

order that we may draw all men to the observance of His holy law. It will evidently avail us little if, while contending for the truth of our Catholic belief and exhorting others to righteousness, we do not realize in ourselves, so far as human frailty permits, the ideal of holiness which our Saviour held up to us when he said—"Be you therefore perfect as also your heavenly Father is perfect." (St. Matthew, V, 48). Now this perfection is not to be looked for in some far-off extraordinary way, but in the regular discharge of our duties as faithful children of the Church. Nor is it to be attained by trust in our own strength so much as in humble reliance upon the Grace of God. Through His divine assistance offered to us, more especially in this Lenten season, we may confidently hope with the Apostle to do all things in Him who strengthens us. Thus being doers of the law, and not hearers only, we shall indeed strive manfully for our own sanctification; and we shall, furthermore, obey the Word of Him who said: "So let your light shine before men, that they may see your good works and glorify your Father who is in heaven." (ST. MATTHEW, V, 16.)

The Grace of our Lord be with you all, dear brethren.

This Pastoral Letter shall be read in every church of the Diocese on the first Sunday after its reception that the Pastor shall officiate therein.

✠ E. McCARTHY,
Archbishop of Halifax.

M. PUJOS DE COUDRAY,
Pro. Secretary.

HALIFAX, February 12th, 1909.