

JANUARY 25, 1902.

OUR BOYS AND GIRLS.

MAMMA'S BIRTHDAY. — This pretty and instructive story from the pen of Miss Nora Harvey, of New Rochelle, N.Y., is taken from one of our exchanges. It contains a lesson which, if put into practice, will bring happiness into the homes of our young readers. It runs thus: It was a bright June morning...

"I think we ought to make something ourselves, Amy," said Mollie. "You are right, Mollie, and we shall. I have a large piece of white satin Aunt Kate gave me to make a doll's dress, and I shall make a pretty work-bag out of it, and I'll paint a bunch of violets, mamma's favorite flower, on it."

"Some good fairy must have put that idea into your head, Amy," said Mollie. "You never could have thought of it of your own accord."

"We shall make dear mamma a pretty work-bag and if I can do nothing else, I can at least put the running string through," said Mollie.

"So the two little girls set to work; sewed and painted, until two days before mamma's birthday. They packed their treasure in a box and walked to Medford, to mail it, so that mamma would have no idea where it came from."

Soon after breakfast the mail wagon stopped at the Forbes' cottage, and as it was Ma's birthday, Mollie and Amy indulged in conjectures as to what it brought.

"Mollie and Amy looked at the window," said Mollie. "Someone has sent me," said mamma, as she rushed to the window.

"What? What?" they cried. Just as if they were really innocent of what was in that box.

"Running in, they bent over the box which lay open on the table, and of course expressed much surprise on seeing such a very pretty present."

"Mrs. Forbes was very much puzzled about it. 'Surely,' she said, 'I have no friends in Medford.' But there was so much winking and blinking, between Mollie and Amy, she at last divined the truth."

"That night before they went to bed they wrote a little note which ran as follows: 'Dear Mamma—Your birthday present was from your two little girls. (signed) 'Amy and Mollie.' Their mother found it that night in her room. Do you think she was very much surprised?"

A HINT TO BOYS.—In a practical talk to a graduating class of an American university the president of a Chicago bank pointed out some of the important educational qualifications for success in business. They were few and simple.

First.—To be able to write a legible hand and to make good figures and place them correctly.

Second.—To add, subtract, multiply and divide rapidly and accurately.

Third.—To be able to write a clear, brief, grammatical letter with every word spelled correctly.

He also said the young men who can do all these things, and who have employed many boys fresh from the grammar and high schools and even from colleges, and all of them failed in some of these simple tests.

GREAT MEN AND WOMEN.—Boys and girls should cultivate a habit of reading the lives of saintly men and women. In an early issue of the "True Witness" we intend to publish a series of biographical sketches of Catholic men and women whose names are famous in history.

THE BOYS' CALENDAR.—We will be delighted to receive brief letters, containing not more than one hundred words, from our boys and girls in city or country, on any subject, in which they are interested, for publication in this column. Name and address must accompany the letters. If the contributor desires use the initials of his name he or she may do so, but in each case the full name and address must be communicated. Who will have the honor of contributing the first letter? Will it be a boy or a girl?

ready, one side filled with crullers and the other with sandwiches, and in a short time he came back with the basket empty, and a little over a dollar in his jacket pocket.

Of course, Charlie was envied and imitated after a fashion. Some of the boys took to going through the trains with apples, cracked nuts and popcorn, but after all, it did not hurt our little salesman, for none of the boys' mothers would consent to make anything, because Mrs. Graham was a poor widow and her boy a brave little helper.

"Wasn't it a piece of prime good luck that the train took to passing here, mamma?" said Charlie, after some weeks had gone by.

"Yes, my dear; but perhaps we had better call it a special Providence."

"Why, I suppose you could, if you had the apples."

"I could buy 'em to sell again."

"So you might, only there would not be very much profit, I'm afraid. If we had some growing on our own place, it would be a good plan."

"I wish we had. Can't I have another cruller? They're splendid. Say, wouldn't the train folks like them better'n apples?"

"I think it likely; most everyone praises my crullers that eats them, and travelers are always lurching on something, I've heard."

"It would be an awful trouble for you to make a basketful, wouldn't it, mamma?"

"Some, of course; but if it was a way to help make a living, I'd be glad to do it. I surely ought not to grudge my work when I've got such a willing little man to get out and sell 'em."

"Oh, I'll be proud to do it. I'll be on hand the minute the cars stop, and when they're gone, won't you laugh to see me come down across the lot with an empty basket and money jingling in my pocket? I guess so!"

"I think I will. It will be more profitable than selling things you have to buy yourself. When does the change take place, dear?"

