

He filled up the meaning of the mere letter, making it much more comprehensive.

We are delivered from the curse of the law but not from obedience to it.

To the Jews, the Commandments were rules of conduct; to us, they suggest principles of holy living.

Let us see what each Commandment means for us Christians, that we may judge ourselves by them.

The Catechism gives as good an explanation of the spiritual meaning of each Commandment as we can have we shall therefore give the explanation in the words of the Catechism.

But first, we must remember how our Lord Himself divided into two Commandments, and summed up, the teaching of these Laws—

The first and great Commandment is *Thou shalt love the Lord thy God with all thy heart, and with all thy soul, and with all thy mind*

The second is like unto it, *Thou shalt love thy neighbour as thyself.* St. Matt. xxii. 37

We have, therefore, our Lord's sanction for dividing the Ten Commandments into two Tables:

I. Our Duty to God.

II. Our Duty to our Neighbour; i.e., our fellow men.

I. Our Duty to God,

1ST COMMANDMENT.—“To believe in God, to fear Him, to love Him, with all my heart, with all my mind, with all my soul, and with all my strength.”

The Commandment that tells us we are to have no other god commands us that we are to have God for our God; and this means that we are to give Him our whole heart.

We break this Command by—

1. Distrusting God;
2. Letting anything have a higher place in our love or fear.

2ND COMMANDMENT.—“To worship Him, to give Him thanks, to put my whole trust in Him, to call upon Him.”

This Commandment teaches us that we are not to make any graven image or likeness of created thing for the purpose of offering them worship; but we must worship God Himself, as He has ordained, in spirit and in truth, without body as well as with our heart's devotion; and Adoration or praise = to worship Him.

Thanksgiving = to give Him thanks.

Supplication = to put our whole trust in Him, to call upon Him, are the necessary parts of all true worship.

We break this Command by—

1. Neglecting worship, especially public,
2. Being irreverent—not “bowing down” and kneeling when we pray,
3. Worshipping God in ways not of His ordaining.

3rd COMMANDMENT.—“To honor His holy Name and His word.” “God's Name,” in Scripture, is used for all that belongs to Him.

We are taught the special importance of this commandment, not only by the penalty that is attached to it—for the Lord will not hold him guiltless that taketh His Name in vain—but by being taught that the first petition we should offer up when we pray is, *Hallowed be Thy Name.*

We break this Command by—

1. False swearing;
2. The light and careless use of oaths and expressions;
3. Using the Name of God, or of His Son, in ordinary conversation;
4. Irreverent or jesting speaking of holy things;
5. Disbelief of God's Word;
6. Disregarding the precepts of God's Word;
7. Treating God's Word carelessly or irreverently.

4TH COMMANDMENT.—“To serve Him truly all the days of my life.”

This Commandment, unlike the rest, partakes of the Ceremonial Law as well as the Moral

Law. In naming the seventh day, and enjoining entire cessation from labor, it has a Ceremonial and temporary character, and is no longer kept by Christians. Its principle is, that our time is due to God's service, and that one seventh thereof should be set apart for rest, that men may be able equally to devote themselves more entirely to worship.

Christians keep holy the first day of the week—the Lord's Day—in commemoration of our Lord's Resurrection from the dead.

We break this Command by—

1. Spending Sunday in amusement or laziness;
2. Making other people do unnecessary work on Sunday;
3. Forsaking the public Worship of God's House;
4. Neglecting other duly appointed holy days;
5. Idleness, for it commands work on six days of the week as distinctly as rest on the seventh.—*Church Messenger Qu'Appelle.*

NEWS FROM THE HOME FIELD.

DIOCESE OF NOVA SCOTIA.

We learn with much thankfulness that the condition of the Lord Bishop of the Diocese is much improved. As is well-known he has been very ill for the last five weeks and his condition was critical. It appeared at one time that all hope of his recovery had to be abandoned. Prayers were offered for him throughout the Diocese and elsewhere, but on Christmas day, the fever from which he was suffering took a favorable turn; and it is now hoped that he will be restored to health, though it will be months before he will be able to attend to the work of his Diocese. We understand that it will be necessary for him as soon as he can travel safely to remove to a warmer climate for a period of six or eight months at least. We are quite sure that we but voice the sentiments of the people of the Diocese of Nova Scotia, Clergy and Laity, and we may add that of the Church in Canada at large, when we say that all will be devotedly thankful for the recovery of one who has not only proved himself a faithful and wise Father in God but also has secured in an exceptional degree the love and affection of those over whom he was called but so lately to preside. We sincerely hope that there may be no relapse, and that sooner than is now expected, his Lordship may be able to return to his Diocese completely restored to health.

