## TERENGER AND VISITOR

# This and That

## NOT TO BE SOLD.

During the Red Cross campaign in Cube an officer appeared one day at the society's headquarters, and learned thure an interest-ing fact about the working of its relief corps, Miss Clara Barton tells the story in her recent book on the Red Cross. She says : The officer was in khaki utiliserm, shows

ing hard service, and a bandanna handker-chief, hanging from his hat, protected the back of his head from the sun. It was Colonel Roosevelt.

"I have some sick men," said he, "who re-fuse to leave the regiment. They need such delicacies as you have here, and I am ready to say for them out of ma own's pocket. Can I buy them from the Red Capes ?" "Not for a million dollars," was the an-

"But my men need these things. I think s great deal of my men. Tam proud of

them." "And they are proud of you, Colonel. But we can't sell Red Cross supplies." "Then how can I get them? I must have proper food for my sick men. "Just ask for them, colonel." A built service line to the form.

A bright smile lighted his face. "Oh I' said he, then I do ask for them

"All right, colonel. What is your list ?" The list included malted mill, conde ilk, oat meal, com-meal, canned-fruits, dried-fruits, rice, tea, chocolate, prepared

beefsteak and vegetables. "Lead me a sack," spid the colonel, and I'll take them right along." Then the future President fairing the heavy sack over his shoulder, and strode of out of sight through the jungle.

#### MAKE SOME SUNSHINE

When the clouds hang dark an' dreary, Shuttin' out the blessed light; When your feelin' sort o' winny, An' you don't know wrong from right-When the sun's forgot his business, An' the world seems dull an' flat, Male some artificial sumshine In the place where you are at.

When the skies are most forebodin', When the skies are most forebodin', When they're black instead o' blue, When your heart with gloom's corrodin, I will kell you what to Bo-Lose your hold on all your houbles-Stamp your foot an holles 'Scat !' Make some artificial sunshine In the neare where we is sen at

Make so

Make some striftcial surshine In the place where you are st. If you'll like to try the business I will tell you how to start; The ingredients and formulas You I find within your heart; Bathe yourself in homemade sunshins (Very accessury that). Then just radiate with brightness In the place where you are at. --Chicago 'Record-Herald.'

HABIT'S CHAIN-

Certain Habits Unconsciously Fermed and Hard to Break.

An ingenious philosopher estimates that the amount of will power necessary to break a life-long habit would, if it could be transformed, lift a weight of many sons.

It sometimes requires a bighter degree of heroism to break the chains of a persicious habit than to lead a forlorn hops in a bloody battle. A lady writes from an Indiana towp:

town : "From my earliest childhood I was a lover of coffee. Before I was sut of my teams I at times with my stomach.

"I was convinced that it was coffee that "I was contrinced that it was colles that was causing the trouble and yet I could not deny myself a cup for breakfast. At the age of 36 I was in very poor health, indeed. My sister told me I was in danger of becoming a coffee drunkard;

"But I never could give up drinking coffee for breakfast although it kept me constantly ill, until I tried Postum. I learned to make t properly according to directions, and now we can hardly do without Postum for break-

fast, and care nothing at all-for coffee. I am no longer troubled with dyspesia, do not have spells of suffering with my stomach that used to trouble me so when I drank coffee." Name given by Postum Co., Battle Creek, Mich.

Look in each pkg. for the famous little book, "The Read to Wellville."

Haggerty-'There's a story round that you spint money to get yourself elected.' Alderman-elect-Nothing of the kind. 1 did optad some money, 1 won't deny that, but it was undestood that my object was to defeat the other fallow, It did defeat him; but because that gave the election to me, the other only candidate, amounts to nothing I couldn't help it, you know.'-Boston 'Transcript.'

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Two had a very successful season,' said the prosperous looking theatrical manager. 'Well, you can thank our stars for that,' replied the seedy looking manager.--You-hers "Stateman.'

Whistling or chearing with the feet is strictly prohibited,' is the startling announ-commut placarded on the inside walks of one of the lawar halls in the city.--Glas-gow 'Evening Times.'

"Ob, I wish I was like Richley, don't you?" "Oh, I wish I was the Michiny, don't you: "Why." "Because he dosen't have to werry about his bank account running low." "Well, seither de L. I haven't got any."-Philadelphia Press.

"We want a man for our information mans," mid the manager, "but he must be one who can answer all sorts of questions and not less his head." "That's me," replied the applicant. "I'm the father of eight children."--Philadelphia Ledger.

#### A WISH EASILY GRATIFIED.

They were spanding the autumn in the Pennsylvania mountains, and a shooting expedition had been planned for the next day. The talk naturally turned on the prospects of various sorts of gams. "We miss the spice of danger that gives

sest to hunting in the far West," one of the younger members of the party began a little

ompounty. "Ab, ant it is danger wit your sport you. like ?" samestly returned the old German farmer, whe was to act as guide. "Den you house close by me, sir, de last time I have operts I shoots mine bruder-in-law in de log. gladly takes you unto mine own wing, he concluded.

## TEDDY'S QUERY.

TRODY'S QUART. ( One brother was tall and slim, The other chubby and short,— Teddy ant looking at them one sight, Appearatly lost in thought. Mamma, he saked at length, Which would you like the best— For me to grow morth to south, like Tom, Or like Willie from each to yeat? Adelbert F. Caldwell.

IMITATE THE BEE

Science analyses a flower under the microscope; talls of its petals, stamen, evules, calyz, anthers, and pellen. The bes merely such the honey out of it. He cannot tell which the homes out of it. He Cannot tell you the names of its parts but he knows that it is sevent and satisfies his longings. Who by thisking can find out God? But the humblest and most ignorant soul, by hath, can find the homey in the Rese of Sharen and the Lily of the Valley.

First Mountaineer to (Second Mountaineer of coffee. Before I was out of my teams I in Switzerland) "What a lovely country-was a miserable dyspeptic suffering tarribly Holland is."-Punch.

Mrs. Jones (to meat peddler): "Have you corn beef?" "No ma'am. I don't never feed my cows on corn."-The Times.

Diswit: "Say, our backbones are like serial stories area"t they ?" Thinwit: "Prove it." Diswit: "Continued in our necks."--London Tit-Bits.

Mm. Nodd-I never saw a house so upset

rary life as mine when I returned. Mrs. Tedd—What made it so ? Mrs. Nedd—My husband was putting

things to rights,

# \* NEW BLACK SUITS \*

## - READY TO WEAR -

These are exceptionally attractive on account of their perfect fitting quality and stylish effect. The collars hug the neck and the shoulders are shapely. The cloths are serges and cheviots-S. B. and D. B. sacks.

## - Prices \$12, \$16, \$18.

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New lines of House Coats, Fancy and Washable Vests recently opened.



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