"To-morrow, 'cause it's the first of the month; it's 10.50 and the 4 o'clock one, so Mr. Lawrence said, that'll run on the switch; and can I begin right away?"

"Yes, if I get some sugar and lard to-night, and get at the cakes in good season."

Charlie could hardly eat or sleep that night, for thinking of his business venture, and the next morning he did all he could to help his mother and no more anxious watchman ever hovered around a kettle of frying crullers than he, and his mother gave him one of the first done to sample.

"You never made any so good before, mamma."

Fortunately they had a Graham lined it with nice paper, and spread a spotless napkin over the delicious cakes, and Charlie, with his clothes half brushed and neat as to face and hair and hands, started on his road to fortune. He was not afraid and yet his heart thumped much harder than usual, as he stood beside the car track waiting for the train to show up.

Household Notes

CURERS IN THE KITCHEN. — In every kitchen or storeroom there is quite a druggist's shop of useful remedies. So far as medical science has discovered (says "M.D.") in "Answers," the best all-round cure for dyspepsia is salt and water. You put a small teaspoonful of salt in a large tumbler of water as hot as you can swallow, and drink it half an hour or twenty minutes before each meal. This washes out the stomach thoroughly. Many people try the plan of drinking hot water as a cure for stomach complaints; but as they omit the salt the operation is not always satisfactory. The plain water is rather irritating to a delicate stomach, but the addition of salt prevents the irritation, and converts the draught into a powerful stomach stimulant.

Pepper proves equally valuable in emergencies. Suppose one has a pain in the stomach, or a sinking feeling, there is nothing better than a teaspoonful of pepper in a glass of hot water. With the addition of sugar it forms a pleasant and stimulating draught, good for a cold and all kinds of pains.

A teaspoonful of pepper put into a 2-ounce bottle of strong whiskey or rum will make the hair grow. After a bath also it is an excellent thing to rub into the head, or, in fact, all over the body. It is still more valuable after his morning tub, a little of this home-made ointment poured in the palm of the hand and briskly rubbed to the body will produce a warm glow and prevent chills.

Mustard has many valuable uses. As a plaster on the chest it draws the blood from the congested lungs to the skin; and in the foot-bath it draws the blood from the lungs to the feet. But it is still more valuable as an emetic. In these days of tinned foods, we run considerable risk of poisoning, if not to the death, at least to the point of very great discomfort. A spoonful of mustard in a large glass of warm water is a splendid remedy in such cases, and it also stimulates.

Sugar cannot be beaten as a cure for cold in the head. It used to be very finely powdered, and used as a snuff. In some way it then acts as an astringent, and, if used in time, puts an end to the cold.

In cases of poisoning there are many simple remedies at hand. For instance, suppose, as so often happens, nitric or sulphuric acid is swallowed in mistake for some beverage or the other, then it is necessary at once to neutralize the acid before it has time to corrode the stomach.

This is done by means of an alkali. But there is no time to send to the chemist's, and the best thing to do is to scrape some mortar off the wall, stir it up in water and make the patient swallow it. If the poison happens to be alkaline instead of acidic, soda or ammonia for instance—then you have the remedy at hand in the cruet. Give the victim a dose of vinegar.

Suppose it is an irritant, poison, such as arsenic, or a sedative, such as opium, you must immediately give a large quantity of tepid mustard-and-water as an emetic. But this is not sufficient in the case of opium-poisoning. Drowsiness comes first, and that is fatal. Therefore you have to dose the patient with strong black coffee.

If you get a cut that will not stop bleeding there is nothing like cold water. Don't bandage the hand. And if you wish to avoid blood-poisoning, don't dream of using the ancient remedy—a cobweb, but pour your hand above the head, and pour coldest water procurable over it. The worst case of bleeding will usually yield to this treatment.

For slight burns, too, there is nothing like cold water. If you inadvertently touch a hot poker, then plunge your hand instantly into cold water, and keep it there for five or ten minutes.

Blue-currant jam is one of the most agreeable and effective remedies for a sore throat or a cough. Put a tablespoonful of it in a tumbler of hot water, and you have a delicious beverage, as well as an excellent cure.

Apples cure warts. Of course, the perfect remedy for warts and corns is salicylic acid; but, failing that, an apple rubbed on the place frequently will effect a cure by means of the malic acid it contains.

"Cold tea is a very old and tried remedy for relaxed sore throat. It is tannic acid acts as an astringent when the tea is used as a gargle."

