Not one person in a thousand knows that

Fruit is really a wonderful medicine?

Not rare fruits—but the common, everyday fruits that you can buy in the fruit shops.

APPLES act directly on the kidneys—increase the flow of urine. ORANGES are excellent for the skin. FIGS and PRUNES are splendid bowel laxatives and liver tonics.

There are two great difficulties in curing yourself of Kidney and Bladder Troubles—Rheumatism—Constipation—Skin Eruptions, etc. by simply eating fresh fruit. First, the minute quantity of medicinal principal that you would get by eating a normal amount of fresh fruit would be insufficient to do any real good—second, eating excessive quantities of fruit would upset the stomach, on account of the indigestible pulpy fibre found in all fruits.

An Ottawa physician overcame these difficulties when he discovered the principle which brought forth "Fruit-a-tives."

"FRUIT-A-TIVES" are fruit juices—not as they occur in fruit—but with their medicinal activity greatly intensified. After the juices are extracted from the fruit, a chemical change is made to take place in which one atom of the bitter principle in fruit is replaced by one of the sweet. Then tonics and antiseptics are added and the whole proceed into about

Fruit actives act on the three great eliminating organs—the Bowels, Kidneys and kin. They arouse the sluggish liver—enable the liver to give up more bile, which gulates the bowels and cures Constitution (or non-action of the bowels) Fruit-actives

rengthen the kidneys and induce vigorous, healthy skin action.

For Headaches and Backaches—for Indigestion and Disordered Stomach—
r Irregular Bowels—for all Kidney and Bladder Troubles—for Skin Eruptions—

Fruit a-tives are without an equal in the world.

50c. a box—6 for \$2,50. Sent on receipt of price if your druggist or dealer

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SALE Second-hand and Cutters

Lord Strathcona Reaches Home and Applauds Project.

BRITAIN PREPARING FOR IT

Canada's High Commissioner Talks en the Dominion's Prosperity—The British Government Is Friendly But Is Not Yet Ready to Adopt

MAY NOW MEAN WAR

Two Squadrons Summoned to Action at Morocco.

DEMAND HEAD OF THE PASHA

Humbling the Sultan-A Genuine Holy War Seems Likely to Be Says France Will Be Guided

HOT SHOT FROM JUDGE.

Says Sir Adolphe Caron Should Forfeit Insigna of Rayal Favor.
Vancouver, B.C., Aug. 2.—"I haven't the slightest hesitation in saying
that Sir Adolphe Caron should have
the insignia of royal favor which has
been conferred upon him, stripped
from him for writing such a letter,"
said Justice Clement to the jury in
the libel suit by former Conumissioner
of Lands and Works R. F. Green,
against The Vancouver World, the end
of which came half an hour later in
a verdict for the newspaper.

The letter the court referred to was
one of the features of the case, written by Sir Adolphe Caron from Otlawa in January, 1805, on the completion of the Telgua Valley leases.

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LOWERED PRICES ON Wash Vests.

> Every man feels the need and comfort of a wash vest for Summer wear. The ralance of our stock is well assorted with splendid patterns. Now is the time to stock up. Every vest will be sold regardless of cost. The prices will make it worth your while to buy NOW. SEE THEM ANYWAY.

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Also a big cut on every Straw Hat, cut prices from.....19c to \$1.50

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And Regal Lager is brewed in such a way (the old, slow, German honest way), that every good in those hops is gotten into the. beer and kept in it-

Therefore Regal Lager is of all light beers the lager easiest to digest, surest to agree with every digestion, and positive in its power to benefit, to sustain and to increase the nervous energy of every grown person.

Try Regal Lager in your own home, at dinner and before bed,—have your wo-menfolk try it, too. Your dealer can supply it, (but in bottles only). If he fails to, let us know, and we will see you are supplied.



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Ask for it by name:—"Perrin's Arrowroot."
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