

SPORTS

Cross-country skiers make tracks

by Dave Boyd

The tempo of intramural action has been fast and furious over the past few weeks, with no foreseeable slowdown on the horizon. The program's success lies in the fact that it has something for everyone. From hockey to bowling, basketball to foosball, skiing to innertube waterpolo, there must be some activity that the recreation-seeking student would enjoy.

The warm spell held out long enough for the cross-country skiing race to be a smash success. Skiers were given a choice between going four kilometres or, for those inclined towards self-punishment, eight kilometres. The only two skiers opting for the latter were Rob Young, who flashed around the course in sparkling time of 24:22 and Doug Bezovie (Recreation) who finished a close second with a time of 26:44.

These two men also finished 1-2 in the four kilometre section with



Warm weather greeted intrepid intramural skiers

times of 12:11 and 13:10 respectively, while Rob Paradall (St. Joes) finished third. St. Joes was the best-

represented unit. Seven of their skiers took part in the competition. The Men's Bowling Tournament

was dominated by Business. Members of the faculty captured three of the top four spots. Russell

O'Brien was the victor with a final total of 566, thus enabling him to edge out Murray Gunn of Pink Flamingo Repair who finished at 559. Third and fourth spots went to Business' Michael Hrynchyshyn and Bently Rolf.

Ladies badminton action was headlined by Sue Thorne who was a one-woman wrecking crew. She captured the singles title in the competitive section and then teamed up with her sister Joan Thorne to capture the competitive doubles championship. To top it off, Sue Thorne was named the Intramural Participant of the Week. Meanwhile, Carrie and Cammie Lien were victorious in the recreational doubles event.

The Co-Rec 'Odd Socks' Racquetball tournament also wrapped up, with Debbie Minion and Dan Dechamplain winning the experienced event while Richard Smith and Gail Wilcox won the novice section.

THE SPORTS QUIZ

1. THE "OFFENSIVE LINE":

- comprises the front five players on a football team
- is a remark that grosses everyone out
- is the queue for people waiting to get into the showers following a grueling workout

2. A DRAFT CHOICE:

- is a graduating college player chosen by a pro team
- means opening the window because you want to
- means cold OV on tap

3. A POP FLY IS:

- a ball hit high into the outfield
- a fatherly insect
- a zipper that opens by surprise



Just say **OV** for that great taste in beer.

Sports comment

The bad news Bears

Losing streaks. The ultimate in frustration for a coach, particularly when his team is loaded with talent. Don Horwood knows this frustration as his Basketball Bears have now lost 8 games in a row, sliding out of the top ten rankings and almost out of play off contention. For a coach, the obvious question is: "How do you get your team out of the rut and into the groove?"

You might try the Harold Ballard "wake 'em up; insult them in the press' strategy. With this approach, you try to enrage your players in the hope that they will project their hostility onto opponents. This usually takes the form of questioning players' masculinity, labelling them "cream-puffs, or "candy asses." But you only have to look at the Maple Leafs (and laugh) to know how well this technique works.

Doug Messier, a proven winner and former coach of the AJHL Saint Albert Saints had a foolproof formula for success; when you're los-

ing start a brawl. Unfortunately, the Bears can't afford the legal expense associated with the Messier Method.

Maybe Coach Horwood should adapt Indianapolis Colt's coach Frank Kush's philosophy, "if you're not winning you're out of shape," to set his team on track. This involves practices without a ball, where players work on "conditioning" until they collapse or tell the coach where to stick his whistle. The team is "punished" in practice for losing. This style of coaching

Continued on page 12

Brad Clark



GOLDEN BEAR HOCKEY vs UBC THUNDERBIRDS

Friday & Saturday, Feb. 1st & 2nd
7:30 pm • Varsity Arena

U of A Students Free with current ID card

GOLDEN BEAR TRACK & FIELD host

THE 1985 GOLDEN BEAR OPEN

Session I • Friday, Feb. 1 • 6:00 pm - 10:00 pm
Session II • Saturday, Feb. 2 • 10:00 am - 1:00 pm
Session III • Saturday, Feb. 2 • 4:00 pm - 7:00 pm
Universiade Pavilion

PANDA & GOLDEN BEAR VOLLEYBALL

vs
UNIVERSITY OF SASKATCHEWAN

Saturday, February 2
Pandas 6:30 pm • Bears 8:00 pm
Varsity Gym

U of A Students Free with current ID card.