When you come home after a cycling trip over dusty roads your eyes are apt to be sore. Don't rub them, and don't commit the common and great mistake of opening them in cold water. Rub put some salt-say, a desert-spoonful or more—in a basin of tepid water, and then plunge in your head and open your eyes. The salt will prevent the

Society Directory

A.O.H., DIVISION NO. 3. Meets on the first and third Wednesday of each month, at 1863 Notre Dame street, near McGill. Officers: Alderman D. Gallery, M.P., President; M. McCarthy, Vice-President; Fred. J. Devlin, Rec.-Secretary; 1528F Ontario street, L. Brophy, Treasurer; John Hughes, Financial Secretary, 65 Young street; M. Fennel, Chairman Standing Committee; John O'Donnell, Marshal.

ST. ANN'S T. A. & B. SOCIETY established 1863.—Rev. Director Rev. Father Flynn, President, D. Gallery, M.P.; Sec., J. F. Quinlan, 625 St. Dominique street; M. J. Ryan, treasurer 18 St. Augustin street. Meets on the second Sunday of every month in St. Ann's Hall, corner Young and Ottawa streets, at 3.30 p.m.

A.O.H. LADIES' AUXILIARY, Division No. 5. Organized Oct. 10th, 1901. Meetings are held on 1st Sunday of every month, at 4 p.m.; and 3rd Thursday, at 8 p.m. Miss Annie Donovan, president; Mrs. Sarah Allen, vice-president; Miss Nora Kavanaugh, recording-secretary, 155 Inspector street; Miss Emma Doyle, financial secretary; Miss Charlotte Sparks, treasurer; Rev. Father McGrath, chaplain.

ST. PATRICK'S SOCIETY.—Established March 6th, 1856, incorporated 1863, revised 1864. Meets in St. Patrick's Hall, 92 St. Alexander street, first Monday of the month. Committee meets last Wednesday. Officers: Rev. Director Rev. J. Quinlan, V.P.; President Wm. E. Doğan; 1st Vice, T. J. O'Neill; 2nd Vice, P. Casey; Treasurer, John O'Leary; Corresponding Secretary, F. J. Curran; B.C.L.; Recording-Secretary, T. P. Tansey.

ST. ANN'S YOUNG MEN'S SOCIETY organized 1885.—Meets in its hall, 157 Ottawa street, on the first Sunday of each month, at 2.30 p.m. Spiritual Adviser, Rev. E. Strubbe, C.S.S.R.; President, D. J. O'Neill; Secretary, J. Murray; Delegates to St. Patrick's League J. Whitty, D. J. O'Neill and M. Casey.

ST. ANTHONY'S COURT, G. O. F., meets on the second and fourth Friday of every month in their hall, corner Seignours and Notre Dame streets, A. T. O'Connell, C. R., T. W. Kane, Secretary.

ST. PATRICK'S T. A. & B. SOCIETY.—Meets on the second Sunday of every month in St. Patrick's Hall, 92 St. Alexander St., immediately after Vespers. Committee of Management meets in same hall the first Tuesday of every month at 8 p.m. Rev. Father McGrath, Rev. President; James J. Costigan, 1st Vice-President; Jno P. Gunning, Secretary, 716 St. Antoine street, St. Henri.

C.M.B.A. OF CANADA, BRANCH 26.—(Organized, 13th November, 1873.—Branch 26 meets at St. Patrick's Hall, 92 St. Alexander St., on every Monday of each month. The regular meetings for the transaction of business are held on the 2nd and 4th Mondays of each month, at 8 p.m. Spiritual Adviser, Rev. M. Callaghan; Chancellor, F. J. Curran, B.C.L.; President, Fred. J. Sears; Recording-Secretary, J. J. Costigan; Financial Secretary, Robt. Warren; Treasurer, J. H. Foley, jr.; Medical Officers, Drs. H. J. Harrison, E. J. O'Connor and G. H. Merrill.

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water from hurting the delicate lining membrane. Eight out of ten cases of toothache can be relieved by getting some bicarbonate-soda-bicarbonate of soda, not baking powder—dusting it on a piece of cotton wool, and placing this in the cavity. If all the teeth ache together, the cause is generally acidity of the mouth. In that case, dissolve the soda in warm water, and wash the teeth with it. You will be well in an instant. If you keep liquorics in the house, you have one of the very best cures for dyspepsia. A small piece of liquorics, slowly dissolved in the mouth, covers the stomach with a protective coat, and relieves the pain of inflammation.

Frogged Into Good Spelling.—The master of an elementary school sent a circular to the parents of some of the pupils under his charge, stating that judicious corporal punishment often had a beneficial effect on backward boys, and asking if they would approve of such a course when he considered it necessary. The following is one of the replies he got: "For six I have received my frogging and I have my Sanbushen too. I would like to see you and your wife and your children. I am a very bad skoler."

