These ideas encompass the main preoccupations of Canada and Canadians today: national sovereignty, unity and security; federalism, personal freedom and parliamentary democracy; national identity, bilingualism and multicultural expression; economic growth, financial stability, and balanced regional development; technological advance, social progress and environmental improvement; human values and humanitarian aspirations.

## Pursuit of Canadian Aims

Much of Canada's effort internationally will be directed to bringing about the kinds of situation, development and relationship which will be most favourable to the furtherance of Canadian interests and values. As long as the international structure has the nation state as its basic unit, the Government will be pursuing its aims, to a substantial degree, in the context of its relationships with foreign governments. While Canada's interests might have to be pursued in competition or even in conflict with the interests of other nations, Canada must aim at the best attainable conditions, those in which Canadian interests and values can thrive and Canadian objectives be achieved.

Canada has less reason than most countries to anticipate conflicts between its national aims and those of the international community as a whole. Many Canadian policies can be directed toward the broad goals of that community without unfavourable reaction from the Canadian public. Peace in all its manifestations, economic and social progress, environmental control, the development of international law and institutions—these are international goals which fall squarely into that category. Other external objectives sought by Canada, very directly related to internal problems (agricultural surpluses, energy management, need for resource conservation), are frequently linked to the attainment of international accommodations (cereals agreements, safeguards for the peaceful uses of atomic energy, fisheries conventions) of general benefit to the world community. Canada's action to advance self-interest often coincides with the kind of worthwhile contribution to international affairs that most Canadians clearly favour.

Canada's foreign policy, like all national policy, derives its content and validity from the degree of relevance it has to national interests and basic aims. Objectives have to be set not in a vacuum but in the context in which they will be pursued, that is, on the basis of reasonable assumption