

Health Claims – Dietary Saturated Fat and Cholesterol and Coronary Heart Disease

Model claim:

While many factors affect heart disease, diets low in saturated fat and cholesterol may reduce the risk of this disease.

Health Claims – Fiber-Containing Grain Products, Fruits, and Vegetables and Cancer

Model claim:

Low fat diets rich in fiber-containing grain products, fruits, and vegetables may reduce the risk of some types of cancer, a disease associated with many factors.

Health Claims – Fruits, Vegetables, and Grain Products that contain Fiber, Particularly Soluble Fiber, and Coronary Heart Disease

Model claim:

Diets low in saturated fat and cholesterol and rich in fruits, vegetables, and grain products that contain some types of dietary fiber, particularly soluble fiber, may reduce the risk of heart disease, a disease associated with many factors.