"I'm all in the dark about how these bills are to be paid," said Mr. Harpur to his wife. "Well, Henry," said she, as she pulled out a yellow one and laid it on top of the pile, "you will be if you don't pay that one, for that's the gas bill."

PUBLIC NOTICE.

Notice is hereby given that the City of Saint-Henri will apply to the Quebec Legislature, during the coming session, to obtain: 1st. Amendment of the Quebec Act, 61 Victoria, Chapter 55, Section 660, to the effect of authorizing the said city to issue bonds bearing varying rates of interest.

2nd. Amendment of the Quebec Act, 60 Victoria, Chapter 62, Section 650, for the purpose of erasing from the said Act the following words: "which privileges are hereby ratified and confirmed," to declare said ratification and confirmation to be null and to have always been without any effect.

3rd. Authorization to enter into an agreement with the Montreal Abattoir Company, by the terms of which said Company will reimburse for itself and its successors or representatives, the operating of its public abattoir, on certain conditions, thirty days of Saint Henri, 4th. Amendment of the Act 60 Victoria, Chapter 62, Section 450, to the effect of comprising in that Section, farmers and gardeners who sell, retail, exhibit, peddle, or offer the products of their farms and gardens for sale.

5th. Amendment of the Act 60 Victoria, Chapter 62, Section 491, for the purpose of adding thereto a proviso that each day of violation of said regulation will be considered to constitute a distinct and separate offense, each such offense to be punishable in the manner provided in said section.

6th. Amendment of the Act 60 Victoria, Chapter 62, Section 547, for the purpose of replacing the words "thirty days" by the following, "two months."

7th. Amendment of the Act 62 Victoria, Chapter 61, Section 2, for the purpose (a) of erasing therefrom the proviso, (b) to grant the City Council the power to name a person to examine the engineers or stokers of the steam boilers in use in the City, and to accord certificates of capability to them, on such conditions as the Council may deem proper, and calculated to oblige such engineer or stoker, before acting in such capacity, to undergo such examination and obtain such certificate.

8th. That any constable may be allowed to apprehend and arrest, without warrant, inside the limits of the City of Saint Henri, all persons wandering about, loafing, drunk, lying out, disturbing the public peace, or whom he has reason to believe intent on evil, in no matter what field, road, highway, street, lane, yard or other place; or loitering therein without being able to give a satisfactory explanation of himself, and to hand him over to any police officer in charge of any of the police stations of the City of Saint Henri, to be taken before the Recorder's Court.

9th. That any constable or officer may be permitted to apprehend and arrest on sight, day or night, any person violating the regulations or by-laws of the City of Saint Henri, when such violation is punishable by fine or imprisonment, to be taken before the Recorder's Court.

10th. That the Recorder's Court be allowed to proceed in the absence of the accused and to confiscate his deposit, when he does not appear on the day following his arrest or on any other day fixed by the officer in charge of the station in which he is detained, or by the Court.

11th. That any person detected committing any offense that comes under the jurisdiction of the Recorder's Court, on the street, in a yard, or in other place, may be at once taken and arrested without warrant, to be brought before said Court.

12th. That any person creating noise in a yard, by shouting, singing, blaspheming or insulting others, and thus disturbing the peace of the neighbors, be considered a vagabond and idler, and may be condemned by the Recorder's Court to a fine of not more than fifty dollars, and to imprisonment for not more than six months.

13th. Amendment of the Act 60 Victoria, Chapter 62, Section 554, to the effect that the Recorder's salary be unchangeable.

14th. The repealing of the Act 60 Victoria, Chapter 62, Section 576, and the replacing of the said section by a similar one, but conformable to the Code of Procedure in force.

15th. That the articles of the Code of Civil Procedure from 590 to 593 inclusively, and from 549 to 558 inclusively, be applicable, mutatis mutandis, according to the case, to the Recorder and to the Recorder's Court.

16th. The amount or value mentioned in sub-section 2 of Article 59 of the Code of Civil Procedure, be fifty dollars, instead of twenty-five.

17th. Amendment of the Act 60 Victoria, Chapter 50, Sections 5 and 6, and the Act 60 Victoria, Chapter 62, Sections 158 and 159, for the purpose of making the election of the Mayor and of all the Aldermen, bi-annual and general, after 1903 inclusively.

Saint Henri, 23rd December, 1901. PRIMEAU & CODERRE, Attorneys for the City of St. Henri.

Business Cards.

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