

Koumiss has been very extensively used by Physicians in England and the United States, with most marked results in cases of

DYSPEPSIA, INDIGESTION AND ALL FORMS OF DEFECTIVE NUTRITION.

That well known authority Dr. Roberts Bartholow, in his work on Therapeutics says "The milk cure is especially adapted to the treatment of obstinate stomach affections. It has succeeded admirably in the treatment of Dyspepsia, Gastric Catarrh, Gastralgia, Gastric Ulcer, and has produced marked amelioration in cases of scirrhus of the stomach. In chronic intestinal indigestion, &c., &c., it has proved very efficacious."

Dr. Bartholow describes the difficulty the patient finds in continuing the milk diet, as it begins to pall on the appetite the mouth becomes pasty and the tongue is coated with a thick whitish fur, constipation occurs, there is a diminution in the weight of the body.

Dr. Bartholow further states that "caseine is that constituent of milk which is most likely to disagree with infants."

Koumiss contains all the elements which contribute to make Cows' milk so valuable a remedy for the diseases above specified, but it has the greater advantage of being much more

READILY DIGESTED AND ASSIMILATED BY THE STOMACH.

It does not pall on the appetite, on the contrary consumers become very fond of it. Its acidity is light and pleasant to the palate, producing no irritation of the mucous membrane of the mouth or fauces, and evidence has been already adduced showing the great gain in weight of those partaking of it. Borkoff "is positively convinced that Koumiss is easily digested, owing to the presence of carbonic acid, lactic acid and alcohol, and that this is the reason why it is so much easier to practice a Koumiss diet than a milk diet."

"IT REFRESHES, EXHILARATES AND SLIGHTLY ALLAYS IRRITATION OF THE STOMACH

and partly removes the repugnance with which individuals, enfeebled by disease, regard even the very idea of food."