News comes from Saranac Lake that Howard Scott, B.Sc., who has been very ill for some time, is on the mend. We are glad to hear it!

Rev. J. R. McCrimmon has moved to Williamsburg, and Rev. R. F. Hunter is settled in Carlyle, Sask.

Exchanges.

"Keep your temper; no body else wants it."

"There's only one person in the world who can defeat you, and that person is yourself."

In the weekly ransack of our exchanges we invariably come across articles emphasizing the importance of college men being students in the practical sense of the term and not mere iron-bound book-worms. The best we have at hand is an article from the *Guilford Collegian*, entitled, "Be a Well-Rounded Man or Woman."

"There is at every college a class of students whose sole aim is to pass the regular work required in the college curriculum. The class to which I refer never enter into society work, inter-class debates, Y.M.C.A. work, athletics, or the healthy social life which usually prevails at a co-educational instution. And if we follow these students closely after they leave college we shall find that nine out of ten grow to be men and women without that essential of success commonly known as "good horse sense."

The world to-day does not need men of this type, but is earnestly calling for the well-rounded man. The time when theoretic knowledge made an educated man is past, and now we are in the midst of an age when practical and experimental knowledge is the criterion of a true education. It is therefore evident that that class of students who day by day pore over their studies even though they learn the contents thoroughly, unless they mingle with the other students and enter into the practical phases of college life will be found wanting when the test comes. We do not believe in slighting the regularly prescribed course, but we do believe that these other things should receive their full quota of attention, for in them will be found those elements constituting a well-rounded character. And as these four years are the formative period of our lives it behooves us to acquire the habit of not only doing the work required, but also take an active part in all phases of college life. In so doing we will become broader in our knowledge, broader in our views, and broader and better in everything."

STAGES OF DEVELOPMENT.

Johnnie Lemon at public school.

John Lemon at high school.

J. Lemon at collegiate.

Mr. J. Lemon at college.

Dr. J. Le Monde in professional practise.—Ex.