ANTIGONISH.—Though deprived of our beautiful Church service at this festive season, owing to the serious accident which befel our Rector, Rev. R. F. Brine, in September last, that he has been bedridden almost ever since and has had to retire from any active duty, our Christmas here was somewhat brightened by our Annual Sunday School Christmas tree, held at Mr. E. Milledge's. It was indeed a mark of hospitality on his part to throw open the doors of their handsome residence for the amusement of the little ones. Their well sung Carols did credit to Miss Brine who had carefully trained them. After the tree had lost its attractions the choir sang the following carols “Ring out the Bells for Christmas,” “Hark the Glad Chorus,” “Sleep Holy Babe.” Rev. Mr. Brine was the recipient of a handsome Christmas gift from the Rector and congregation of St. Paul's Church, Halifax, where he (Mr. Brine) preached his first sermon in A. D. 1848.

PETITE RIVIERE—St. Martin's Church—It is a long time since I sent you any details of work in this Parish. Most probably because we have now a Deanery paper circulated every month and all Church intelligence finds its way into it. It is not with any indifference

to your valuable paper that so little news is sent from this part—for THE CHURCH GUARDIAN is doing a good work and disseminating most valuable matter from time to time. It is true to its principles.

Several changes and additions have been made in this Parish of late. A new Church has been built and opened for Divine worship at New Italy, one of the out stations. Three societies and teas have been held just lately, one at Broad Cove for Church repairs, one on LaHave Islands towards the purchase of a bell and Church alterations, another at Petite Riviere for a new organ and other objects.

A great change has taken place at the Rectory—it has been thoroughly repaired and renovated and is now very comfortable. Both Advent and Christmas have been seasons of great activity in spiritual things. A series of addresses were given during Advent at the many and frequent services. Xmas began with an 8 a. m. celebration on LaHave Islands at which there were 30 communicants. Another, preceded by Choral Matins, at 11 o'clock at the Parish Church, when 22 communicated. Our annual contributions for church purposes sent to the B. H. M., etc., are larger than ever they were, although many of the people are poorer this year. We had been expecting the Bishop to visit us for the purpose of administering the rite of Confirmation in February, but his Lordship's illness prevents it.

DIOCESE OF FREDERICTON.

ROTHESAY.—The children of St. Paul's Sunday school here had their annual Xmas tree on the 6th Jan. in the school room of the church. A large number of happy children were present, and their genuine enjoyment was a suitable reward to the ladies who went to so much trouble in order to please them. The tree was supplied by Mrs. Lewis J. Almon, who has given it annually for 26 years. She was greatly assisted in the work by Mr. D. D. Robertson. After a short musical programme had been carried out and Rev. Mr. Lloyd, the Rector, had addressed the children, they dispersed, giving three hearty cheers for Mrs. Almon.—*Globe.*

DIOCESE OF QUEBEC.

COOK-HIRE.—The death of Mrs. Baker, wife of Mr. E. S. Baker, Sec. Treasurer of Eaton, which occurred on Friday evening, 2nd Jan., was a grief and surprise to the community. The deceased lady was an active member of the Church, and much esteemed for her many excellent qualities. Her sickness was very brief. She leaves a disconsolate husband and numerous family of children, some quite young to mourn her loss. The funeral took place on Sunday afternoon, the church being so crowded that seats could not be obtained for all who were present.

GEORGEVILLE.—The Rev. W. A. Adcock was presented with a fur coat as a New Year's gift from his parishioners at Georgeville.

SHERBROOKE.—The children and friends of St. Peter's Sunday school crowded the church hall on Friday evening, 2nd Jan., to witness a magic lantern exhibition kindly given for their benefit by A. Whitchoer, Esq., of Ottawa, who was spending the holidays in Sherbrooke with his father. The entertainment was a success in every way, and created a good deal of amusement for the children, if applause and laughter is any indication. During the evening the prizes were awarded to the successful scholars for the past year, there being a first and second one for each class. After the distribution of prizes, Mr. Winter, in the unavoidable absence of the superintendent, came forward and presented the Rector, Rev. Canon Thornloe, with an address and a beautiful student's lamp, the