable wrestler to go up against because you never know what he'll do next.

Pat Zwicker - Pat is an old time wrestler. He's been wrestling for twelve years. In 1987, Pat was the captain of the Nova Scotia games team. He has outstanding speed and a lot of experience.

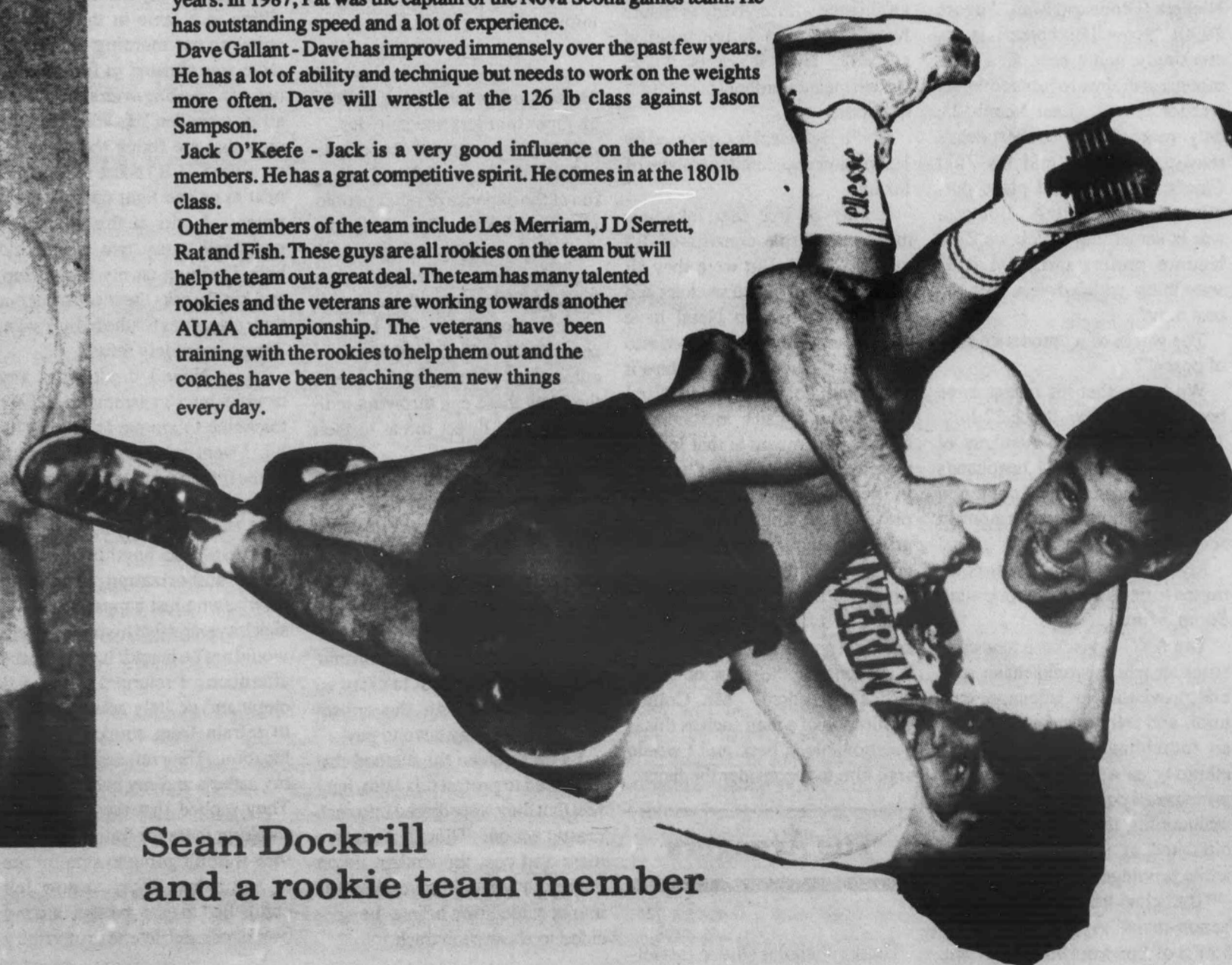
Dave Gallant - Dave has improved immensely over the past few years. He has a lot of ability and technique but needs to work on the weights more often. Dave will wrestle at the 126 lb class against Jason Sampson.

Jack O'Keefe - Jack is a very good influence on the other team members. He has a great competitive spirit. He comes in at the 180 lb class.

Other members of the team include Les Merriam, J D Serrett, Rat and Fish. These guys are all rookies on the team but will help the team out a great deal. The team has many talented rookies and the veterans are working towards another AUAA championship. The veterans have been training with the rookies to help them out and the coaches have been teaching them new things every day.



The UNB Black Bears Wrestling Team 1990-91



Sean Dockrill  
and a rookie team member